

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**December, 2012**

**MPCE-022 : ASSESSMENT IN COUNSELLING  
AND GUIDANCE**

*Time : 2 hours*

*Maximum Marks : 50*

**Note :** *Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.*

1. Differentiate between psychological testing and psychological assessment. Discuss the role of psychological testing and assessment in guidance and counselling. **10**
2. Write an essay on Case History as a method of psychological assessment in counselling. **10**
3. Discuss the psychodynamic approach to counselling with reference to Alfred Adler's Individual Psychology. **10**
4. What are the basic concepts of Carl Rogers' Person centered approach to counselling? How does this approach differ from psychoanalytical approach? **10**

5. Discuss the characteristics of an effective counsellor and the importance of a counsellor's personality in counselling process. 10
  6. Define Rational Emotive Therapy and discuss its techniques. 10
  7. Describe career counselling process. Discuss step by step the process of career counselling. 10
  8. Elucidate the different steps and approaches in evaluating guidance and counselling programme. 10
  9. How do guidance processes and aims differ at different stages of education ? Explain. 10
  10. Discuss the needs for guidance at micro and macro level of education. 10
-