

**BACHELOR OF ARTS (PSYCHOLOGY)**

**Term-End Examination**

**December, 2013**

**BPCE-017 : INTRODUCTION TO COUNSELLING  
PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : Answer any five questions in about 500 words each.  
All questions carry equal marks.*

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1. Discuss counselling as an art and science of helping. 10
2. Describe the counselling process with a suitable examples. 10
3. Discuss the person-centred approach to counselling. 10
4. How are defense mechanisms used in counselling. 10
5. Examine, play as an important technique for counselling children. 10
6. Discuss any two theories of family counselling. 10
7. Describe the role and functions of a school counsellor. 10

8. Discuss the various cognitive techniques in counselling. 10
9. Describe the process of couple counselling. 10
10. Write short notes on **any two** of the following :  
(a) Issues of confidentiality. 5x2=10  
(b) Goals of counselling.  
(c) Relationship in counselling.
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