

BPC

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

**B.A. IIIrd Year
(BPCE – 011, 013, 014, 015, 017, 018, 019, 021)**

For July 2020 and January 2021



**Discipline of Psychology
School of Social Sciences (SOSS)
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

BACHELOR'S DEGREE PROGRAMME (BDP)
B.A. 3rd Year (BPCE – 011, 013, 014, 015, 017, 018, 019, 021)
Tutor Marked Assignment
July 2020 and January 2021

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Bachelor's Degree Programme in Psychology IIIrd year. Each assignment has three sections (A, B and C).

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Last date for submission of assignment is

31st March, 2021 for the students appearing in the **June 2021 Term End Examination**

30th September, 2021 for the students appearing in **December 2021 Term End Examination**

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment.

You will find it useful to keep the following points in mind:

- i. Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
- ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation

- iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
 5. ***Responses should be hand written.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
 6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
 7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
 8. Write the question number with each answer.
 9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
 10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
 11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**BPCE 011 : School Psychology
Tutor Marked Assignment (TMA)**

**Course Code: BPCE 011
Assignment Code: BPCE 011/ASST/TMA/2020-21
Marks: 100**

Note: All questions are compulsory

SECTION-A

Answer the following questions in about 1000 words. 3 x 15=45 Marks

1. Discuss the major behavioural disorders in children.
2. Explain the principles to be a successful play therapist. Discuss the effectiveness of play therapy.
3. Discuss the goals and major domains of school psychology.

SECTION-B

5 x 5= 25 Marks

Answer the following questions in about 400 words.

4. Discuss the role of biological factors in the etiology of abnormal behavior.
5. Explain family therapy as a counselling approach for behavioral problems.
6. Define exceptional children. Discuss the types of exceptional children.
7. Explain the assumptions and therapeutic process of solution-focused therapy.
8. Describe Jung's approach to art therapy.

SECTION-C

10 x 3= 30 Marks

Answer the following questions in about 50 words.

9. Developmental psychopathology
10. Referrals and coaching
11. Asperger's disorder
12. Assumptions of narrative therapy
13. Characteristics of slow learning
14. Special education
15. Life span development
16. Characteristics of learning disability
17. Conduct Disorder
18. Risk factors for behavioural disorders

**BPCE 013 : MOTIVATION AND EMOTION
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE 013
Assignment Code: BPCE 13/ASST/TMA/2020-21
Marks: 100**

NOTE: All Questions are compulsory.

Section A

Answer the following question in about 1000 words each. 15x3 = 45 marks

1. Elaborate upon the different content theories of motivation.
2. Discuss the different approaches to affection. Explain the relationship between emotion and thought.
3. Explain the different types and symptoms of anxiety.

Section B

Answer the following questions in about 400 words each. 5x5 = 25 marks

4. Elaborate upon the individual factors that influence intrinsic motivation.
5. Describe the issues related to curiosity.
6. Discuss the social theories of emotion.
7. Explain the influence of physiology towards emotion.
8. Discuss the different types of basic and derivative emotions.

Section C

Answer the following in about 50 words each. 10x3 = 30 marks

9. Emotional competency
10. Exhaustion stage of GAS
11. Corporate culture
12. Self Enhance motivation
13. Incentive motivation
14. Kinds of curiosity
15. Differences between emotions and feelings
16. Psychogenic needs
17. Responses to stress
18. Factors influencing arousal

**BPCE 014 : PSYCHOPATHOLOGY
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-014
Assignment Code: BPCE-014/ASST/TMA/2020-21
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the psychological factors in psychopathology.
2. Highlight the objectives of psychological testing. Describe the major types of psychological tests.
3. Differentiate between conduct disorder and oppositional defiant disorder. Discuss the causes of conduct disorder.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Explain the purpose of classification in psychopathology and describe the types of classification.
5. Differentiate between post traumatic stress disorder and acute stress disorder.
6. Explain the types of somatoform disorders.
7. Describe the symptoms of schizophrenia.
8. Explain the cluster B personality disorders.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Profound mental retardation
10. Adaptive functioning
11. Childhood disintegrative disorder
12. Clinical features of autism
13. Relationship between anxiety and performance
14. Dissociative amnesia
15. Symptoms of paranoid schizophrenia
16. Avoidant personality disorder
17. Psychoeducation
18. Seasonal affective disorder

**BPCE 015 : INDUSTRIAL AND ORGANISATIONAL PSYCHOLOGY
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: BPCE-015

Assignment Code: BPCE 015/ASST/TMA/2020-21

Marks: 100

NOTE: All Questions are compulsory.

Section A

Answer the following question in about 1000 words each.

15x3 = 45 marks

- 1 Explain the different models of occupational stress.
- 2 Describe the multidisciplinary approaches of Industrial/Organisational Psychology.
- 3 Explain the process and content theories of motivation.

Section B

Answer the following questions in about 400 words each.

