

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY /
POST GRADUATE DIPLOMA IN
COUNSELLING AND FAMILY THERAPY**
Term-End Examination

December, 2014

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

1. Explain **any four** of the following; in about 150 words each. 4x5=20
 - (a) Delusion
 - (b) Obsessive compulsive disorders
 - (c) Mania
 - (d) Amnestic disorder
 - (e) Borderline personality
 - (f) Deaf blindness
 - (g) Leprosy

2. What do you understand by the term stress management ? How would you use stress management to help your patient suffering from neurotic disorders ? 20

3. Discuss characteristics of individual personality disorders in detail. 20

4. (a) What are the causes of visual impairment ? 10
(b) As a counsellor, what interventions would you suggest for a child having visual impairment ? 10
5. (a) List at least 10 myths related to persons with disabilities. 10
(b) As a counsellor working in the community, what guidelines would you give to the community to create a disabled friendly society ? 10
6. (a) What will you tell the family members regarding the chances of recovery of a person suffering from schizophrenia ? Why ? 10
(b) What are the common delusions that persons with schizophrenia may have ? 10
7. With the help of a case example, discuss the consequences of substance use on self and family. 20
8. Explain the steps of assessment in your own words for identification of any mental health disorder. 20
9. Write short notes on **any two** of the following : **2x10=20**
(a) Types of mental health problems in India
(b) Models of positive mental health
(c) Separation anxiety disorder in children
(d) Somatoform disorder