

MPCE

**M.A. PSYCHOLOGY
SECOND YEAR COURSES**

(MPCE)

**Assignments
For July 2018 and January 2019
Sessions**



**Discipline of Psychology
School of Social Sciences (SOSS)
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

M.A. Psychology – IInd Year
MPCE-011, 012, 013
MPCE-021, 022, 023
MPCE-031, 032, 033

Assignments – July 2018 and January 2019 Sessions

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) IInd year. Each assignment has three sections (A, B and C). Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2018 Session For January, 2019 Session	31st March, 2019 30th September, 2019	The Coordinator of the Study Centre allotted to you

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No	
Name	
Address	
Signature	
Date	
	Programme Title
	Course Code & Title
	Assignment Code
	Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - i. **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - ii. **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
 - iii. **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
5. **Responses should be hand written.** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**PSYCHOPATHOLOGY (MPCE 011)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-011
Assignment Code: MPCE-011/ASST/TMA/2018-19
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the psychosocial and socio-cultural causes of psychopathology.
2. Discuss the causes and treatment of Post Traumatic Stress Disorder.
3. Discuss the diagnostic criteria, causes and treatment of schizoid personality disorder.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Explain autism spectrum disorder and differentiate it from asperger's syndrome.
2. Describe the approaches to the classification of psychopathology.
3. Discuss the etiology of dissociative disorders.
4. Explain body dysmorphic disorder.
5. Describe the symptoms and classification of bipolar disorder.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Dissociative fugue
2. Pain disorder
3. Aversion therapy
4. Delusions
5. Negative symptoms in psychotic disorders
6. Religious paranoia
7. Family therapy
8. Antisocial personality disorder
9. Cognitive behavioural therapy
10. Parathyroid disorder

PSYCHODIAGNOSTICS (MPCE 012)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-012
Assignment Code: MPCE-012/ASST/TMA/2018-19
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss in detail Mental Status Examination.
2. Differentiate between explicit memory and implicit memory. Elucidate the assessment of different memory systems.
3. Discuss the phases of psychological assessment in delivering psychological treatment.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Define psychodiagnostic assessment. Differentiate between descriptive assessment and predictive assessment.
2. Elucidate the characteristics of Rorschach Inkblot Method.
3. Discuss neuropsychological assessment.
4. What does TAT measure? Discuss its validity and reliability.
5. Explain behavioural assessment and differentiate it from traditional assessment.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. DSM IV TR
2. Use of personality assessment.
3. Referral question
4. Word Association Test
5. Significance of Children's Apperception Test
6. Woodcock-Johnson Psycho-Educational Battery
7. Wisconsin Card Sort Test
8. Structure of Intellect Assessment
9. Das Naglieri Cognitive Assessment System
10. Assessment in vocational guidance testing and job selection

**PSYCHOTHERAPEUTIC METHODS (MPCE 013)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE 013
Assignment Code: MPCE 013/ASST/TMA/2018-19
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the different ways to psychotherapy integration.
2. Explain the nature of couples therapy and discuss the approaches to couples therapy.
3. Explain the treatment principles and techniques of Cognitive Behaviour Therapy.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Explain the multisystemic therapy
2. Discuss the developmental considerations to be kept in mind while using psychotherapy with adolescents.
3. Explain the Parent child interaction therapy (PCIT).
4. Explain the defining features of short term therapies.
5. Describe the stages of psychosexual development.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Transference
2. Marathon groups
3. Catharsis
4. Self disclosure
5. Narrative therapy
6. Principle of parity
7. Psycho education groups
8. Schema
9. Emotional reasoning
10. ABC model

**COUNSELLING PSYCHOLOGY (MPCE 021)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-021
Assignment Code: MPCE-021/ASST/TMA/2018-19
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Compare and contrast the Psychoanalytic and Adlerian approach to counselling
2. Discuss the assumptions, goals and the process of Solution focused counseling.
3. Describe the factors contributing to vulnerability of the child. Discuss counseling for child abuse.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Explain reality therapy in detail.
2. Discuss the nature and importance of physical setting in counseling.
3. Explain the nature of group counseling and describe its steps.
4. Explain the causes for addiction/ anxiety.
5. Discuss the goals of HIV/AIDS counseling.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Unconditional positive regard
2. Sublimation
3. The miracle question
4. Guided discovery
5. Self Psychology
6. Subjective unit of distress
7. Right to participation
8. Black and white thinking
9. Seasonal affective disorder
10. Anorexia nervosa

