

- 1. Certificate in HIV and Family Education (CAFÉ)**
- 2. Diploma in HIV and Family Education (DAFE)**

## **Assignments-2016**



**School of Social Work  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi – 110068**

## Schedule for assignments submission

Dear Learner,

We hope that you have gone through the Programme Guide for CAFÉ/DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFÉ/DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE will be the same for all courses. There is no assignment for BFEP–101 which is a project work. You will find that separate assignments have been provided to you based on BFE–101, BFE–102 and BFEE 101 to BFEE 104 (for students registered for January 2016 and July 2016).

**Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully.** Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre.

You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. Assignments are to be hand written or neatly typed. Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned and obtain a receipt for the same.

**You are expected to keep copy for any future reference/use.**

The schedule for submission of assignments is as given bellow:

1. CAFE students of January 2016: March 31, 2016
2. CAFE students of July 2016: September 30, 2016
3. DAFE students of January 2016: September 30, 2016
4. DAFE students of July 2016: March 31, 2017

Wish you all the best to complete the programme successfully.

**(Dr. Rose Nembiakkim)**  
**Programme Coordinator**  
**Email: rosenembiakkim@ignou.ac.in**  
**Ph: 011 – 29571695**

**January 2016**

# BASICS OF HIV/AIDS (BFE-101)

CourseCode: BFE- 101

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) What are the theories of the origin of HIV/AIDS 20
  - ii) What are the types of test used to detect HIV antibodies and what do you understand by Pre-Test and Post –Test Counseling? 20
  - iii) What is the situation of HIV/AIDS in Asian Countries? 20
  
2. Answer any **three** of the following questions in about 250 words each.
  - i) Discuss the groups which are vulnerable to HIV/AIDS transmission? 10
  - ii) What is the natural history of HIV/AIDS 10
  - iii) Why is AIDS different from other diseases? 10
  - iv) What are the types of testing strategies? 10
  - v) What are the best ways to prevent transmission of HIV? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) Global scenario of HIV/AIDS 6
  - ii) HIV 6
  - iii) Mother to Child Transmission (MCT) 6
  - iv) Window Period 6
  - v) HIV testing and Confidentiality 6
  - vi) Home care 6
  - vii) HIV and Life Skill Education 6
  - viii) Hospice Care 6

# BASICS OF FAMILY EDUCATION (BFE-102)

Course Code: BFE- 102

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) What do you understand by Family Life education? What are the advantages of Family life education? 20
  - ii) What are the differences between male and female with regard to physical and emotional differences? 20
  - iii) Describe the male reproductive system and functioning? 20
  
2. Answer any **three** of the following questions in about 250 words each.
  - i) Role of mass media in Sexual Health Education? 10
  - ii) What is the Psychoanalytic Theory of Personality Development? 10
  - iii) Developmental Decline and Ageing 10
  - iv) What are the challenges to the youth in a changing society? 10
  - v) What are the developmental aspects of adolescence? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) Family, Marriage and Kinship 6
  - ii) Types of values in Family life Education 6
  - iii) Jobs and Gender 6
  - iv) Cognitive Theories 6
  - v) STD 6
  - vi) Attraction and Love 6
  - vii) Pre-marital Sex and Teenage Pregnancies 6
  - viii) Masturbation 6

## ELECTIVE ON HIV/AIDS (BFEE-101)

Course Code: BFEE- 101

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) What is STDs? Describe the common STDs and treatment options? 20
  - ii) What are the issues regarding HIV/AIDS and workplace? 20
  - iii) How does one care for the terminally ill? Discuss. 20
  
