

00885

**CERTIFICATE IN ADOLESCENT  
HEALTH AND COUNSELLING**

**Term-End Examination**

**December, 2013**

**CNS-AH-002 : ISSUES AND CHALLENGES  
DURING ADOLESCENCE**

*Time : 3 hours*

*Maximum Marks : 70*

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**Note :** (i) *Attempt all questions.*

(ii) *Support your answers with examples.*

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1. (a) Discuss the disorders related to Nutrition amongst adolescence. **10+5=15**  
(b) Describe the role of a teacher in educating adolescent on nutrition.
  
2. (a) Define Peer influence. **2+3+10=15**  
(b) Describe the types of peer influence.  
(c) Discuss how parents can help adolescent to handle Peer Pressure.
  
3. (a) Define sexual harassment. **2+7+6=15**  
(b) Describe the verbal, non - verbal, physical and sexual harassment.  
(c) Explain the role of parents and teachers to help adolescents to prevent sexual harassment.

4. (a) List strategies of counselling.  $2+6+7=15$   
(b) Discuss any two strategies in counselling in detail.  
(c) Explain the basic skills of counselling required by counsellor.
5. Write short notes on **any two** of the following :  
(a) Learning disabilities and scholastic backwardness.  $2 \times 5 = 10$   
(b) Dimensions of health.  
(c) Impact of media on adolescents.
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