

**MASTER OF SOCIAL WORK: COUNSELLING
MSW (C)
2nd Year**

Assignments : 2017-2018

Course Titles

MSW-012 : Introduction of Life Characteristics and Challenges

MSW-013 : Introduction to Psychological Basics of Counselling

MSW-014 : Relevance of Social Case Work in Counselling

MSW-015 : Basics of Counselling

MSW-016 : Fields of Counselling

Last Date of Submission of Assignments to the Study Centre

July, 2017 Session - March 31, 2018

January, 2018 Session - September 30, 2018



**School of Social Work
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

Dear Learner,

Welcome to the MSW (Counselling) program of IGNOU. You have purposefully chosen to become a post graduate in Social Work to contribute your mite for improving the social conditions of our humanity. To successfully complete your MSW(C) programme. Kindly follow to following tips:

- Read the programme guide before you begin your studies. It will clarify most of your doubts regarding how to go about doing the MSW(C) from IGNOU.
- Submit your assignments to the study centre on time.
- Be in touch with your Study Centre and Regional Centre.
- Fill up the examination form on time.
- Do your field practicum only under the guidance of a professionally qualified social worker having MSW/M.A (Social Work) provided to you from your study centre.

For MSW(C) Second year, you have to do one each Tutor Marked Assignments (TMAs) for MSW- 012, MSW-013, MSW-014, MSW-015 and MSW-016. The TMAs must be submitted to the Coordinator of the Study Centre allotted to you, latest by March 31, 2018 for those admitted to July 2017 Session and September 30, 2018 for those admitted to January 2018 Session. Assignments are open book examination and we at IGNOU assign 30 per cent weightage to the assignment while calculating the overall grade for each course. **Assignments are to be hand-written only** and duly signed on it before its submission in the study centre. In order to prepare a good set of assignment-responses, you must first of all read the chapter(s) from which a particular question has been framed. Discuss with your peer-group and academic counsellors or professors who teach you. Prepare a draft, do the necessary correction on it and then, prepare the final version for submission to the Study Centre. Make sure that each question answer starts on a new page. For long and medium answers, ensure that there is an introduction, sub-titles for main body and a conclusion. One line should be left between each paragraph. Make sure your answers are specific and in your own words and do not copy from books. Your answers will be exclusively based on the IGNOU materials only. Preparation of assignments is preparation for your term-end examination. Therefore take the assignments seriously.

Dr. N. Ramya

(Programme Coordinator, MSW Counselling)

INTRODUCTION TO LIFE CHARACTERISTICS AND CHALLENGES ASSIGNMENT

Course Code: MSW-012

Total Marks: 100

- Note:** (i) Answer all the **five** questions.
(ii) All question carry **equal** marks.
(iii) Answer to question No. **1** and **2** should not exceed **600** words each.

1. Explain in brief the physical development in babyhood. 20
Or
What are some of the developmental tasks of adolescents? 20
2. Describe the stages in family life cycle. 20
Or
Discuss the socio-cultural changes that have influenced vulnerability of elderly people. 20
3. Answer any **two** of the following questions in about **300** words each :
 - a) Discuss the importance of moral development in an individual. 10
 - b) Enlist the characteristics of emotional development in adolescence. 10
 - c) What are the characteristics of good parenting? 10
 - d) Highlight the challenges faced by the elderly in Indian society. 10
4. Attempt any **four** of the following in about **200** words each:
 - a) List the major social roles of adults in society. 5
 - b) Explain briefly the problem of learning disability. 5
 - c) Mention the three pillars of Active Ageing as given by WHO. 5
 - d) What is meant by peer culture? 5
 - e) Enlist the factors that influence sexual adjustment in marriage. 5
 - f) What is meant by spiritual development? 5
5. Write short notes on any **five** of the following in about **100** words each:
 - a) Intelligence Quotient 4
 - b) Cognition 4
 - c) Individuation 4
 - d) Sibling Rivalry 4
 - e) Ascribed and achieved roles 4
 - f) Cohabitation 4
 - g) Social Marketing 4
 - h) Pre-linguistic Speech 4

INTRODUCTION TO PSYCHOLOGICAL BASIS OF COUNSELLING ASSIGNMENT

Course Code: MSW-013
Total Marks: 100

- Note:** (i) Answer all the **five** questions.
(ii) All question carry **equal** marks.
(iii) Answer to question No. **1** and **2** should not exceed **600** words each.
- 1) What is Depersonalization Disorder? Discuss 20
Or
Abnormality means 'away from the normal' explain. 20
- 2) In your own words define Prejudice. With relevant examples write about the various types of prejudice. 20
Or
Discuss Transactional Analysis. Illustrate with diagram wherever necessary. 20
- 3) Answer any **two** of the following questions in about **300** words each:
- a) Long term effect on health from chronic and excessive alcoholism. 10
 - b) What are Panic Disorders? Explain any one in detail. 10
 - c) Write a short note on Unity in Diversity. 10
 - d) Define Personality. Describe the clinical importance of personality. 10
- 4) Answer any **four** of the following questions in about **200** words each:
- a) What are the two activities associated with the Oral stage. 5
 - b) Explain any two main causes of Communal tension. 5
 - c) Discuss Cognitive Therapy. 5
 - d) What is Substance Abuse? How is it different from Substance Dependence? 5
 - e) OCD is an anxiety disorder. Discuss. 5
 - f) Briefly explain Rational Emotive Behavior Therapy. 5
- 5) Write short notes on any **five** of the following questions in about **100** words each:
- a) List the Methods of Psychology. 4
 - b) Therapeutic Triad 4
 - c) Any two consequences of Casteism 4
 - d) Group Culture 4
 - e) TIC Disorder 4
 - f) Causes of Autism 4
 - g) Alzheimer's Disease 4
 - h) Group Therapy 4

