

- 1. Certificate in HIV and Family Education (CAFÉ)**
- 2. Diploma in HIV and Family Education (DAFE)**

Assignments-2020



**School of Social Work
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

Schedule for assignments submission: 2020

Dear Learner,

We hope that you have gone through the Programme Guide for CAFE/DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE/DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE will be the same for all courses. You will find that separate assignments have been provided to you for BFE–101, BFE–102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2020 and July 2020).

Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully. Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. **Assignments are to be hand written and duly signed.** Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned and obtain a receipt for the same.

You are expected to a keep copy each for any future reference/use.

The schedule for submission of assignments is as given bellow:

1. CAFE students of January 2020: March 31, 2020
2. CAFE students of July 2020: September 30, 2020
3. DAFE students of January 2020: September 30, 2020
4. DAFE students of July 2020: March 31, 2021

Wish you all the best to complete the assignments within the above given time frame.

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BASICS OF HIV/AIDS (BFE-101)

Course Code: BFE-101
Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) What is public health? Explain the four distinct phases of public health. 20
 - ii) Discuss some of the myths and misconceptions related to transmission of HIV/AIDS/STDs. 20
 - iii) Explain the different stages in the development of HIV infection. 20
 - iv) Describe in brief about the various risk factors involved in the transmission of HIV through sex. 20
 - v) Critically analyse the ethical issues involved with mother to child transmission. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) Explain any four determinants of health. 10
 - ii) Discuss the epidemiological triad of disease. 10
 - iii) Is there a cure for HIV/AIDS at present? Discuss. 10
 - iv) Why is AIDS different from other diseases? Explain. 10
 - v) Describe any three issues related to transmission of HIV through blood. 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) Health for All 6
 - ii) Concept of well being 6
 - iii) Progression of AIDS 6
 - iv) Vulnerable population 6
 - v) Window period 6
 - vi) Pre-test counseling 6
 - vii) Implications of universal testing 6
 - viii) Status of blood banks 6

BASICS OF FAMILY EDUCATION (BFE-102)

Course Code: BFE-102

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) Describe the broad objectives and components of family life education. 20
 - ii) Explain in detail about the various methods adopted by the home in imparting family life education: a) At pre school stage; b) At adolescence 20
 - iii) Describe the major objectives and components of sexual health education. 20
 - iv) Explain the role of mass media in sexual health education. 20
 - v) Analyse the relationship between the value system and family life education. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) Discuss the salient features of the UN Declaration of Human Rights. 10
 - ii) Explain the importance of moral or ethical values in family life education. 10
 - iii) What are the factors promoting development of moral values? Explain. 10
 - iv) Discuss the rationale behind the introduction of sexual health education. 10
 - v) Discuss the importance of family life education in today's context. 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) Interrelationship between family, kinship and marriage 6
 - ii) Family life education 6
 - iii) Role of community in family life education 6
 - iv) Maslow's hierarchy of needs theory 6
 - v) Three ways of measuring emotions 6
 - vi) Preventive health programme as a strategy 6
 - vii) Relationship and bonding in family life 6
 - viii) Marriage 6

ELECTIVE ON HIV/AIDS (BFEE-101)

Course Code: BFEE-101
Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) Discuss the socio-cultural factors that put women at risk of acquiring HIV infection. 20
 - ii) Describe prevention strategies to reduce HIV infection through substance abuse. 20
 - iii) Do you feel that HIV/AIDS education is an important component in targeted interventions? Describe. 20
 - iv) Explain the provisions of fundamental rights in the Indian Constitution related to PLHAs 20
 - v) Describe some of the methods of prevention available to reduce mother to child transmission of HIV. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) Explain with suitable examples the judicial responses to issues related to HIV/AIDS. 10
 - ii) What are the individual interventions that a counselor can provide to minimize the impact of AIDS on a person? 10
 - iii) Differentiate between HIV/AIDS palliative care and traditional palliative care. 10
 - iv) Explain the importance of regulation of blood and blood products. 10
 - v) What are the prominent instruments adopted by the UN for safe guarding Human Rights? 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) HIV/AIDS and breast feeding 6
 - ii) Rights of the child suffering from HIV/AIDS 6
 - iii) Prevention of STDs 6
 - iv) Human rights and sexual minorities 6
 - v) Care of the dying/terminally ill 6
 - vi) Ethics and law 6
 - vii) Role of judiciary to maintain confidentiality 6
 - viii) Stigma and discrimination 6

