

**RESEARCH DEGREE PROGRAMME IN
PSYCHOLOGY (Ph.DPC)**

Term-End Examination

December, 2014

**RPCE-005 : THEORIES AND TECHNIQUES OF
COUNSELLING**

Time : 3 hours

Maximum Marks : 100

Note : (i) All sections are compulsory.

(ii) Read the instructions carefully before attempting each section.

SECTION - A

Answer **any ten** questions in about **50** words each.

Each question carries **equal** marks.

10x4=40

1. How does paying attention to non - verbal behaviour enhance counselling process ?
2. What do you understand by disability ?
3. Elucidate the characteristics of an effective counsellor.
4. Explain the significance of role-playing in counselling.
5. Define empathy as a core component of counselling.
6. Write a brief note on 'marriage counselling games'.

7. What is psychotherapy integration ?
8. Elucidate the goals of therapist in cognitive therapy.
9. Differentiate between 'cultural awareness' and 'ethnic loyalty'.
10. Define Freudian slip.
11. What do you understand by ethnic identity ?

SECTION - B

Answer **any five** questions in about **200** words each. Each question carries **equal** marks. **5x6=30**

1. Give an example of how you have/or could individualize counselling as per the needs of a client ?
2. What are the aspects involved in crisis intervention for trauma victims ?
3. Discuss the common diagnostic errors in conducting culturally competent assessment.
4. Explain the issues involved in multicultural counselling.
5. Provide a brief history of the development of interest inventories. Critically evaluate any one interest inventory.
6. Discuss the issues of major concern while counselling children and adolescents.

SECTION - C

Answer **any two** questions in about 500 words each. Each question carries **equal** marks. $2 \times 15 = 30$

1. Discuss the specific challenges faced by older population and consider their implications for treatment.
 2. Describe the established code of ethics that guide a counsellor.
 3. Discuss the theories of family and couple therapy. Specify the recent developments in their field.
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