

**MPCE**

**M.A. PSYCHOLOGY  
SECOND YEAR COURSES  
(MPCE)**

**Assignments  
For July 2019 and January 2020  
Sessions**



**Discipline of Psychology  
School of Social Sciences (SOSS)  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110 068**

## **M.A. Psychology – IInd Year**

**MPCE - 011, 012, 013, 021, 022, 023, 031, 032, 033**

**Assignments – July 2019 and January 2020 Sessions**

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) IInd year. Each assignment has three sections (A, B and C). Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

### **Submission**

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

<b>Session</b>	<b>Last Date of Submission</b>	<b>To be Sent</b>
<b>For July, 2019 Session</b>	<b>31<sup>st</sup> March, 2020</b>	<b>The Coordinator of the Study Centre allotted to you</b>
<b>For January, 2020 Session</b>	<b>30<sup>th</sup> September, 2020</b>	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

## INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

<b>Enrolment No</b> .....
<b>Name</b> .....
<b>Address</b> .....
<b>Signature</b> .....
<b>Date</b> .....
<b>Programme Title</b> .....
<b>Course Code &amp; Title</b> .....
<b>Assignment Code</b> .....
<b>Programme Study Centre/Study Centre</b> .....

- All Tutor Marked Assignments are to be submitted at the study centre assigned to you.
2. Read the assignments carefully and follow the instructions if any given on the assignment.
  3. We expect you to answer each question as per guidelines mentioned in the assignment.

You will find it useful to keep the following points in mind:

- i. Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
- ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
  - a) is logical and coherent;
  - b) has clear connections between sentences and paragraphs;
  - c) is written correctly giving adequate consideration to your expression, style and presentation

- iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
  5. ***Responses should be hand written.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
  6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
  7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
  8. Write the question number with each answer.
  9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
  10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
  11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

**Please ensure the following before submitting your assignment:**

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

**WISH YOU ALL THE BEST**

**DISCIPLINE OF PSYCHOLOGY  
SOSS, IGNOU, NEW DELHI**

**MPCE - 011 : PSYCHOPATHOLOGY**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE-011**  
**Assignment Code: MPCE-011/ASST/TMA/2019-20**  
**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Describe the clinical features of obsessive compulsive disorder (OCD). Explain various biological and psychological factors causing OCD.
2. Discuss the causes and treatment of phobic disorder.
3. Describe the symptoms of mild depressive disorder. Differentiate it from major depressive disorder.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Provide the clinical picture of Attention deficit hyperactive disorder.
5. Differentiate between conduct disorder and oppositional defiant disorder.
6. Discuss the etiology of schizophrenia.
7. Describe the characteristic features and types of paranoia.
8. Explain and differentiate between Cluster B and Cluster C personality disorders.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Panic attack
10. Hypochondriasis
11. Separation anxiety disorder
12. Profound mental retardation
13. Biofeedback
14. Delusion of grandeur
15. Diagnostic features of Narcissistic personality disorder
16. Parenting styles
17. Group therapy
18. Tick disorders

**MPCE - 012 : PSCHODIAGNOSTICS**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE 012**  
**Assignment Code: MPCE 012/ASST/TMA/2019-20**  
**Marks: 100**

**Note: All questions are compulsory**

**SECTION-A**

**Answer the following questions in about 1000 words.**

**3 x 15 = 45 Marks**

1. Explain the relationship between personality and psychological functioning. Discuss the measures of personality and psychological functioning.
2. Describe in detail *Thematic Apperception Test*.
3. Discuss assessment in clinical psychology.

**SECTION-B**

**Answer the following questions in about 400 words.**

**5 x 5 = 25 Marks**

4. Define psychodiagnostics. Explain variable domains of psychological assessment.
5. Explain ethical issues in psychological assessment.
6. Discuss the skills and techniques involved in assessment interview.
7. Explain the application of psychodiagnostic testing. Differentiate between predictive assessment and descriptive assessment.
8. Differentiate between explicit and implicit memory. Explain the assessment of different memory systems.

