

MPCE

**M.A. PSYCHOLOGY
SECOND YEAR COURSES
(MPCE)**

**Assignments
For July 2020 and January 2021
Sessions**



**Discipline of Psychology
School of Social Sciences (SOSS)
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

M.A. Psychology – IInd Year

MPCE - 011, 012, 013, 021, 022, 023, 031, 032, 033

Assignments – July 2020 and January 2021 Sessions

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) IInd year. Each assignment has three sections (A, B and C). Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2020 Session	31st March, 2021	The Coordinator of the Study Centre allotted to you
For January, 2021 Session	30th September, 2021	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment.

You will find it useful to keep the following points in mind:

- i. Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
- ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation

- iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
 5. ***Responses should be hand written.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
 6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
 7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
 8. Write the question number with each answer.
 9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
 10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
 11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**PSYCHOPATHOLOGY (MPCE 011)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-011
Assignment Code: MPCE-011/ASST/TMA/2020-21
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Define and explain pervasive developmental disorders.
2. Discuss the etiology and treatment of panic disorder.
3. Explain the clinical features, causes and treatment of borderline personality disorder.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Discuss the causes of intellectual disability (mental retardation).
2. Describe the prevention and treatment of post traumatic stress disorder.
3. Explain the symptoms of bipolar disorder highlighting the features of different episode.
4. Discuss the treatment for schizophrenia.
5. Differentiate between substance induced psychotic disorder and other psychotic disorders.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Dysthymic disorder
2. Seasonal affective disorder
3. Delusions
4. Positive symptoms and negative symptoms
5. Diagnostic features of histrionic personality disorder
6. Pain disorder
7. Mild mental retardation
8. Dissociative fugue
9. Eye movement desensitization and reprocessing
10. Post partum depression

**Psychodiagnostics (MPCE 012)
Tutor Marked Assignment (TMA)**

**Course Code: MPCE 012
Assignment Code: MPCE 012/ASST/TMA/2020-21
Marks: 100**

Note: All questions are compulsory.

SECTION-A

Answer the following questions in about 1000 words. 3 x 15=45 Marks

1. Differentiate between explicit memory and implicit memory. Discuss the tests for implicit memory.
2. Define psychodiagnostics. Discuss the data sources for psychological assessment.
3. Discuss the common fallacies in psychological assessment.

SECTION-B

5 x 5= 25 Marks

Answer the following questions in about 400 words.

4. Differentiate between psychological assessment and psychological testing. Discuss the purpose of psychological assessment.
5. Discuss the formats of self-report inventories.
6. Describe Mental Status Examination.
7. Discuss the various skills and techniques of interview.
8. Examine the controversies related to IQ testing.

SECTION-C

10 x 3= 30 Marks

Answer the following questions in about 50 words.

9. Unobtrusive observation
10. Stages in psychodiagnostics
11. Uses of test batteries
12. Crisis interview
13. Referral question in psychological report
14. Test of creative thinking
15. Wechsler Scale for Children
16. Clinical use of intelligence tests
17. Neuropsychological tests
18. Scoring of Rorschach test

**PSYCHOTHERAPEUTIC METHODS (MPCE 013)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE 013
Assignment Code: MPCE 013/ASST/TMA/2020-21
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Compare the structural and topographical model of personality.
2. Explain respondent conditioning and describe the phenomenon of extinction and counterconditioning.
3. Explain the nature of couples therapy and discuss the approaches to couples therapy.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Compare person centred and existential therapy.
5. Explain the ABC model of Ellis and dysfunctional thinking in the causation of human behaviour.
6. Describe the core conditions in Roger's therapy.
7. Explain projective identification.
8. Define integrative psychotherapy and provide historical overview of integrative psychotherapy movement.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Transference
10. Free association
11. Aversion therapy
12. Time limited dynamic psychotherapy
13. Motivational interviewing
14. Awfulising
15. Exception seeking
16. Immediacy
17. Marathon groups
18. Group therapy vs individual therapy

**COUNSELLING PSYCHOLOGY (MPCE - 021)
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: MPCE-021

Assignment Code: MPCE-021/ASST/TMA/2020-21

Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Compare and contrast Freudian and Adlerian approach in terms of their views of human nature, goals and role of counselor.
2. Describe the approaches to art therapy and steps in art therapy.
3. Explain the causes of personality disorders. Describe the clinical features of Type A personality disorders.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Explain the meaning and process of termination in counseling.
5. Explain the meaning and goals of transactional analysis.
6. Differentiate between psychodynamic therapy and psychoanalysis.
7. Describe the basic assumptions of solution focused counseling.
8. Describe the symptoms and discuss the causes of addiction.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Empathy
10. Self disclosure
11. Free association
12. Anxiety hierarchy
13. Cognitive errors in depression
14. Binge eating
15. Anorexia nervosa
16. Obsessive compulsive personality
17. Vulnerable child
18. Right to participation

**ASSESSMENT IN COUNSELLING AND GUIDANCE (MPCE 022)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-022
Assignment Code: MPCE-012/ASST/TMA/2020-2021
Marks: 100**

