

MPCE

**M.A. PSYCHOLOGY
SECOND YEAR COURSES**

(MPCE)

**Assignments
For July 2014 and January 2015
Sessions**



**Faculty of Psychology
School of Social Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

M.A. Psychology – II_{nd} Year
MPCE-011, 012, 013
MPCE-021, 022, 023
MPCE-031, 032, 033

Assignments – July 2014 and January 2015 Sessions

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) II year. Each assignment has three sections (A, B and C) which have to be answered. Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2014 Session	31st March, 2015	To The Coordinator of the Study Centre allotted to you
For January, 2015 Session	30th September, 2015	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - 1) **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - 2) **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:

- a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
- 3) **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
 5. ***Write the responses in your own hand.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
 6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
 7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
 8. Write the question number with each answer.
 9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
 10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
 11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment response:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in the assignments have been answered.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**Psychopathology (MPCE-011)
Tutor Marked Assignment (TMA)**

**Course Code: MPCE-011
Assignment Code: MPCE-011/ASST/TMA/2014-15
Total Marks: 100**

Note: All questions are compulsory.

Section – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Describe the symptoms and treatment of psychotic disorders.
2. Describe the diagnostic features, causes and treatment of Dependent personality disorder.
3. Explain Dissociative Amnesia and Dissociative Fugue with the help of case examples.

Section – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Clinical picture of post traumatic stress disorder
5. Treatment of phobic disorder
6. Meaning and example of delusion of grandeur
7. Kinds of paranoia
8. Parenting styles as a cause of psychopathology

Section – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Separation anxiety
10. Autism
11. Genotype
12. Delusion of poverty
13. DSM
14. Homosexual fixation
15. MCT
16. OCD
17. EMDR
18. Family therapy

Psychodiagnosics (MPCE-012)
Tutor Marked Assignment (TMA)

Course Code: MPCE-012
Assignment Code: MPCE-012/ASST/TMA/2014-15
Marks: 100

Note: All questions are compulsory.

Section – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Discuss the ethical issues in assessment.
2. What is neuropsychological assessment? Discuss the purpose and dimensions of neuropsychological assessment.
3. Elucidate Wechsler Scales.

Section – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Elucidate the practical application of psychological assessment.
5. Define and describe direct observation.
6. Give a description of Rorschach Test.
7. How is conceptual thinking measured?
8. Give an overview of various instruments for assessing cognitive functions.

Section – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Psychodiagnosis
10. California Personality Inventory
11. Reliability and validity of FAMHA
12. Tell Me A Story Test
13. Raven's Progressive Matrices
14. Abstract attitude
15. Explicit memory
16. Stages in Psychodiagnosics
17. Diagnostic Interview
18. Referral question

**Psychotherapeutic Methods (MPCE -013)
Tutor Marked Assignment (TMA)**

**Course Code: MPCE-013
Assignment Code: MPCE-013/AST/TMA/2014-15
Marks: 100**

Note: All questions are compulsory.

Section - A

Answer the following questions in 1000 words each. 15×3=45 marks

1. Discuss the process of Psychodynamic therapy in detail.
2. Explain the theoretical foundation of Insight therapy. Differentiate it from psychodynamic therapy.
3. Discuss the application of operant conditioning with the methods used to decrease undesired behaviours.

Section - B

Answer the following questions in 400 words each. 5×5=25 marks

4. Explain behavioural techniques used in cognitive behaviour therapy.
5. What do you understand by psychotherapy integration? Elaborate on the need and development of integrative therapy.
6. Define ego defense mechanisms. Discuss various types of defense mechanisms.
7. Explain basic tenets of Carl Gustav Jung's analytical psychology. In what ways Jung's therapy was different from that of Freud's psychoanalysis.
8. Give historical overview of group psychotherapy. What are the principles on which group psychotherapy is based?

Section - C

Answer the following questions in 50 words each. 3×10=30 marks

9. Write about the psychotherapeutic approaches used for treating depression in adolescents.
10. Rationalize the need for a psychotherapist to keep in consideration issues related to specific illness, viz. Cancer, aids etc.
11. What do you understand by unconditional positive regard and empathic understanding? Explain with reference to Roger's client centred therapy.

12. Define play therapy and its applications.
13. Explain basic assumptions of existential therapy.
14. What do you understand by Gestalt therapy? What is the relation between Gestalt School of psychology and Gestalt therapy?
15. What is Psychic determinism?
16. Explain object relation therapy as a type of psychodynamic therapy.
17. Discuss the concept of unconscious and its importance in psychodynamic therapy.
18. Explain the limitations of behaviour therapies in treating psychological problems.

**Counselling Psychology (MPCE - 021)
Tutor Marked Assignment (TMA)**

Course Code: MPCE-021
Assignment Code: MPCE-021/ASST/TMA/2014-15
Marks: 100

Note: All questions are compulsory.

Section – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain Glasser's Reality therapy.
2. Describe the classical conditioning procedures commonly used in counselling.
3. Discuss the causes of personality disorders.

Section – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Antisocial personality
5. Stages in couple counselling
6. Causes for Addiction/ Anxiety
7. Counselling for street children
8. Vocational counselling

Section – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Electroconvulsive therapy
10. Mood stabilizers
11. Right to protection
12. Window period in HIV/AIDS
13. Scaling questions
14. Congruence
15. Guided discovery
16. Anxiety hierarchy
17. Transgender
18. Binge eating

Assessment in Guidance and Counselling (MPCE- 022)
Tutor Marked Assignment (TMA)

Course Code: MPCE-022
Assignment Code: MPCE-013/AST/TMA/2014-15
Marks: 100

Note: All questions are compulsory

Section - A

Answer the following questions in 1000 words each. 15×3=45 marks

1. What are the basic principles of assessment? Discuss various complexities in psychological assessment.
2. Discuss the objectives and activities of guidance and counselling at different stages of education.
3. Explain the basic steps of evaluation of guidance and counselling program. Also discuss the methods of evaluation.

