

**MPCE**

**M.A. PSYCHOLOGY  
SECOND YEAR COURSES**

**(MPCE)**

**Assignments  
For July 2017 and January 2018  
Sessions**



**Discipline of Psychology  
School of Social Sciences (SOSS)  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110 068**

**M.A. Psychology – II<sup>nd</sup> Year**  
**MPCE-011, 012, 013**  
**MPCE-021, 022, 023**  
**MPCE-031, 032, 033**

**Assignments – July 2017 and January 2018 Sessions**

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) II<sup>nd</sup> year. Each assignment has three sections (A, B and C). Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

**Submission**

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

<b>Session</b>	<b>Last Date of Submission</b>	<b>To be Sent</b>
<b>For July, 2017 Session For January, 2018 Session</b>	<b>31<sup>st</sup> March, 2018 30<sup>th</sup> September, 2018</b>	<b>The Coordinator of the Study Centre allotted to you</b>

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

**INSTRUCTIONS**

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

<b>Enrolment No</b> .....	
<b>Name</b> .....	
<b>Address</b> .....	
<b>Signature</b> .....	
<b>Date</b> .....	
<b>Programme Title</b> .....	
<b>Course Code &amp; Title</b> .....	
<b>Assignment Code</b> .....	
<b>Programme Study Centre/Study Centre</b> .....	

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
  - i. **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
  - ii. **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
    - a) is logical and coherent;
    - b) has clear connections between sentences and paragraphs;
    - c) is written correctly giving adequate consideration to your expression, style and presentation
  - iii. **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
5. **Responses should be hand written.** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

**Please ensure the following before submitting your assignment:**

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

**WISH YOU ALL THE BEST**

**DISCIPLINE OF PSYCHOLOGY  
SOSS, IGNOU, NEW DELHI**

**PSYCHOPATHOLOGY (MPCE-011)  
TUTOR MARKED ASSIGNMENT  
(TMA)**

**Course Code: MPCE-011  
Assignment Code: MPCE-011/ASST/TMA/2017-18  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. Critically discuss the significance of psychoanalytical approach to psychopathology.
2. Explain the aetiology and treatment of somatoform disorders.
3. Describe the clinical features of generalized anxiety disorder (GAD). Provide the psychoanalytical and cognitive explanation of GAD and its treatment.

**SECTION-B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 Marks**

4. Explain the role of disrupted family relationships in developmental pathogenesis.
5. Explain the diagnosis and causal factors related to mental retardation (intellectual disability).
6. Discuss the aetiology of obsessive compulsive disorder.
7. Explain dysthymic disorder and its treatment.
8. Differentiate between substance induced psychotic disorders and other psychotic disorders.

**SECTION-C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 Marks**

9. Unconditioned Stimulus vs. Conditioned Stimulus
10. Negative reinforcers
11. DSM
12. Dissociative amnesia
13. Parkinson disease
14. Cyclothymia
15. Interpersonal psychotherapy
16. Postpartum psychosis
17. Hallucinations
18. Narcissistic personality disorder

**PSCHODIAGNOSTICS (MPCE-012)**  
**Tutor Marked Assignment (TMA)**

**Course Code: MPCE-012**  
**Assignment Code: MPCE-012/ASST/TMA/2017-18**  
**Marks: 100**

**Note: All questions are compulsory.**

**SECTION-A**

**Answer the following questions in about 1000 words each. 3 x 15=45 Marks**

1. Differentiate between descriptive assessment and prediction assessment.
2. Discuss the various skills and techniques required for assessment interview.
3. What is neuropsychological assessment? Discuss the dimensions and tests of neuropsychological assessment.

**SECTION-B**

**Answer the following questions in about 400 words. 5 x 5= 25 Marks**

4. Discuss the various data sources of psychological assessment.
5. How is psychological assessment used in conducting and evaluating therapy?
6. What are the different application areas of psychodiagnostic testing?
7. Discuss the controversies with regard to IQ testing.
8. Explain personality testing. Describe the Edwards Personality Preference Schedule.