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the process and methods of psychological assessment.
2. Elucidate the narrative approach to assessment and counselling.
3. Explain the meaning and purpose of evaluation and describe various methods of evaluation.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Elucidate various errors in psychological assessment.
2. Discuss interview as a technique of assessment in counselling and guidance.
3. Describe the Freudian Psychodynamic theory.
4. Describe the characteristics of an effective counsellor.
5. Explain the need for guidance at micro and macro levels.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Active listening
2. Assessment of personality
3. Identification data in case history
4. Mental Status Examination
5. ABCDE model
6. Systematic desensitisation
7. Decision making
8. Positive health
9. Person centered approach
10. School guidance and counselling curriculum

**INTERVENTIONS IN COUNSELLING (MPCE - 023)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2020-21
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the meaning, important features and stages of interpersonal counseling.
2. Discuss the meaning, principles and steps in behavior modification.
3. Describe the principles of selection of members in group counseling. Explain the types of groups in counseling.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Discuss humanistic and existential counseling and therapy.
5. Describe the symptoms, causes and treatment of children with ADHD.
6. Explain the techniques for helping children with anxiety disorder.
7. Describe the stages in cognitive behavior therapy.
8. Discuss the stages in couple counseling.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Counselling and psychotherapy
10. Functional enuresis
11. Tics
12. Biofeedback
13. The miracle question
14. Technical eclecticism
15. Defense mechanisms
16. Dream analysis
17. Transference and counter transference
18. E counseling

**ORGANISATIONAL BEHAVIOR (MPCE 031)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE 031
Assignment Code: MPC 031/ASST/TMA/2020-21
Marks: 100**

NOTE: All Questions are compulsory.

Section A

Answer the following question in about 1000 words each. 15x3 = 45 marks

- 1 Discuss the five key principles of change management.
- 2 Explain the different content theories of motivation.
- 3 Discuss the different principles of learning.

Section B

Answer the following questions in about 400 words each. 5x5 = 25 marks

- 4 Discuss the relevance of team and the Twelve C's of team building.
- 5 Discuss the scope of organizational psychology.
- 6 Describe the steps and techniques of Conflict resolution.
- 7 Define leadership and discuss the various classification of leadership.
- 8 Discuss the scope and importance of organizational behaviour.

Section C

Answer the following in about 50 words each. 10x3 = 30 marks

- 9 Differences between Intrinsic and Extrinsic motivation
- 10 Inoculation
- 11 Relationship between motivation and performance
- 12 Cognitive Mapping
- 13 Quality Control Circles
- 14 Psychological Contract
- 15 Intellectual leadership
- 16 Dysfunctional Behaviour
- 17 Issues of managing change
- 18 Work-Life Balance

**HUMAN RESOURCE MANAGEMENT (MPCE 032)
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: MPCE 032

Assignment Code: MPCE 032/ASST/TMA/2020-21

Marks: 100

NOTE: All Questions are compulsory.

Section A

Answer the following question in about 1000 words each. 15x3 = 45 marks

- 1 Elucidate upon the different approaches towards managing diversity in organisations.
- 2 Explain the ways and relevance of managing time and anger.
- 3 Elaborate upon the process, benefits and methods of performance appraisal systems in organisations.

Section B

Answer the following questions in about 400 words each. 5x5 = 25 marks

- 4 Discuss the various dilemmas being faced by Human Resources (HR) Head due to globalization.
- 5 Discuss the ways through which work place violence can be prevented.
- 6 Describe the principles of management.
- 7 Elaborate upon the various methods of training and development of employees in organizations.
- 8 Discuss the factors affecting HR management in Global Market.

Section C

Answer the following in about 50 words each. 10x3 = 30 marks

- 9 Cross cultural training.
- 10 Methods of Need assessment.
- 11 Virtual Reality.
- 12 Aims of HR planning.
- 13 Corporate Social Responsibility.
- 14 Cognitive Dissonance.
- 15 Person-Job Fit.
- 16 National Commission for women.
- 17 Work place bullying.
- 18 Human rights violation.

**ORGANISATIONAL DEVELOPMENT (MPCE-033)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPCE-033
Assignment Code: MPCE-033/AST/TMA/2020-2021
Marks: 100**

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION A

Answer the following question in about 1000 words each

15x3=45 Marks

1. Discuss the nature of organizational development.
2. Elucidate organisational learning and discuss parallel learning strategies.
3. Explain the concept of diagnosis and discuss its phases.

SECTION B

Answer the following questions in about 400 words each

5x5=25 Marks

1. Discuss the goals and importance of organisational development.
2. Explain action research with a focus on its major theories.
3. Discuss the benefits, process and determinants of empowerment.
4. Explain any three models of change.
5. Discuss the classification of organisational development interventions based on target groups.

SECTION C

Answer the following in about 50 words each

10x3=30 Marks

1. Organisational culture
2. Values
3. Multinational orientation
4. First order and second order change
5. Human relations approach to job design
6. Participation
7. The Power-Coercive Approach
8. Formative and summative evaluation
9. Appreciative Inquiry
10. Mentoring