Section - B

Answer the following questions in 400 words each. 5×5=25 marks

4. Enumerate main characteristics of interview. Discuss various types of interviews.
5. Describe format of case history.
6. Explain therapeutic process in person centred approach to counselling.
7. Explain basic concepts of narrative approach to assessment and counselling. Discuss the goals of narrative counselling.
8. Discuss the process of developing guidance and counselling program for schools.

Section - C

Answer the following questions in 50 words each. 3×10=30 marks

9. Discuss purposes of assessment in guidance and counselling.
10. What are the characteristics of a good psychological test?
11. How do ethnic, linguistic and cultural factors can affect psychological testing?
12. What are the basic counselling skills of a good counsellor?
13. Which theory of psychodynamic counselling would you prefer to use in a practical setting? Which theory do you think is more relevant and why?

14. Parents of a 10 year old boy are worried that the boy is not doing well in studies in school. What steps would a school counsellor take to understand and solve the problem?
15. How would a school counsellor help a school solve the problem of indiscipline among students?
16. What methods should be adopted by a school counsellor to assess reading and writing abilities of a student with cerebral palsy?
17. Discuss the importance and application of group counselling process.
18. What do you understand by positive health?

Interventions in Counselling (MPCE - 023)
Tutor Marked Assignment (TMA)

Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2014-15
Marks: 100

Note: All questions are compulsory.

Section – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Describe anxiety disorder in children. Discuss the therapeutic interventions for this.
2. Explain the Stress Inoculation Technique in detail with an example.
3. Discuss the concept and nature of group counseling.

Section – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Domestic violence
5. Stages in couple counselling
6. Process of e-counselling
7. Gestalt approach to counselling
8. Rational Emotive Behaviour Therapy

Section – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. In groups and Out groups
10. Eclecticism
11. Termination
12. Self actualizing tendency
13. Exception seeking
14. All or None thinking
15. Self efficacy
16. Tics
17. Role disputes
18. Steps in counselling

Organisational Behaviour (MPCE-031)
Tutor Marked Assignment (TMA)

Course Code: MPCE- 031
Assignment Code: MPCE-031/ASST/TMA/2014-15
Marks: 100

NOTE: All Questions are Compulsory

Section - A

Answer the following question in about 1000 words each. 15x3=45 marks

1. Explain the 'Grid Training Approach' for organizational development with reference to the leadership grid theory propounded by Blake and Mouton.
2. Discuss the various techniques of conflict resolution at work Place.
3. Describe any two 'content theories' of motivation.

Section - B

Answer the following questions in about 400 words each. 5x5=25 marks

4. Open System Approach.
5. Types of Organizations.
6. Types of Motives.
7. Steps of Organisational Behavior Management Program.
8. Principles of Social Learning Theory.

Section - C

Answer the following in about 50 words each. 10x3=30 marks

9. Theory of Employee Ownership.
10. Difference between extrinsic and intrinsic motivation.
11. Difference between punishment and negative reinforcement.
12. Human Relations Movement.
13. The 'Self Actualization Needs' of Maslow's hierarchy Theory.
14. Difference between job satisfaction and organisational commitment.
15. Definition of work motivation.
16. Concept of Organisational citizenship behavior.
17. Meaning of customer satisfaction.
18. The benefits of interpersonal skills of a leader.

**Human Resource Management(MPCE-032)
Tutor Marked Assignment (TMA)**

**Course Code: MPCE-032
Assignment Code: MPCE-032/ASST/TMA/2014-15
Marks: 100**

Note: All Questions are Compulsory

Section - A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. What are the advantages of training and development in organisations?
2. Explain the different individual and organisational approaches used to manage diversity.
3. Elaborate the different types of work place bullying and work place discrimination.

Section - B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. Driving factors of globalization.
5. Concept of talent inventory.
6. Objectives of the International Labour Organisation (ILO).
7. Types of Intellectual Property Rights.
8. Goals of cross cultural training.

Section - C

Answer the following in about 50 words each. 10x3=30 Marks

9. Meaning of psychological contracts.
10. List of the labour laws related to social security in India.
11. Significance of apprenticeship training.
12. Aims of Human Resource management.
13. Relevance of corporate counseling.
14. Relationship between business strategy and HR strategy.
15. Definition of Corporate Social Responsibility.
16. Advantage of home-working and tele-working opportunities.
17. Basic structure of attitude.
18. Difference between HR management and HR development.

**Organisational Development (MPCE-033)
Tutor Marked Assignment (TMA)**

**Course Code: MPCE-033
Assignment Code: MPCE-033/AST/TMA/2014-15
Marks: 100**

Note: All Questions are Compulsory

Section - A

Answer the following question in about 1000 words each **15x3=45 Marks**

1. Describe the relevance of participation and empowerment in organizational development.
2. Define Organizational change and explain the strategies to overcome resistance to change.
3. Define programme evaluation and discuss the models of programme evaluation.

Section - B

Answer the following questions in about 400 words each. **5x5=25 Marks**

4. Discuss the relevance of organizational development.
5. Describe the features of parallel learning structures.
6. Explain the normative re-educative strategy for change.
7. Describe the Marvin Weisberg's Six Box Model.
8. Discuss about coaching and counselling.

Section - C

Answer the following in about 50 words each **10x3=30 Marks**

9. Organizational culture
10. First Order Change
11. Action learning
12. Groupware
13. Context evaluation
14. Management By Objectives (MBO)
15. Survey feedback
16. Quality circles
17. Mosaic mentoring
18. Motivation