**SECTION-C**

**Answer the following questions in about 50 words. 10 x 3= 30 Marks**

9. Psychodiagnostics
10. 16 Personality Factor Questionnaire
11. Informed Consent
12. Diagnostic interview
13. Referral question
14. Stanford-Binet Scale
15. Wisconsin Card Sort Test
16. Explicit Memory
17. Tell me a story Test
18. Rorschach Inkblot Method

**PSYCHOTHERAPEUTIC METHODS (MPCE-013)**  
**TUTOR MARKED ASSIGNMENT**  
**(TMA)**

**Course Code: MPCE-013**  
**Assignment Code: MPCE-013/ASST/TMA/2017-18**  
**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 Marks**

1. Explain the attachment based interventions for children.
2. Provide a comparative account of Freud's psychoanalysis and Jung's Analytical psychology.
3. Discuss the principles and the intervention techniques in solution – focused therapy.

**SECTION-B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 Marks**

4. Explain the cognitive analytic therapy.
5. Discuss the basic concepts of multimodal therapy.
6. Differentiate between extinction and spontaneous recovery and their application.
7. Explain the psychodynamic therapy approach to couple counseling.
8. Describe the three emotional reactions to dying.

**SECTION–C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 Marks**

9. Motivational interviewing
10. Triangle of conflict and triangle of persons
11. Sublimation
12. Assimilative integration
13. Paradoxical behaviour
14. The 'worst case' technique
15. Stimulus satiation
16. Empathy
17. Immediacy
18. Dementia

**COUNSELLING PSYCHOLOGY (MPC-021)**  
**TUTOR MARKED ASSIGNMENT**  
**(TMA)**

**Course Code: MPCE-021**  
**Assignment Code: MPCE-021/ASST/TMA/2017-18**  
**Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. Explain transactional analysis in terms of its views of human nature, goals and role of the counselor.
2. Explain art therapy and its application in counseling.
3. Discuss the principles, goals and techniques of CBT.

**SECTION-B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 Marks**

1. Explain autonomy and justice as ethical principles in counseling.
2. Explain the view of human nature as propounded by person centred approach and discuss the techniques given by it.
3. Describe the process of termination and its importance in counseling.
4. Discuss the five stage theory of drama therapy as proposed by Renee Emunah.
5. Discuss counseling for street children.

**SECTION-C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 Marks**

1. Ethics vs. morality
2. Congruence
3. Supportive psychotherapy
4. Bulimia nervosa
5. Histrionic personality disorder
6. ECT
7. Magnification vs. Minimisation
8. Empathy
9. Aversion therapy
10. Free association

**ASSESSMENT IN GUIDANCE AND COUNSELLING (MPCE-022)**  
**TUTOR MARKED ASSIGNMENT**  
**(TMA)**

Course Code: MPCE-022  
Assignment Code: MPCE-022/ASST/TMA/2017-18  
Marks: 100

**NOTE: All questions are compulsory.**

**SECTION-A**

**Answer the following questions in about 1000 words each. 15×3=45 Marks**

1. Discuss the meaning of psychological assessment and describe its purpose and principles.
2. Describe Neo-Freudian psychodynamic theories.
3. Discuss in detail the evaluation of guidance and counseling.

**SECTION-B**

**Answer the following questions in 400 words each. 5 x 5 = 25 Marks**

4. Describe errors in assessment.
5. Explain the characteristics of interview.
6. Describe the techniques of narrative counseling.
7. Elucidate the characteristics of an effective counselor.
8. Discuss the principles of guidance and counseling.

**SECTION-C**

**Answer the following questions in 50 words each. 10 x 3 = 30 Marks**

9. Active listening
10. Pre-counseling interview
11. Mental Status Examination
12. Projective tests
13. Dream analysis
14. Systematic desensitization
15. Self actualization tendency
16. Empathy
17. Rational emotive techniques
18. The guidance calendar

**INTERVENTIONS IN COUNSELLING (MPCE - 023)  
TUTOR MARKED ASSIGNMENT  
(TMA)**

**Course Code: MPCE-023  
Assignment Code: MPCE-023/ASST/TMA/2017-18  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. Discuss the concept and approaches to integrative counseling. Point out its potentials and limitations.
2. Explain the ABC model of Rational Emotive behavior therapy with a suitable example.
3. Explain the stages of couple counseling with an example.

