

MASTER OF SOCIAL WORK: COUNSELLING

MSW(C)

2nd Year

Assignments : 2016-2017

Course Titles

- MSW-012 : Introduction of Life Characteristics and Challenges**
- MSW-013 : Introduction to Psychological Basics of Counselling**
- MSW-014 : Relevance of Social Case Work in Counselling**
- MSW-015 : Basics of Counselling**
- MSW-016 : Fields of Counselling**

Last Date of Submission of Assignments to the Study Centre

July, 2016 Session – March 31, 2017

January, 2017 Session – September 30, 2017



School of Social Work

Indira Gandhi National Open University

Maidan Garhi, New Delhi – 110068

Dear Learner,

Welcome to the MSW (Counselling) program of IGNOU. You have purposefully chosen to become a post graduate in Social Work to contribute your mite for improving the social conditions of our humanity. To successfully complete your MSW program, kindly follow to following tips:

- Read the programme guide before your begin your studies. It will clarify most of your doubts regarding how to go about doing the MSW studies from IGNOU.
- Submit your assignments to the study centre on time.
- Be in touch with your Study Centre and Regional Centre.
- Fill up the examination form on time.
- Do your field practical's only under the guidance of a professionally qualified social worker having MSW/M.A (Social Work) provided to you from your study centre.

For MSW(C) Second year, you have to do one each Tutor Marked Assignments (TMAs) for MSW-012, MSW-013, MSW-014, MSW-015 and MSW-016. The TMAs must be submitted to the Coordinator of the Study Centre allotted to you, latest by March 31, 2017 for those admitted to July 2016 Session and September 30, 2017 for those admitted to January 2017 Session.

Assignments are open book examination and we at IGNOU assign 30 per cent weightage to the assignment while calculating the overall grade for each course. Assignments are to be hand-written or neatly typed and duly signed on it before its submission in the study centre. In order to prepare a good set of assignment-responses, you must first of all read the chapter(s) from which a particular question has been framed. Discuss with your peer-group and academic counselors or professors who teach you. Prepare a draft, do the necessary correction on it and then, prepare the final version for submission to the Study Centre.

Make sure that each question answer starts on a new page. For long and medium answers, ensure that there is an introduction, sub-titles for main body and a conclusion. One line should be left between each paragraph. Make sure your answers are specific and in your own words and do not copy from books. Your answers will be exclusively based on the IGNOU materials only. Preparation of assignments is preparation for your term-end examination. Therefore take the assignments seriously.

All the MSW students are expected to pass for Field Work (Social Work Practicum) separately with 50% marks each by:

- i. Field Work Supervisor, and
- ii. External Examiner

Your chances of passing in Social Work Practicum will depend on the supervisor who shall be guiding you. Remember that only a qualified supervisor with MSW/M.A (Social Work) is eligible to guide you for your field work. If you have any difficulty in this regard, please discuss the same with your coordinator at the study centre. You may also contact Dr. N. Ramya, the Coordinator of the MSW(C) (ODL) programme on email: ramya@ignou.ac.in

Your Field Work Journal is to be submitted to the Field Work Supervisor (FWS) at the study centre. The FWS will assign the marks and submit the same to the Coordinator at the Study Centre for forwarding the same to Registrar, SED, IGNOU, New Delhi – 110068.

You have five years in hand to complete the MSW programme. You are free to submit the journal any time during the year to the coordinator of the study centre through your supervisor. There is no specific

date for journal submission. The Evaluation Division will get the journals evaluated twice in a year i.e. along with the Term End Examination theory papers of June and December respectively.

For this purpose Journals must be received on or before May 30th and November 30th respectively in the Evaluation Division, IGNOU, New Delhi.

You are allowed to register for MSW(C) 2nd year after the completion of one Year. You can also appear for 2nd year theory papers. However, you can pursue MSWL-048, MSWL-049 i.e. Field Work for 2nd year only after submitting 1st year Field Work Journal completed in all respect.

Since social work is a professional programme of study, social work students are encouraged to take student membership in the National Association of Professional Social Workers in India (NAPSWI). For details, you may log on to www.napswionline.org. You may also like to participate in seminars, conferences and workshop on social work and related topics. NAPSWI e-journal will provide such information on a regular basis along with lots of other information useful to social workers and para professionals. For details regarding seminar, conferences and meetings of social work professionals and students being organized by the school of social work, kindly log on to www.ignou.ac.in, click on to schools and then the school of social work.

