

MPCE

**M.A. PSYCHOLOGY
SECOND YEAR COURSES**

(MPCE)

**Assignments
For July 2015 and January 2016
Sessions**



**Discipline of Psychology
School of Social Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

M.A. Psychology – IInd Year
MPCE-011, 012, 013
MPCE-021, 022, 023
MPCE-031, 032, 033

Assignments – July 2015 and January 2016 Sessions

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) II year. Each assignment has three sections (A, B and C) which have to be answered. Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2015 Session	31st March, 2016	To The Coordinator of the Study Centre allotted to you
For January, 2016 Session	30th September, 2016	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:

- 1) **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
- 2) **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation

- 3) **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
5. ***Write the responses in your own hand.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment response:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in the assignments have been answered.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**PSYCHOPATHOLOGY (MPCE-011)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-011
Assignment Code: MPCE-011/ASST/TMA/2015-16
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss humanistic approach in relation to psychopathology.
2. Explain bipolar disorders.
3. Describe the diagnostic features, causes and treatment of Schizoid personality disorder.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Childhood depression
5. Parenting styles
6. Depersonalisation disorder
7. Body dysmorphic disorder
8. Types of delusional disorder

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Asperger syndrome
10. Axis IV of DSM-IV TR
11. Behaviour modification
12. Amnesia
13. Substance abuse
14. Psychoeducation
15. Postpartum psychosis
16. Hallucinations
17. Reformatory paranoia
18. Narcissistic personality disorder

Psychodiagnostics (MPCE-012)
Tutor Marked Assignment (TMA)

Course Code: MPCE-012
Assignment Code: MPCE-012/ASST/TMA/2015-16
Marks: 100

Note: All questions are compulsory.

SECTION-A

Answer the following questions in about 1000 words each.

3 x 15=45 Marks

1. Describe the various sources for psychological assessment.
2. Present an overview of tests measuring conceptual thinking.
3. Discuss in detail the different stages of psychological assessment.

SECTION-B

Answer the following questions in about 400 words each.

5 x 5= 25 Marks

4. Discuss psychological assessment for conducting and evaluating therapy.
5. Elucidate Wechsler Scales for children.
6. Explain Torrance Test of Creativity Thinking.
7. Differentiate between descriptive assessment and predictive assessment.
8. What is implicit memory? Elucidate the tests of implicit memory.

SECTION-C

Answer the following questions in about 50 words each.

10 x 3= 30 Marks

9. Types of direct observation
10. Mismatched validity
11. Raven's Progressive Matrices
12. SOI
13. BRIEF-P
14. DSM IV-TR
15. Sentence Completion Test
16. The Edwards Personal Preference Schedule
17. Rorschach Inkblot Method
18. 'Pull' of TAT Cards

**PSYCHOTHERAPEUTIC METHODS (MPCE-013)
TUTOR MARKED ASSIGNMENT
(TMA)**

Course Code: MPCE-013
Assignment Code: MPCE-013/ASST/TMA/2015-16
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the basic tenets of psychoanalytic therapy. How do neo-psychoanalytic models differ from Freud's psychoanalysis?
2. Discuss the concept and applications of behaviour modification. What are the various methods used in behaviour modification,? Explain with suitable examples.
3. What are the goals of client centered therapy? Discuss the process adopted in client centered therapy.

SECTION-B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Discuss the techniques used in interpersonal therapy.
5. Discuss the process of cognitive behaviour therapies.
6. What are the basic features of solution focused therapy? Discuss the treatment principles of solution focused therapy.
7. What do you understand by attachment based interventions? Discuss the technique used in attachment based interventions.
8. Discuss the importance of psychotherapies with reference to cancer and AIDS patients.

SECTION-C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Technical neutrality
10. Existential therapy
11. Defining features of short term therapies

12. Negative Punishment
13. Counter conditioning
14. Self monitoring
15. Multimodal therapy
16. Multiple family group therapy
17. Psychotherapy integration
18. Narrative therapy

**COUNSELLING PSYCHOLOGY (MPC-021)
TUTOR MARKED ASSIGNMENT
(TMA)**

Course Code: MPCE-021
Assignment Code: MPCE-021/ASST/TMA/2015-16
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the Transactional analysis approach to counseling.
2. Describe in detail the Art therapy techniques.
3. Discuss the causes of eating disorders.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Techniques used in person-centred therapy
5. Five stage theory of drama therapy
6. Adler's view of human nature
7. Group therapy and counselling
8. Disability in children and its' treatment

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Automatic thoughts
10. Ego psychology
11. Immediacy
12. Beneficence
13. ABCDE
14. Environmental therapies
15. Right to survival
16. HIV
17. ECT
18. Explosive personality