2. Answer any **three** of the following questions in about 250 words each.
  - i) Briefly explain what groups of children are at risk of HIV/AIDS infection? 10
  - ii) What are substance abuse and its effects? 10
  - iii) What are the different kinds of drugs? Briefly explain 10
  - iv) What are the rights of the child suffering from HIV/AIDS 10
  - v) What are the implications of HIV/AIDS for the family? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) HIV/AIDS and Breast Feeding 6
  - ii) Grief and Crisis Counselling 6
  - iii) Role of Care Giver 6
  - iv) AIDS and Palliative Care 6
  - v) Basic Goals of HIV Education 6
  - vi) Diarrhea and how to manage it 6
  - vii) Constitutional Provisions related to PLHAs 6
  - viii) Indian laws related to PLHAs 6

## ELECTIVE ON FAMILY EDUCATION (BFEE-102)

Course Code: BFEE- 102

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) What is the meaning of Marriage? Discuss the different forms of Marriage? 20
  - ii) What are the Government Policies and Programmes for families? 20
  - iii) What is the meaning of the term “divorce”? Discuss the causes and its effects? 20
  
2. Answer any **three** of the following questions in about 250 words each.
  - i) Discuss family as the agent of a new society 10
  - ii) What do you understand by role conflicts in marriage? 10
  - iii) Briefly discuss National Population Policy 2000. 10
  - iv) What is Abortion? What are the types and methods of abortion? 10
  - v) Briefly explain Special marriage ACT, 1954? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) Joint Family and Nuclear Family 6
  - ii) Social Maturity 6
  - iii) Role of women in Marriage 6
  - iv) Family Planning Methods 6
  - v) Reasons for preference of male child in Indian Culture 6
  - vi) Consequences of Illegal Abortion 6
  - vii) Difference between Separation and Bereavement 6
  - viii) Dowry Deaths 6

# ALCOHOL DRUGS AND HIV (BFEE-103)

Course Code: BFEE- 103

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) Discuss the history of Substance Abuse? 20
  - ii) What do you understand by Addiction? Discuss the stages and economic consequences of Addiction? 20
  - iii) What do you understand by intervention? Explain the role of Counselling? 20
  
3. Answer any **three** of the following questions in about 250 words each.
  - i) What are the theories related to Drug Use? 10
  - ii) What are the myths related to Drugs and Drug Abuse? 10
  - iii) Explain Drug Trafficking? 10
  - iv) What are the important sections, offences and Punishments under NDPS Act in 1989? 10
  - v) Explain Drug Abuse in the International Scenario? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) Alcoholism 6
  - ii) How does one identify an Addict? Briefly Explain? 6
  - iii) Classification of Drugs 6
  - iv) Health Consequences of Drug use 6
  - v) Addictive families and Children 6
  - vi) Middle Stage of Addiction 6
  - vii) Preventive Education 6
  - viii) ABC of Counselling 6

# COMMUNICATION AND COUNSELLING IN HIV (BFEE-104)

Course Code: BFEE- 104

Maximum Marks-100

1. Answer any **two** of the following questions in about in **500 words each**.
  - i) What is the meaning of Communication? Discuss Communication Process and Models? 20
  - ii) What are the Supportive Techniques in Counselling? 20
  - iii) What is Sexuality? What are the Sexual myths and Misconceptions? Discuss 20
  
2. Answer any **three** of the following questions in about 250 words each.
  - i) What are the barriers to Communication? 10
  - ii) What are the forms of performing Arts through which one can communicate to people about health issues? 10
  - iii) Explain the Behavioral Techniques in Counselling? 10
  - iv) What do you understand by information? Discuss 10
  - v) What are the issues that must be dealt with in counseling a person with positive test result? 10
  
3. Write short notes on any **five** of the following questions in about 150 words each.
  - i) Intrapersonal and Interpersonal communication? 6
  - ii) Functions of Mass Communication 6
  - iii) Difference between Psychotherapy and Counselling? 6
  - iv) Characteristics of a good client 6
  - v) Mature Defense Mechanisms 6
  - vi) Transference and Counter- Transference 6
  - vii) Scope for Lay Counsellors 6
  - viii) Role of a Medical Social Worker 6