

BPC

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

**B.A. IIIrd Year
(BPCE – 011, 013, 014, 015, 017, 018, 019, 021)**

For July 2019 and January 2020



**Discipline of Psychology
School of Social Sciences (SOSS)
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

BACHELOR'S DEGREE PROGRAMME (BDP)
B.A. 3rd Year (BPCE – 011, 013, 014, 015, 017, 018, 019, 021)
Tutor Marked Assignment
July 2019 and January 2020

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Bachelor's Degree Programme in Psychology IIIrd year. Each assignment has three sections (A, B and C).

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2019 Session	31st March, 2020	The Coordinator of the Study Centre allotted to you
For January, 2020 Session	30th September, 2020	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

- All Tutor Marked Assignments are to be submitted at the study centre assigned to you.
2. Read the assignments carefully and follow the instructions if any given on the assignment.
 3. We expect you to answer each question as per guidelines mentioned in the assignment.

You will find it useful to keep the following points in mind:

- i. Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
- ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation

- iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
 5. ***Responses should be hand written.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
 6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
 7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
 8. Write the question number with each answer.
 9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
 10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
 11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

BPCE 011 : SCHOOL PSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE 011

Assignment Code: BPCE 011/ASST/TMA/2019-20

Marks: 100

Note: All questions are compulsory

SECTION-A

Answer the following questions in about 1000 words.

3 x 15 = 45 Marks

1. Discuss the role and functions of school psychologists.
2. Describe the biological and psychological factors of life span development.
3. Elucidate the treatment and management of behavioural disorders.

SECTION-B

Answer the following questions in about 400 words.

5 x 5 = 25 Marks

4. Elucidate the significance of child rearing and behavioural problems.
5. Describe the techniques for conducting functional behavioural assessment.
6. Discuss the etiology of Attention Deficit Hyperactivity Disorder and Conduct Disorder.
7. Explain the causes and types of learning disability.
8. Discuss the therapeutic techniques in Solution-focused therapy.

SECTION-C

Write brief notes on the following in about 50 words.

10 x 3 = 30 Marks

9. Separation anxiety disorder
10. Depression in children
11. Connors Rating Scale
12. Emotionally disturbed child
13. Causes of slow learning
14. Special education
15. Humanistic approach to art therapy
16. Externalisation
17. Important features of play therapy
18. Educational and vocational training for Intellectual Disability (mental retardation)

BPCE 13 : MOTIVATION AND EMOTION
Tutor Marked Assignment (TMA)

Course Code: BPCE 13

Assignment Code: BPCE 13/ASST/TMA/2019-20

Marks: 100

NOTE: All Questions are Compulsory

SECTION A

Answer the following question in about 1000 words each.

15 x 3 = 45 Marks

- 1 Discuss the concept of motivation. Elaborate the individual as well as interpersonal factors of motivation.
- 2 Elucidate the Selye's General Adaptation Syndrome model (GAS). Discuss the concept of adaptation energy and methods to reduce the exhaustion stage of GAS.
- 3 Discuss the concept, types, characteristics, components and changes in emotions.

SECTION B

Answer the following questions in about 400 words each.

5 x 5 = 25 Marks

- 4 Discuss the concept of emotion and basic issues involved with it.
- 5 Describe the characteristics of motivation and categories of motives.
- 6 Discuss the models of needs.
- 7 Explain any two theories of emotion.
- 8 Discuss the role of cognition towards emotion.

SECTION C

Answer the following in about 50 words each.

10 x 3 = 30 Marks

- 9 Achievement motivation.
10. Differences between emotions and feelings.
11. Primary drives and secondary drives.
12. Signs of affection.
13. Methods to increase intrinsic motivation.
14. Curiosity and culture.
15. Characteristics of arousal.
16. Stressors.
17. Martens' Multidimensional Anxiety Theory.
18. Emotional competency.

BPCE-014 : PSYCHOPATHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE-014
Assignment Code: BPCE-014/ASST/TMA/2019-20
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Explain the concept of normality and abnormality.
2. Specify the basic requirements of assessment measures. Explain the formats and types of clinical interview.
3. Discuss the etiology and treatment of attention deficit and hyperactivity disorder.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Discuss the role of sociocultural factors in causing psychopathology.
5. Explain the meaning of projective tests and give examples of two projective tests.
6. Discuss the causal factors in autism.
7. Describe the common symptoms of anxiety disorders. Explain a panic attack.
8. Explain obsessive and compulsive disorder.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. The diathesis-stress model
10. Oppositional defiant disorder
11. Mild mental retardation
12. Post traumatic stress disorder
13. Binge eating disorder
14. Dissociative fugue
15. Positive and negative symptoms
16. Catatonic schizophrenia
17. Post partum depression
18. Bipolar disorder – I

BPCE-015 : INDUSTRIAL AND ORGANISATIONAL PSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE-015

Assignment Code: BPCE 015/ASST/TMA/2019-20

Marks: 100

NOTE: All Questions are Compulsory

SECTION A

Answer the following question in about 1000 words each.

15 x 3 = 45 Marks

- 1 Discuss the major fields of Industrial and Organisational (I/O) psychology. Explain the various methods of research used in I/O psychology.
- 2 Elaborate upon the organizational applications of behavior modifications. Explain the steps involved in behavioral management.
- 3 Discuss the process consultation as a group level intervention for the development of organizations.

SECTION B

Answer the following questions in about 400 words each.