**SECTION-C**

**Answer the following questions in about 50 words.**

**10 x 3 = 30 Marks**

9. Psychophysiological data
10. Perfect conditions fallacy
11. Test batteries
12. Mental Status Examination
13. Cognitive assessment
14. Structure of Intellect Model
15. Wechsler Scales for Children
16. Neuropsychological assessment
17. Differential Ability Scales
18. NEOPI Inventory

**MPCE - 013 : PSYCHOTHERAPEUTIC METHODS**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE 013**  
**Assignment Code: MPCE 013/ASST/TMA/2019-20**  
**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Critically discuss Freudian psychoanalytic theory.
2. Explain the key concepts of person centred therapy.
3. Discuss the characteristics and techniques of interpersonal psychotherapy.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Explain the attachment theory.
5. Explain play therapy as a psychological treatment of mental disorders.
6. Describe the characteristics of behavior modification.
7. Define family therapy and discuss the techniques of family therapy.
8. Discuss psychotherapy for people in middle adulthood.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Technical neutrality
10. Systematic desensitization
11. Token economy
12. Extinction
13. ABC model
14. Core beliefs
15. Five stages of dying by Kubler Ross
16. Life review therapy
17. Miracle question
18. Goals of therapy with dying persons

**MPCE - 021 : COUNSELLING PSYCHOLOGY**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE-021**  
**Assignment Code: MPCE-021/ASST/TMA/2019-20**  
**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Explain the importance of rapport in counseling. Discuss the stages of counseling with the help of a suitable case example.
2. Discuss the goals, principles and techniques in the Gestalt approach of counseling.
3. Describe the process and techniques of drama therapy.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Differentiate among guidance, counseling and psychotherapy.
5. Explain the ego defense mechanisms with examples.
6. Explain the A B C D E F model.
7. Explain the ethical principles of counseling.
8. Describe the questioning techniques in solution focused counseling.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Cognitive disputation
10. Reinforcement
11. Congruence
12. Right to survival
13. Symptoms of addiction
14. Vocational counseling
15. Signs and symptoms of HIV/AIDS
16. Schizoid personality disorder
17. Transgender
18. Bulimia nervosa

**MPCE - 022 : ASSESSMENT IN COUNSELLING AND GUIDANCE  
Tutor Marked Assignment (TMA)**

**Course Code: MPCE-022  
Assignment Code: MPCE-022/ASST/TMA/2019-2020  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Discuss the principles and methods of assessment.
2. Elucidate the person centered approach to assessment and counseling.
3. Define guidance and counseling and describe the characteristics of an effective counselor.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Describe the process of assessment in counseling.
5. Discuss the techniques of narrative counseling.
6. Explain group counseling process
7. Discuss the assumptions and principles of guidance and counseling.
8. Explain the characteristics, goals and types of evaluation.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Psychological assessment
10. Intelligence test
11. Pre-counselling interview
12. Structured Interviews
13. Dichotomous thinking and overgeneralization
14. Behavioural counseling
15. Career planning
16. School Guidance programme
17. Developmental tasks for early and middle childhood
18. Personnel evaluation

**MPCE – 023 : INTERVENTIONS IN COUNSELLING**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE-023**

**Assignment Code: MPCE-023/ASST/TMA/2019-20**

**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. Explain the main features of person centred and gestalt therapy.
2. Define learning disability. Describe the techniques for helping children with learning disability.
3. Discuss the concept of integrative counseling. Explain the potential and limitations of integrative counseling.

**SECTION – B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 marks**

4. Discuss Freud's theory of personality.
5. Describe the principles of short term counseling.
6. Explain systematic desensitization with a suitable example.
7. Explain fully functioning person. Describe the conditions for effective client centred counseling.
8. Discuss the applications of cognitive therapies in clinical setting.

