

**POST BASIC  
BACHELOR OF SCIENCE (NURSING)  
B.Sc (N) PB**

**Term-End Examination**

**December, 2013**

**BNS-108 : MENTAL HEALTH NURSING**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions. Attempt all parts of a question at one place.*

1. (a) Define the term 'Nurse-Patient Relationship'. 1+4+5+5=15  
(b) Enlist the differences between therapeutic and social relationship.  
(c) Discuss about the factors affecting therapeutic relationship.  
(d) Explain the tasks and barriers of Orientation phase of nurse-patient relationship.
  
2. Mrs. Shanti a 24 year old female admitted in a psychiatry ward is restless. She is diagnosed as a case of 'anxiety neurosis'. 4+7+4=15
  - (a) List down the signs and symptoms of severe 'anxiety'.
  - (b) Prepare a nursing care plan for Shanti.
  - (c) List any four anti-anxiety drugs and explain the nurse's responsibilities while administering them.

3. Write the nursing management in *any four* conditions. 5x4=20
- (a) A child with ADHD
  - (b) A patient with Anorexia Nervosa
  - (c) A patient with mania
  - (d) A patient with dementia
  - (e) A patient with attempted suicide
4. Write short notes on *any four* : 5x4=20
- (a) Causative factors of mental illness
  - (b) Non-therapeutic communication technique
  - (c) Role of nurse in primary prevention of mental illness
  - (d) Challenges in mental health nursing
  - (e) Nursing care of patient before ECT
  - (f) Disorders of content of thought
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