

02285

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2014

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : Answer any five questions. All questions carry equal marks. Each question is to be answered in about 500 words.

1. Define learning disability. Describe the techniques for dealing with learning disability. **3+7**
2. What is interpersonal therapy ? Describe the four basic interpersonal problem areas. **3+7**
3. What is short-term counselling ? Discuss different principles of short-term counselling. **4+6**
4. Describe the application of cognitive therapy in different settings. **10**
5. Discuss the stages of couple counselling. **10**
6. Discuss the concept and different approaches of counselling. **10**

7. Discuss the pathways to integrative approach in counselling. 10
 8. Discuss various ethical issues in counselling. 10
 9. What is e-counselling ? Discuss the benefits and challenges of e-counselling. 4+6
 10. Write short notes on the following : 5+5
 - (a) Token economy
 - (b) A technique of CBT
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