Relevance of Social Case Work in Counselling

ASSIGNMENT

Course Code: MSW-014

Total Marks: 100

- Note:** (i) Answer all the **five** questions.
(ii) All question carry **equal** marks.
(iii) Answer to question No. **1** and **2** should not exceed **600** words each.
- 1 Discuss the scope and relevance of social case work practice in India. 20
- OR
- Mention various residential institutional settings in which case work is practiced. 20
- 2 Discuss briefly the purpose of interviews conducted at different stages of social case work process. 20
- OR
- Write an essay on the issue of confidentiality in case recording. 20
- 3 Answer any **two** of the following in about **300** words each:
- a) Discuss the four essential components of social case work as described by Perlman. 10
 - b) How is case work perceived by practitioners in India? 10
 - c) Why do individuals find their coping patterns ineffective in the face of some problems? Explain. 10
 - d) Why is recording essential in case work practice? Explain its uses. 10
- 4 Answer any **four** of the following questions in about **200** words:
- a) List the strengths and weaknesses of an interview. 5
 - b) Explain the importance of 'assessment' in case work process. 5
 - c) Discuss the various steps followed in 'social diagnosis'. 5
 - d) What can be the roles of a social worker in dealing with the client? 5
 - e) Explain any three differences between case work and counselling. 5
 - f) Identify the skills that facilitate the process of interview in case work? 5
- 5 Write short notes on any **five** of the following in about **100** words each:
- a) Counselling as a technique of case work 4
 - b) Skills required during home visit 4
 - c) Reflective techniques 4
 - d) Community case work 4
 - e) Types of families 4
 - f) Principles of case work 4
 - g) Medical model 4
 - h) Skills of social case worker in industrial setting 4

BASICS OF COUNSELLING ASSIGNMENT

Course Code: MSW-015

Total marks 100

- Note:** (i) Answer all the **five** questions.
(ii) All question carry **equal** marks.
(iii) Answer to question No. **1** and **2** should not exceed **600** words each.

- | | | |
|----|---|----|
| 1. | Explain different stages of counselling process. | 20 |
| | OR | |
| | Discuss the three dimensional model in counselling. | 20 |
| 2. | Trace the historical evolution of family therapy in India. | 20 |
| | OR | |
| | Briefly discuss some of the ethical principles and issues in counselling. | 20 |
| 3. | Answer any two of the following questions in about 300 words each: | |
| | a) Discuss various aspects of play therapy with children. | 10 |
| | b) Explain the commonly used tools in counselling. | 10 |
| | c) What is Gestalt Counselling? | 10 |
| | d) Briefly discuss the approaches to affective counselling. | 10 |
| 4. | Write short notes on any four of the following in about 200 words each: | |
| | a) Explain Adlerian Counselling | 5 |
| | b) Mention various categories of record documents. | 5 |
| | c) What is Transactional analysis? | 5 |
| | d) Enlist the steps in marital therapy. | 5 |
| | e) Explain the relevance of exploratory stage in counselling. | 5 |
| | f) What is relapse prevention? | 5 |
| 5. | Write short notes on any five of the following in about 100 words each: | |
| | a) Characteristics of counselling | 4 |
| | b) Limitations of ethical codes | 4 |
| | c) Role of a counsellor | 4 |
| | d) Empathy | 4 |
| | e) Child Centered Play therapy | 4 |
| | f) Ethical Counselling | 4 |
| | g) Challenges in supportive therapy | 4 |
| | h) Role of family therapist | 4 |

FIELDS OF COUNSELLING ASSIGNMENT

Course Code: MSW-016

Total marks 100

Note:

- (i) Answer all the **five** questions.
- (ii) All question carry **equal** marks.
- (iii) Answer to question No. **1** and **2** should not exceed **600** words each.

1. How can grief and bereavement counselling help? Highlight the role and functions of grief/bereavement counsellor. 20

OR

What is gender specific counselling? Write in detail about principles and goals of Gender Aware Therapy (GAT). 20

2. Define social defence. List down the problems and counselling in correctional Institutions. 20

OR

Describe the concept of genetic counselling. What are the skills and characteristics required for an effective counsellor? 20

3. Answer any **two** of the following questions in about **300** words each:
- a) Explain the Standards for Counselling based on 4 principles. 10
 - b) Discuss any two mental health practice models. 10
 - c) Describe ten techniques of stress management. 10
 - d) Write in detail on any two theories on adolescent development. 10

4. Answer any **four** of the following questions in about **200** words each:
- (a) List the characteristics of coupling. 5
 - (b) Discuss briefly the needs of the terminally ill. 5
 - (c) Enlist the 5 stages of grief. 5
 - (d) Identify the factors that cause stress. 5
 - (e) Enumerate the counsellor's role in absenteeism. 5
 - (f) What is rehabilitation counselling? 5

5. Write short notes on any **five** of the following in about **100** words each:

- a) Premarital Counselling 4
- b) Children in dysfunctional families 4
- c) ABC Analysis 4
- d) Palliative care 4
- e) Concept of mental health 4
- f) Transactional model 4
- g) HIV/AIDS 4
- h) Behaviour counselling 4