**SECTION – C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 marks**

9. Selective mutism
10. Sleep walk
11. Unconditional positive regard
12. Object relation theory
13. Genogram
14. Sculpting
15. Paraphrasing
16. Termination
17. Ethical issues in E-counselling
18. Encounter groups

**MPCE - 031 : ORGANISATIONAL BEHAVIOR**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE 031**  
**Assignment Code: MPC 031/ASST/TMA/2019-20**  
**Marks: 100**

**NOTE: All Questions are Compulsory**

**SECTION A**

**Answer the following question in about 1000 words each** **15 x 3 = 45 Marks**

- 1 Discuss the concept and scope of organisational psychology .
- 2 Discuss the fundamental concepts of organisational behavior.
- 3 Elaborate the nature, meaning, antecedents, outcomes and measurement of job satisfaction.

**SECTION B**

**Answer the following questions in about 400 words each** **5 x 5 = 25 Marks**

- 4 Discuss the concept of organizational behavior in Indian context.
- 5 Compare and contrast the various models of organisational behavior.
- 6 Explain the methods of creating an effective team.
- 7 Describe the relationship between motivation and performance. Discuss the importance of motivation in organisations.
- 8 Discuss any two process theories of motivation.

**SECTION C**

**Answer the following in about 50 words each** **10 x 3 = 30 Marks**

- 9 Goals of organisational behaviour.
- 10 Extinction.
- 11 Components of organizational commitment.
- 12 Principles of conflict resolution.
- 13 Types of team.
- 14 Change management.
- 15 Intellectual leadership.
- 16 Work motivation
- 17 Organisational behavior management.
- 18 Quality Control Circles.

**MPCE - 032 : HUMAN RESOURCE MANAGEMENT**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE 032**

**Assignment Code: MPCE 032/ASST/TMA/2019-20**

**Marks: 100**

**NOTE: All Questions are Compulsory**

**SECTION A**

**Answer the following question in about 1000 words each.**

**15 x 3 = 45 Marks**

- 1 Elucidate the roles and relevance of personality, attitude, perception and creativity of people in organization.
- 2 Discuss the various dilemmas being faced by Human Resources (HR) Head due to globalization. Mention the steps that should be taken by the HR managers towards the globalization and the future roles of HR professionals.
- 3 Discuss the types and effects of workplace violence and the ways with which it can be prevented. Elaborate the concept and types of work place harassment.

**SECTION B**

**Answer the following questions in about 400 words each.**

**5 x 5 = 25 Marks**

- 4 Discuss the theoretical perspectives and approaches towards Strategic HR management.
- 5 Discuss the various employee choice plans.
- 6 Explain the ways and relevance of managing anger.
- 7 Elaborate upon the various behavioural methods of training and development of employees in organizations.
- 8 Discuss the relevance, goals and phases of cross cultural training.

**SECTION C**

**Answer the following in about 50 words each.**

**10 x 3 = 30 Marks**

- 9 Talent Inventory.
- 10 Absenteeism.
- 11 Voice training.
- 12 General problems of management.
- 13 Evaluation of training programme.
- 14 Club organisation.
- 15 Corporate Social Responsibility.
- 16 National Commission for women.
- 17 Corporate Counseling.
- 18 Competency Mapping.

**MPCE - 033 : ORGANISATIONAL DEVELOPMENT**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE-033**  
**Assignment Code: MPCE-033/AST/TMA/2019-2020**  
**Marks: 100**

**NOTE: All Questions are Compulsory**

**SECTION A**

**Answer the following question in about 1000 words each** **15 x 3 = 45 Marks**

1. Discuss the nature of organizational development.
2. Elucidate the concepts of participation and empowerment. Explain the role of managers in participation and empowerment.
3. Explain various models of change. .

**SECTION B**

**Answer the following questions in about 400 words each** **5 x 5 = 25 Marks**

4. Describe process consultation.
5. Discuss problems affecting team work.
6. Explain initial diagnosis.
7. Elucidate the major families of organizational development intervention.
8. Describe coaching and counseling.

**SECTION C**

**Answer the following in about 50 words each** **10 x 3 = 30 Marks**

9. Global orientation
10. Engineering approach to job design
11. Second order change in organizational development
12. Problem solving team
13. Role Analysis Techniques
14. Jack Philip ROI model
15. Cultural analysis
16. T group
17. High potential mentorship
18. Parallel learning structures