ELECTIVE ON FAMILY EDUCATION (BFEE-102)

Course Code: BFEE-102

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) Define marriage. Explain the functions and purpose of marriage. 20
 - ii) Discuss the changing patterns of value system in human life and factors influencing them. 20
 - iii) Describe various government policies and programmes for families in India. 20
 - iv) Discuss the objectives and different methods of family planning followed by the people. 20
 - v) Explain various psychological and behavioural changes experienced by an individual due to divorce. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) Discuss the need for a family in the growth and development of person. 10
 - ii) Explain different forms of marriage. 10
 - iii) Describe the importance of value formation in children. 10
 - iv) What is the role of family in the socialization of the child? 10
 - v) Explain the impact of domestic violence to the ill health of women. 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) Selecting a life partner 6
 - ii) Role conflicts 6
 - iii) Family dynamics 6
 - iv) Planned parenthood 6
 - v) Special Marriage Act, 1954 6
 - vi) Dowry Prohibition Act, 1961 6
 - vii) Difference between Separation and Bereavement 6
 - viii) Stress 6

ALCOHOL, DRUGS AND HIV (BFEE-103)

Course Code: BFEE-103

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) Describe the different modalities of treatments of alcohol and drug dependence. 20
 - ii) Discuss how substance abuse increases the chance of STI and HIV infection. 20
 - iii) Explain in detail some of the myths related to drugs and drug abuse. 20
 - iv) Define drug addiction as a disease. Explain various stages of addiction. 20
 - v) Suggest some innovative methods of making our schools, workplaces and the nation drug free. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) What are the important aspects of motivating the clients and the family of the addict for treatment? 10
 - ii) Explain briefly the role of NGOs with regard to prevention and control of substance abuse. 10
 - iii) Briefly explain the A.B.C method of crisis counseling. 10
 - iv) Why do people abuse drugs? Explain. 10
 - v) Describe the role of UN and WHO in the fight against substance abuse. 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) Intervention Counselling 6
 - ii) Public perception of drug abuse 6
 - iii) Drug abuse as a social problem 6
 - iv) Prevalence of drug abuse among tribal communities 6
 - v) Reproductive health and drugs 6
 - vi) NDPS Act, 1985 6
 - vii) Demand reduction 6
 - viii) Prevalence of drug abuse in India 6

COMMUNICATION AND COUNSELLING IN HIV/AIDS (BFEE-104)

Course Code: BFEE-104

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i) Discuss the importance and relevance of Information, Education and Communication for HIV. 20
 - ii) Explain the role of mass media in HIV/AIDS prevention and promotion of family education. 20
 - iii) Describe the various processes involved in counseling. 20
 - iv) Discuss the ethical issues involved in HIV/AIDS counseling. 20
 - v) Explain the scope for trained social workers in the field of HIV/AIDS in India. 20

2. Answer any **three** of the following questions in about **250** words.
 - i) What are the barriers to communication? Explain. 10
 - ii) Discuss about the supportive techniques used in counseling. 10
 - iii) What should a counsellor do if there are silences during counseling sessions? 10
 - iv) Explain the significance of pre-marital counseling. 10
 - v) What ethical principles should a counsellor follow during counseling sessions? 10

3. Write short notes on any **five** of the following question in about **150** words each.
 - i) Direct and indirect communication 6
 - ii) Folk media 6
 - iii) Communication skills of a good counsellor 6
 - iv) Behavioural techniques 6
 - v) Dysfunctional Defence mechanism 6
 - vi) Transference and Counter-transference 6
 - vii) Cognitive techniques 6
 - viii) Sexual orientation 6