5x5 = 25 marks

4. Discuss the organizational applications of behavior modifications.
5. Describe the factors leading to workforce diversity.
6. Explain the model of Accident Phenomenon.
7. Discuss the criteria and relevance of performance appraisal system in organizations.
8. Discuss the individual level of psychological intervention for the development of organisation.

Section C

Answer the following in about 50 words each.

10x3 = 30 marks

- 9 Human Resource functions
- 10 Need for organizational development
- 11 Role and functions of manager
- 12 Health effect of shift work
- 13 Ergonomics
- 14 Types of interview
- 15 Emotional intelligence
- 16 Locus of control
- 17 Human Relations movement
- 18 Organisational change

**BPCE 017 : INTRODUCTION TO COUNSELLING PSYCHOLOGY
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-017
Assignment Code: BPCE-017/ASST/TMA/2020-21
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Define counseling. Discuss the characteristics of a counseling relationship highlighting the therapeutic climate.
2. Explain the use of ego defense mechanisms with suitable examples for each.
3. Discuss the techniques of family counseling.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Explain communication skills as an important counseling skill.
5. Explain the humanistic therapies.
6. Differentiate between direct and indirect approach of counseling.
7. Discuss the main features of cognitive theory of counseling.
8. Describe the different types of questions used during counseling.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Confidentiality
10. Pleasure principle vs. reality principle
11. Transference vs. counter transference
12. Centripetal and centrifugal periods in family life
13. Cognitive distortions
14. Schemas
15. Aversive conditioning
16. Triangular relationships
17. Family life cycle
18. Enmeshment

**BPCE-018 : NEUROPSYCHOLOGY
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-018
Assignment Code: BPCE-018/AST/TMA/2020-2021
Marks: 100**

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. Describe various cognitive functions.
2. Describe forebrain and midbrain with the help of suitable diagrams.
3. Describe the disorders of motor neurons and the spinal cord and disorders of sleep.

SECTION B

Answer the following questions in about 400 words each.

5x5=25 Marks

1. Define neuropsychology and discuss neuropsychological test selection.
2. Discuss general principles of neuropsychological assessment of older children.
3. Describe Luria- Nebraska Neuropsychological battery.
4. Explain the three principal neurotransmitters systems found in the brain.
5. Elucidate consciousness.

SECTION C

Answer the following in about 50 words each.

10x3=30 Marks

1. Neurobiology and neuropsychology
2. Trepanation
3. Phrenology
4. Behavioural observations
5. The Halstead Category Test and the Halstead Tactual Performance Test
6. Behavioural neuropsychology
7. Chromosome
8. Different types of neurons
9. Long Term Potentiation (LTP)
10. Vascular disorders

**BPCE 019 : Environmental Psychology
Tutor Marked Assignment (TMA)**

**Course Code: BPCE 019
Assignment Code: BPCE 001/ASST/TMA/2020-21
Marks: 100**

Note: All questions are compulsory.

SECTION-A

Answer the following questions in about 1000 words. 3 x 15=45 Marks

1. Define environmental psychology. Discuss the role and scope of environmental psychology.
2. Do some designs in health care settings promote more efficient performance? Discuss.
3. Explain environmental perception. Discuss the relationship between environmental perception and environmental situation.

SECTION-B

5 x 5= 25 Marks

Answer the following questions in about 400 words.

4. Elucidate personal space. Discuss the main features of personal space and bubble.
5. Discuss the functions and types of residential settings.
6. Explain the factors that affect workplace performance.
7. Critically examine open classroom design.
8. Explain the relationship between environmental quality and place attachment.

SECTION-C

10 x 3= 30 Marks

Answer the following questions in about 50 words.

9. Cognitive map
10. Different types of attitudes towards environmental issues
11. Residential Quality Index
12. Place memory
13. Disaster and stress related physical symptoms
14. Man's impact on environment
15. India and urban public space
16. Naturalistic observation
17. Aggression and crowding
18. Types of defense

**BPCE-021 : FORENSIC PSYCHOLOGY
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: BPCE-021

Assignment Code: BPCE-021/AST/TMA/2020- 2021

Marks: 100

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION A

Answer the following question in about 1000 words each 15x3=45 Marks

1. Describe the role of a forensic psychologist.
2. Discuss personality testing in the context of forensic psychology
3. Discuss the definition and meaning offender/ criminal and explain the risk factors which contribute to a young person becoming a deviant or a criminal.

SECTION B

Answer the following questions in about 400 words each

5x5=25 Marks

1. Discuss the relationship between forensic psychology and clinical psychology.
2. Define eyewitness and explain the nature of eyewitness testing.
3. Discuss the traditional and modern theories of crime.
4. Elucidate police stress.
5. Describe the tools and methods used by forensic psychologists in India.
6. Discuss the intervention strategies for offenders.

SECTION C

Answer the following in about 50 words each

10x3=30 Marks

1. Forensic psychology
2. Verbal crime and White collar crime
3. The criminal law
4. Social Learning Approach
5. Rational Choice Theory
6. Legal insanity
7. Malingering
8. Mental Status Examination
9. The Hindu Adoption and Maintenance Act, 1956
10. Family Courts in India