

MASTERS'S DEGREE PROGRAMME IN PSYCHOLOGY (MAPC)

MA IInd Year

For July 2021 and January 2022



**Discipline of Psychology
School of Social Sciences (SOSS) Indira Gandhi National Open
University Maidan Garhi, New Delhi-110 068**

MASTER'S DEGREE PROGRAMME IN PSYCHOLOGY (MAPC) MA IInd Year Tutor Marked Assignment

2021-2022

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Masters's Degree Programme in Psychology. Each assignment has three sections (A, B and C).

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last date of submission	To be sent
For July, 2021 Session	31st March, 2022	To The Coordinator of the Study Centre allotted to you
For January, 2022 Session	30th September, 2022	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment. The title page may look like this:

Enrolment No	Name
.....	Address
.....	Signature
.....	
Date	
	Programme Title
	Course Code & Title
	Assignment Code
	Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.

3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - i. Planning:** Read the assignments carefully. Go through the Units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
 - iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.

4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.

5. **Write the responses in your own hand.** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.

6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment :

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

PSYCHOPATHOLOGY (MPCE 011)

TUTOR MARKED ASSIGNMENT (TMA)

Course Code: MPCE-011

Assignment Code: MPCE-011/ASST/TMA/2021-22

Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Compare and contrast the humanistic approach and behavioural approach in explaining abnormal behavior.
2. Discuss the etiology and treatment of phobic disorder.
3. Explain generalized anxiety disorder with a case study. Discuss the etiology.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Explain the role of parenting styles and inadequate communication in the causation of psychopathology.
5. Provide the clinical picture of autism spectrum disorder.
6. Analyze the psychological factors in the causation of obsessive compulsive disorder.
7. Discuss the treatment for major depressive disorder.
8. Describe the characteristic features and types of delusional disorder.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Neurotic anxiety
10. Asperger syndrome
11. Panic attack
12. Aversion therapy
13. Covert sensitization
14. Kinds of paranoia
15. Diagnostic features of narcissistic personality disorder
16. Dissociative amnesia
17. Diagnostic criteria of schizoid personality disorder
18. Clinical picture of children with PTSD

**PSYCHODIAGNOSTICS(MPCE-012)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-012
Assignment Code: MPCE-012/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 Marks

1. Describe the various data sources for psychological assessment.
2. Define creativity. Discuss the ways to assess creativity.
3. Describe any three projective tests.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 Marks

4. Discuss the types and disadvantages of direct observation.
5. How is therapy planned and conducted in a psychological treatment?
6. Discuss the characteristics of Stanford- Binet Test.
7. Explain Mental Status Examination as a diagnostic tool for a clinical psychologist.
8. How is psychodiagnostic assessment conducted of children?

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 Marks

9. Psychophysiological assessment
10. Ethical principles in using psychological tests
11. Application of psychodiagnostic testing
12. Use of test battery
13. Semi-structured interview
14. Referral question
15. Characteristics of tests of abstraction
16. Tests of Implicit Memory
17. California Psychological Inventory
18. Purpose of neuropsychological assessment

**PSYCHOTHERAPEUTIC METHODS (MPCE 013)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE 013
Assignment Code: MPCE 013/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Discuss the attachment based interventions for children.
2. Explain family therapy and describe the various models of family therapy.
3. Explain the application of cognitive behavior therapy in children.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Differentiate between Id, Ego and Superego.
5. Explain Freud's psychosexual stages and their implications for development.
6. Explain Jung's Analytical psychology.
7. Describe the techniques of IP therapy given by Klerman and Weissman.
8. Explain the seven inferential distortions of Beck.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Treatment principles of Solution focused therapy
10. Double-standard dispute as a CBT technique
11. Group therapy vs. Individual therapy
12. In groups and Out groups
13. Projective identification
14. Multisystemic therapy
15. Cognitive analytic therapy
16. Goals of therapy with dying persons
17. Five stages of dying by Kubler-Ross
18. Extinction vs Spontaneous recovery