ASSESSMENT IN COUNSELLING AND GUIDANCE (MPCE 022)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-022
Assignment Code: MPCE-022/ASST/TMA/2018-19
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the meaning of assessment complexities and pre-requisites for assessment.
2. Define interview and discuss its characteristics and types
3. Describe the role of counselors in guidance and counselling.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Describe various types of psychological tests.
2. Elucidate Rational Emotive Behaviour Therapy (REBT).
3. Describe behavioural counseling with a focus on its techniques.
4. Discuss objectives and activities for career development.
5. Discuss the meaning of evaluation. Explain the models for evaluation of guidance and counseling.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Empathy
2. Assessment of mental abilities
3. Identification data in case history
4. Dream analysis
5. Socratic questioning
6. Self concept and ideal self
7. Unconditional positive regard
8. Career planning
9. Positive psychology
10. Vocational developmental tasks

**INTERVENTIONS IN COUNSELLING (MPCE 023)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2018-19
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the nature of anxiety disorder. Discuss the techniques for helping children with anxiety disorder.
2. Explain the nature, important features and stages of interpersonal counselling.
3. Explain the various techniques of cognitive behavior modification.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

1. Explain the existential and humanistic approach to counseling.
2. Describe the techniques of family therapy.
3. Discuss the importance of self efficacy and self monitoring in counselling.
4. Explain the symptoms of ADHD.
5. Discuss the applications of counselling in educational setting.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

1. Eclecticism in counselling
2. T – groups
3. Self actualization
4. Confidentiality
5. Computer assisted instruction
6. Insight and counselling
7. Exception seeking
8. Mental filter
9. Token economy
10. Extinction

ORGANISATIONAL BEHAVIOR (MPCE 031)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE 031
Assignment Code: MPC 031/ASST/TMA/2018-19
Marks: 100

NOTE: All Questions Are Compulsory

Section A

Answer the following questions in about 1000 words each **Marks 15x3=45**

1. Discuss the different models of organization.
2. Explain the different process of motivation that an organization can adopt for maintaining high morale and productivity.
3. Describe the nature of team. Explain the methods of creating an effective team.

Section B

Answer the following questions in about 400 words each. **Marks 5x5=25**

1. Discuss the concept and goals of organizational behaviour.
2. Discuss the scope of organizational psychology.
3. Explain the styles and principles of conflict resolution.
4. Define leadership and discuss its classification.
5. Discuss Herzberg's Two Factor theory of motivation.

Section C

Answer the following in about 50 words each. **Marks 10x3=30**

1. Organisational behaviour in Indian context.
2. Quality control circles.
3. Issues of change management.
4. Characteristics of a leader.
5. Inoculation.
6. Cognitive factors in social learning.
7. Extrinsic and Intrinsic motivation.
8. Characteristics of work motivation.
9. Work-Life Balance.
10. Cognitive Mapping.

HUMAN RESOURCE DEVELOPMENT (MPCE 032)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE 032
Assignment Code: MPCE 032/ASST/TMA/2018-19
Marks: 100

NOTE: All Questions Are Compulsory

Section A

Answer the following questions in about 1000 words each. Marks 15x3=45

1. Discuss the relevance, characteristics, stages and advantages of multicultural organisation.
2. Discuss the aims, objectives and functions of Human Resource (HR) management.
3. Elaborate the process, benefits and methods of performance appraisal systems in organizations.

Section B

Answer the following questions in about 400 words each. Marks 5x5=25

1. Discuss the procedure of forecasting work force demand.
2. Discuss the principles of management.
3. Explain the formation and structure related to attitude in organization.
4. Explain the new trends in international HRM and the future role of HR professionals.
5. Discuss the behavioral methods of training employees in an organisation.

Section C

Answer the following in about 50 words each. Marks 10x3=30

1. Key elements in developing HRM.
2. Evaluation of training programme.
3. Time management.
4. Talent Inventory.
5. Minimum ways act.
6. Driving factors of globalisation.
7. Value of diversity.
8. Aims of HR planning.
9. Human rights violation.
10. Work place bullying.

**ORGANISATIONAL DEVELOPMENT (MPCE-033)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-033
Assignment Code: MPCE-033/AST/TMA/2018-2019
Marks: 100**

NOTE: All Questions Are Compulsory

SECTION A

Answer the following questions in about 1000 words each 15x3=45 Marks

1. Describe organisational development and explain its goals and importance.
2. Explain the concepts of team and team work. Describe problems affecting team work.
3. Define diagnosis and discuss its phases.

SECTION B

Answer the following questions in about 400 words each 5x5=25 Marks

1. Differentiate between first order change and second order change in organizational development with suitable examples.
2. Explain the concepts of organizational learning and discuss strategies that can be used to promote organizational learning.
3. Define programme evaluation and discuss its types and stages.
4. Describe the factors that impact success of organizational development interventions.
5. Discuss the strategies that can be used to motivate employees.

SECTION C

Answer the following in about 50 words each 10x3=30 Marks

1. Organisational culture
2. Values
3. Worldwide organizations
4. Action research
5. Survey feedbacks
6. Open book management
7. Lewin's change model
8. Cultural analysis
9. Mentoring relationship
10. Visioning