ASSESSMENT IN GUIDANCE AND COUNSELLING (MPCE-022)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-022
Assignment Code: MPCE-022/ASST/TMA/2015-16
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Enumerate main characteristics of interview. Discuss various types of interviews.
2. Explain the process of person centered counselling and its application.
3. Discuss the basic concepts of narrative approach to assessment and counselling. Discuss the techniques and goals of narrative counselling.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Discuss various complexities in psychological assessment.
5. Explain the counselling process in Adler's individual psychology.
6. Discuss Aaron Beck's cognitive counselling approach.
7. Explain the techniques of rational emotive therapy.
8. Differentiate between Gestalt and behaviour therapy approach to counselling.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Process of psychological assessment
10. Case Study method
11. Objective tests and Projective tests
12. Counselling skills
13. Self concept and ideal self
14. Fully functioning person
15. Counselling setting
16. Functions of guidance and counselling
17. Steps of evaluation of guidance program
18. The guidance calendar

**INTERVENTIONS IN COUNSELLING (MPCE - 023)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2015-16
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Analyze the concept of integrative counseling.
2. Explain the stages in couple counseling.
3. Describe the symptoms and techniques for helping children with ADHD.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Key assumptions of solution-focused counselling
5. Self management technique
6. Stages of Interpersonal counselling
7. Psychotherapy and counselling
8. Ethical issues in E-counselling

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Insight
10. Personalisation
11. Assertiveness skill
12. Multisensory approach
13. Separation anxiety
14. Multimodal therapy
15. Psychodrama
16. Termination
17. Tracking
18. Fictional finalism

ORGANISATIONAL BEHAVIOR (MPCE-031)
TUTOR MARKED ASSIGNMENT
TMA

Course Code: MPCE-031
Assignment Code: MPCE-031/ASST/TMA/2015-16
Marks: 100

NOTE: All questions are compulsory.

SECTION-A

Answer the following question in about 1000 words each.

15x3=45 Marks

1. Critically analyse the various organizational behaviour models.
2. Explain the nature and ways of measuring job satisfaction.
3. Describe any two 'process theories' of motivation.

SECTION-B

Answer the following questions in about 400 words each.

5x5=25 Marks

4. Compressed Work Week
5. Definition, nature and components of organizational commitment
6. Critical analysis of Maslow's hierarchy of needs
7. Steps and techniques of Conflict resolution
8. Organisational Paradigm shift

SECTION-C

Answer the following in about 50 words each.

10x3=30 Marks

9. Ethics in Organisational Behaviour Management
10. Importance of motivation in organisations
11. Managerial implications of reinforcement theory
12. Creating a Team Mission Statement
13. Types of organization
14. Goals of Organizational Behaviour
15. Work-life balance
16. Job Characteristics Model
17. Extrinsic and intrinsic motivation
18. Quality Control Circles

**HUMAN RESOURCE MANAGEMENT (MPCE-032)
TUTOR MARKED ASSIGNMENT
(TMA)**

Course Code: MPCE-032
Assignment Code: MPCE-032/ASST/TMA/2015-16
Marks: 100

NOTE: All questions are compulsory

SECTION-A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. What is the process of designing human resource development (HRD) strategy? Discuss the types of strategies of HRD.
2. Explain the different methods of training employees of organization.
3. What is the meaning, types and effects of work place harassment?

SECTION-B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. Characteristics of multicultural organization
5. Six sigma interventions
6. Limitations of human resource (HR) planning
7. Principles of management
8. Employee choice plans

SECTION-C

Answer the following in about 50 words each. 10x3=30 Marks

9. Significance of intellectual property rights
10. Psychological effects of workplace violence
11. Concept of HR management
12. Service user violence
13. Workmen's Compensation Act (1923)
14. Locus of control
15. Organisational commitment
16. Stereotyping
17. Theft and sabotage
18. Job sharing

**ORGANISATIONAL DEVELOPMENT (MPCE-033)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-033
Assignment Code: MPCE-033/ASST/TMA/2015-16
Marks: 100**

NOTE: All questions are compulsory

SECTION-A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. Describe the nature and characteristics of organisational development.
2. Explain the term 'team work' with a focus on problems affecting team work and ways of enhancing team work.
3. Discuss various interventions related to total organisations.

SECTION-B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. What is old definition of organisational development? Discuss various goals of organisational development.
5. Explain process consultation.
6. Discuss the role of managers in participation and empowerment.
7. Define programme evaluation and discuss various types of evaluation.
8. Describe the techniques commonly used by mentors.

SECTION-C

Answer the following in about 50 words each. 10x3=30 Marks

9. Second order change in organisational development
10. Total Quality Management
11. Mental models
12. Benchmarking
13. Empowerment
14. Rational empirical approach to overcome resistance to change
15. Diagnosis
16. Survey feedback
17. T- group
18. Visioning