**COUNSELLING PSYCHOLOGY (MPCE - 021)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-021
Assignment Code: MPCE-021/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Define counseling. Describe the process of developing and working in a counseling relationship.
2. Highlight the stages in the evolution of psychoanalysis. Describe the techniques of psychoanalytic therapy.
3. Describe the therapeutic process and goals of SFBT.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Explain the ego defense mechanisms with examples.
5. Discuss the goals and techniques of gestalt approach to counseling.
6. Describe the ethical principles of counseling.
7. Explain counseling for child abuse.
8. Explain addictive behavior and the process of developing addiction.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Counselling and Psychotherapy
10. ABC model of CBT
11. Aversion therapy
12. Empathy
13. Signs and symptoms of depression
14. Diagnosis of anorexia nervosa
15. Triggers of binge eating
16. Schizoid personality
17. Cyclothymic personality
18. Avoidant personality disorder

**ASSESSMENT IN COUNSELLING AND GUIDANCE (MPCE 022)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-022
Assignment Code: MPCE-012/ASST/TMA/2021-2022
Marks: 100**

**NOTE: All Questions Are Compulsory.
The answers are to be written in own words. Do not copy from the course material or any other source.**

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Explain the meaning of assessment complexities and describe prerequisite for assessment.
2. Elucidate Freudian Psychodynamic theory and Neo-Freudian psychodynamic theory.
3. Define guidance and counselling and discuss the characteristics of effective counsellor.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Elucidate the various areas of assessment.
5. Explain the basic concepts of person centered approach to assessment and counselling.
6. Discuss the techniques and objectives of narrative therapy.
7. Elucidate career planning.
8. Describe the basic steps in evaluation of guidance and counselling programme

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Empathy
10. The interview method
11. Cognitive errors
12. Identification data in case history
13. Mental status examination
14. Group counselling process
15. Decision making
16. The guidance calendar
17. School guidance programme
18. Context evaluation cycle

**INTERVENTIONS IN COUNSELLING (MPCE - 023)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Explain Freud's theory of personality and its implications for counseling.
2. Describe the goals of Interpersonal psychotherapy (IPT). Explain the four basic problem areas it addresses.
3. Critically discuss the solution focused counseling.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Explain gestalt approach to counseling.
5. Describe the techniques for helping children with learning disability.
6. Describe the behavioural disorders of childhood and adolescence.
7. Explain the principles of behaviour modification.
8. Explain the cognitive distortions with examples.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Separation anxiety
10. Token economy
11. ABCD sequence
12. Exception seeking
13. Structural approach to family counselling
14. Circular questioning
15. Unconditional positive regard
16. Sculpting
17. Five major categories of online counselling
18. Reality therapy

**ORGANISATIONAL DEVELOPMENT (MPCE-033)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-033
Assignment Code: MPCE-033/AST/TMA/2021-2022
Marks: 100**

**NOTE: All Questions Are Compulsory.
The answers are to be written in own words. Do not copy from the course material or any other source.**

SECTION A

Answer the following question in about 1000 words each **15x3=45 Marks**

1. Define organisational development and discuss its goals and characteristics.
2. Explain the concepts of participation and empowerment and describe the role of managers in participation and empowerment.
3. Explain the concept of change with a focus on various models of change.

SECTION B

Answer the following questions in about 400 words each **5x5=25 Marks**

4. Explain global orientation and multinational orientation.
5. Elucidate job designs
6. Explain the concept of team work and describe the various problems affecting team work.
7. Elucidate the normative re-educative strategy for change.
8. Describe the major families of OD intervention activities.

SECTION C

Answer the following in about 50 words each **10x3=30 Marks**

9. Action research
10. Total Quality Management
11. Organisational learning
12. Power-coercive approach
13. Types of evaluation
14. CIPP model of programme evaluation
15. Entry phase of diagnosis
16. Information based interventions
17. Management by Objectives
18. Coaching