Dr. N. Ramya
(Programme Coordinator, MSW (Counselling))

INTRODUCTION TO LIFE CHARACTERISTICS AND CHALLENGES

ASSIGNMENT

Course Code: MSW-012

Total Marks: 100

Note:

- i) Answer all the **five** questions.
- ii) All questions carry **equal** marks.
- iii) Answer to question no. **1** and **2** should not exceed **600** words each.

- | | |
|---|----|
| 1) Write a short note on ‘Moral Development’. | 20 |
| Or | |
| Discuss the characteristics of adolescents’ social development. | 20 |
| | |
| 2) ‘Families go through distinctive phase of development’. Explain. | 20 |
| Or | |
| Describe the types of challenges in old age. | 20 |
| | |
| 3) Answer any two of the following questions in about 300 words each : | |
| a) Write about any three psycho-social changes faced by elderly people. | 10 |
| b) What are parenting styles? Explain. | 10 |
| c) Briefly describe any five challenges faced during adolescence. | 10 |
| d) Discuss the types of physical hazards seen during infancy. | 10 |
| | |
| 4) Attempt any four of the following in about 150 words each: | |
| a) Write a brief note about the domain of human development. | 5 |
| b) Discuss the onset of puberty during adolescence. | 5 |
| c) Identify and explain the four phases that leads to marriage. | 5 |
| d) Write about any three services that can be offered to the elderly. | 5 |
| e) ‘Teenage pregnancy is on the rise’. Comment. | 5 |
| f) What is the importance of role in social work? Explain. | 5 |
| | |
| 5) Write short notes on any five of the following in about 100 words each: | |
| a) Bereavement | 4 |
| b) Ascribed and achieved roles | 4 |
| c) Menstruation | 4 |
| d) Aggression | 4 |
| e) Alzheimer’s disease | 4 |
| f) Parenthood | 4 |
| g) Suicide and adolescent | 4 |
| h) Infancy | 4 |

INTRODUCTION TO PSYCHOLOGICAL BASICS OF COUNSELLING

ASSIGNMENT

Course Code: MSW-013

Total marks 100

Note:

- i) Answer all the **five** questions.
 - ii) All questions carry **equal** marks.
 - iii) Answer to question no. **1** and **2** should not exceed **600** words each.
- 1) Define Personality. Explain various Type and Trait theories of Personality. 20
OR
Discuss the scope and importance of Social psychology. 20
 - 2) Explain Mood disorders. Elaborate on the psychosocial treatment of Mood disorders. 20
OR
What is Dementia? Explain the causes and role of social worker in Dementia care. 20
 - 3) Answer any **two** of the following in about 300 words each:
 - a) Explain Transactional Analysis. 10
 - b) Discuss various types of Social diversity. 10
 - c) What is Post-Traumatic Stress disorder? 10
 - d) Explain the concept of dissociative disorder and highlight the role of counselling in dissociative symptoms. 10
 - 4) Answer any **four** of the following in about 200 words each:
 - a) What is Client centred therapy? 5
 - b) Mention few defense mechanisms. 5
 - c) List out the components of group dynamics. 5
 - d) Write a note on formation of attitudes. 5
 - e) Explain few psychiatric disorders seen in childhood. 5
 - f) What is delusional disorder? 5
 - 5) Write short notes on any **five** of the following in about 100 words each:
 - a) Operant conditioning 4
 - b) Characteristics of prejudice 4
 - c) Health psychology 4
 - d) Mental retardation 4
 - e) Hyperkinetic disorders 4
 - f) Substance abuse 4
 - g) Detoxification 4
 - h) Transient Global Amnesia 4

RELEVANCE OF SOCIAL CASE WORK IN COUNSELLING

ASSIGNMENT

Course Code: MSW-014

Total Marks: 100

Note:

- i) Answer all the **five** questions.
 - ii) All questions carry **equal** marks.
 - iii) Answer to question no. **1** and **2** should not exceed **600** words each.
- 1) Discuss some of the major family problems identified in India and the strategies for solving them. 20
- Or
- Describe the importance of documentation and recording in social case work. 20
- 2) Why do individuals find their usual coping patterns ineffective in the face of some problems? Discuss. 20
- Or
- Identify and highlight the trends in social case work practice in India. 20
- 3) Answer any **two** of the following questions in about 300 words each :
 - a) What are the similarities between casework and counselling? 10
 - b) Describe the process of dealing with the problem of a client. 10
 - c) Discuss the uniqueness of case work client relationship. 10
 - d) Explain the competencies required for a social case worker in health care settings. 10
 - 4) Attempt any **four** of the following in about 150 words each:
 - a) What are some of the models of community involvement? 5
 - b) Discuss the assumptions of social case work in correction. 5
 - c) Explain the skills of listening and observing. 5
 - d) Briefly describe the content of a process record. 5
 - e) What is the importance of Observation in case work? 5
 - f) Enlist the skills required while conducting home visits. 5
 - 5) Write short notes on any **five** of the following in about 100 words each:
 - a) Social diagnosis 4
 - b) Family therapy 4
 - c) Industrial social case work 4
 - d) Interviewing 4
 - e) Reflective techniques 4
 - f) Direct and indirect treatment 4
 - g) Community case work 4
 - h) Indigenization of case work practice 4

**BASICS OF COUNSELLING
ASSIGNMENT**

Course Code: MSW-015

Total Marks: 100

Note:

- i) Answer all the **five** questions.
- ii) All questions carry **equal** marks.
- iii) Answer to question no. **1** and **2** should not exceed **600** words each.

- | | |
|--|----|
| 1) Define counselling. Explain the need and scope of counselling. | 20 |
| Or | |
| Discuss the laws related to counselling. | 20 |
| 2) Enlist the basic strategies of supportive therapy. | 20 |
| Or | |
| Explain the importance of play therapy in dealing with children with disabilities. | 20 |
| 3) Answer any two of the following questions in about 300 words each : | |
| a) Differentiate between counselling and psychotherapy. | 10 |
| b) Explain the cognitive approaches to counselling. | 10 |
| c) Discuss the importance of ethics in counselling. | 10 |
| d) Describe in brief, the process of counselling. | 10 |
| 4) Attempt any four of the following in about 150 words each: | |
| a) Describe briefly the concept of nature of power. | 5 |
| b) Enlist the categories of record documents. | 5 |
| c) Discuss the limitations of ethical codes. | 5 |
| d) What are the steps involved in marital counselling? | 5 |
| e) Explain the relevance of action stage in counselling. | 5 |
| f) Enlist the goals of counselling. | 5 |
| 5) Write short notes on any five of the following in about 100 words each: | |
| a) The Right to Informed Consent | 4 |
| b) Barriers to listening | 4 |
| c) Child-centred play therapy | 4 |
| d) Gestalt counselling | 4 |
| e) Role of counselor in psychoanalysis | 4 |
| f) Leadership in counselling | 4 |
| g) Limitations of Ethical Codes | 4 |
| h) Issues and dilemma in counsellor training | 4 |
| i) Personal qualities of an effective counsellor | 4 |

FIELDS OF COUNSELLING

ASSIGNMENT

Course Code: MSW-016

Total marks 100

Note:

- i) Answer all the **five** questions.
 - ii) All questions carry **equal** marks.
 - iii) Answer to question no. **1** and **2** should not exceed **600** words each.
- 1) Explain the goals of premarital counselling and discuss its basic methods. 20

OR

Briefly discuss the scope of 'hospital counselling services'. 20
 2. Mention the main characteristics of adolescence. Describe the common problems of adolescents and importance of counselling in this regard. 20

OR

Explain the concept of stress, its causes and consequences. Highlight the various models of stress management. 20
 3. Answer any **two** of the following questions in about 300 words each:
 - a) Discuss in detail issues involved in counselling homosexuals and explain the role played by counsellors.
 - b) What do you understand by grief and bereavement? Explain the five stages of grief as given by Kubler-Ross. 10
 - c) Discuss the need and importance of educational counselling with reference to school children. 10
 - d) Explain the importance of counselling in mental health. 10
 - 4) Answer any **four** of the following questions in about 150 words each:
 - a) What are the approaches used in couple counselling? 5
 - b) Enlist the causes of suicide. 5
 - c) What do you understand by client centred counselling? 5
 - d) Mention the effects of caregiving on caregiver. 5
 - e) Highlight the techniques of stress management. 5
 - f) List any five roles of an elementary school counsellor. 5
 - 5) Write short notes on any **five** of the following in about 100 words each:
 - a) Difference between palliative care and hospice care 4
 - b) Peer group pressure during adolescence stage 4
 - c) Ginzberg's theory of occupational choice 4
 - d) Family planning counselling 4
 - e) Stages of couple counselling 4
 - f) Rehabilitation counselling 4
 - g) Gender specific counselling 4
 - h) Children in dysfunctional families 4