5 x 5 = 25 Marks

- 4 Discuss the various component criterion of performance appraisal system.
- 5 Discuss the contribution of the studies with reference to Human Relations movement.
- 6 Explain the content theories of motivation.
- 7 Discuss the impact of job satisfaction on work outcomes.
- 8 Discuss the causal factors of stress at organizational level.

SECTION C

Answer the following in about 50 words each.

10 x 3 = 30 Marks

- 9 Individual difference.
- 10 Accident proneness.
- 11 Workforce diversity.
- 12 Intervention strategies.
- 13 Work place behaviour.
- 14 Human Resource Development.
- 15 Stress.
- 16 Purpose of psychological test.
- 17 Job redesign.
- 18 Total Quality Management.

BPCE-017 : INTRODUCTION TO COUNSELLING PSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE-017
Assignment Code: BPCE-017/ASST/TMA/2019-20
Marks: 100

NOTE: All questions are compulsory.

SECTION A

Answer the following question in about 1000 words each. 15 x 3 = 45 Marks

1. Discuss the ethical considerations in counseling. Describe the conditions under which there are exceptions to ethical principles.
2. Provide a critical comparison of psychodynamic and humanistic therapies to counseling.
3. Explain the theories of family counseling.

SECTION B

Answer the following questions in about 400 words each. 5 x 5 = 25 Marks

4. Explain therapeutic climate. Discuss the barriers to communication in counseling.
5. Describe the goals of counseling.
6. Elucidate the basic skills in counseling with suitable examples.
7. Explain the different ways of counseling adolescents.
8. Explain the communication patterns within families.

SECTION C

Answer the following in about 50 words each. 10 x 3 = 30 Marks

9. Positive data log
10. Non-verbal communication
11. Transpersonal psychology
12. Rapport establishment
13. Self disclosure
14. Super ego
15. Denial
16. Latency stage
17. Validity testing
18. Guidance vs. counseling

BPCE-018 : NEUROPSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE-018

Assignment Code: BPCE-018/AST/TMA/2019-2020

Marks: 100

NOTE: All Questions are Compulsory.

SECTION A

Answer the following question in about 1000 words each.

15 x 3 = 45 Marks

1. Describe the historical perspective of neuropsychology
2. What is behavioural neuropsychology? Discuss the techniques used in the cognitive retraining.
3. Describe brain and its parts with the help of a diagram.

SECTION B

**Answer the following questions in about 400 words each.
(wherever applicable) each**

5 x 5 = 25 Marks

4. Elucidate the approaches and goals of neuropsychological assessment.
5. Describe the influence of genes on behavior and attitudes.
6. Discuss the relationship between mind and brain.
7. Define consciousness and explain its functions.
8. Describe the disorders of motor neurons and spinal cord.

SECTION C

Answer the following in about 50 words each.

10 x 3 = 30 Marks

9. Cognitive psychology and neuropsychology
10. Wisconsin Card sorting test (WCST)
11. The NIMHANS Neuropsychological Battery
12. Brain fitness
13. Gillingham method or Phonetic method
14. Cerebral Hemispheres
15. Thalamus and hypothalamus
16. Adenosine and Neurotensin
17. Somatic marker hypothesis
18. Epilepsy

BPCE 019 : ENVIRONMENTAL PSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE 019

Assignment Code: BPCE 019/ASST/TMA/2019-20

Marks: 100

Note: All questions are compulsory

SECTION A

Answer the following question in about 1000 words each.

15 x 3 = 45 Marks

1. Define territoriality. Discuss the factors affecting territoriality.
2. Discuss the functions and use of urban public space.
3. Define environmental psychology. Discuss its application.

SECTION B

Answer the following questions in about 400 words each.

5 x 5 = 25 Marks

4. Discuss the effect of crowding on social behavior and motivation.
5. Explain the relationship between environmental perception and environmental situation.
6. Elucidate the role of urban design in social justice.
7. Discuss human rights with regard to environment.
8. Explain environmental factors for designing health care settings.

SECTION C

Answer the following in about 50 words each.

10 x 3 = 30 Marks

9. Crowding and density
10. Ecological psychology
11. Neuropsychological explanation and personal space.
12. Residential satisfaction
13. Open-plan classroom
14. Social climate dimensions in educational setting
15. Proxemics
16. Place identity
17. Place memory
18. Cognitive map

BPCE-021 : FORENSIC PSYCHOLOGY
Tutor Marked Assignment (TMA)

Course Code: BPCE-021

Assignment Code: BPCE-021/AST/TMA/2019-2020

Marks: 100

NOTE: All questions are compulsory

SECTION A

Answer the following question in about 1000 words each.

15 x 3 = 45 Marks

1. Differentiate between criminal and forensic psychology. Discuss in detail the practice of forensic psychology.
2. Describe various approaches to the causes of criminal behavior.
3. What is eyewitness assessment? Discuss the tools and methods used by forensic psychologists in India.

SECTION B

Answer the following questions in about 400 words each.

5 x 5 = 25 Marks

4. Elucidate the key people in the history of forensic psychology.
5. Define crime and explain when an act is considered as crime.
6. Describe Minnesota Multiphasic Personality Inventory and Personality Inventory- Revised (NEO PI- R).
7. Discuss in detail the role of police.
8. Discuss ethics in forensic psychology.

SECTION C

Answer the following in about 50 words each.

10 x 3 = 30 Marks

9. Clinical-Forensic Psychology
10. Police Psychology
11. Organised crime and serial crime
12. Paranoid Personality Disorder
13. Victimless crime
14. Mentally disabled person as a witness
15. Family courts in India
16. Police suicide
17. Juvenile delinquency
18. Cognitive Interview