**SECTION-B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 Marks**

4. Explain the problem areas addressed in interpersonal therapy.
5. Discuss the three main categories of self management strategies.
6. Differentiate between Freudian and Adlerian approach to counseling.
7. Explain the meaning of fully functioning person and its implication for person centered counseling.
8. Discuss the ethical issues in e- counseling.

**SECTION-C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 Marks**

9. Selective mutism
10. Multisensory approach
11. Counseling vs. psychotherapy
12. Miracle question
13. Psychodrama
14. Termination
15. In group vs. outgroup
16. Sculpting
17. Defense mechanism
18. Reality therapy

**ORGANISATIONAL BEHAVIOR (MPCE-031)**  
**TUTOR MARKED ASSIGNMENT**  
**TMA**

Course Code: MPCE-031  
Assignment Code: MPCE-031/ASST/TMA/2017-18  
Marks: 100

**NOTE: All questions are compulsory.**

**SECTION-A**

**Answer the following question in about 1000 words each.**

**15x3=45 Marks**

1. Discuss the different techniques for managing morale and productivity in organizations.
2. Explain the different process theories of motivation.
3. Discuss the five key principles of change management.

**SECTION-B**

**Answer the following questions in about 400 words each.**

**5x5=25 Marks**

4. Discuss the team and the Twelve C's of team building.
5. What are the issues of managing change.
6. Explain Herzberg's Two Factor Theory with its implications.
7. Explain types and Schedules of Reinforcement.
8. Discuss the Social Learning theory.

**SECTION-C**

**Answer the following in about 50 words each.**

**10x3=30 Marks**

9. Functional Behaviour Assessment.
10. Nature of management.
11. Characteristics of leadership.
12. Sources of interpersonal conflict.
13. Dysfunctional Behaviour.
14. Employee ownership.
15. Types of motives.
16. Areas of Organization Behaviour management application.
17. Effects of modeling on behaviour.
18. Principles of Change Management.

**HUMAN RESOURCE MANAGEMENT (MPCE-032)**  
**TUTOR MARKED ASSIGNMENT**  
**(TMA)**

**Course Code: MPCE-032**  
**Assignment Code: MPCE-032/ASST/TMA/2017-18**  
**Marks: 100**

**NOTE: All questions are compulsory**

**SECTION-A**

**Answer the following question in about 1000 words each.**

**15x3=45 Marks**

1. Discuss the different short term programmes in Human Resource (HR) planning.
2. Explain the process, activities and principles of management.
3. Discuss the different approaches towards managing diversity in organisations?

**SECTION-B**

**Answer the following questions in about 400 words each.**

**5x5=25 Marks**

4. Explain the concept and driving factors of Globalisation.
5. What are the stages in the creation of multi cultural organization
6. Discuss the on the job and off the job methods of training.
7. Explain process and methods of performance appraisal.
8. Discuss the different Indian Labor laws.

**SECTION-C**

**Answer the following in about 50 words each.**

**10x3=30 Marks**

9. Innovative work family programme.
10. Computer based training.
11. Methods of need assessment.
12. Business games.
13. Needs of training and development.
14. Differences in management of public and private sectors.
15. Dilemmas faced by HR head.
16. Designing HRD strategy.
17. Human resource management.
18. Benefits of operational strategies in HR planning.

**ORGANISATIONAL DEVELOPMENT (MPCE-033)  
TUTOR MARKED ASSIGNMENT  
(TMA)**

**Course Code: MPCE-033  
Assignment Code: MPCE-033/ASST/TMA/2017-18  
Marks: 100**

**NOTE: All questions are compulsory**

**SECTION-A**

**Answer the following question in about 1000 words each.**

**15x3=45 Marks**

1. Describe the characteristics of organisational development.
2. Explain the concepts of participation and empowerment. Describe the role of managers in participation and empowerment.
3. Elucidate the concept of change. Describe any three models of change.

**SECTION-B**

**Answer the following questions in about 400 words each.**

**5x5=25 Marks**

4. Explain the concepts of global orientation and multinational orientation.
5. Discuss action research as an element of first order change.
6. What is team work? Describe the problems affecting team work.
7. Discuss any two models of programme evaluation.
8. What is mentoring? Explain the most commonly used techniques of mentoring.

**SECTION-C**

**Answer the following in about 50 words each.**

**10x3=30 Marks**

9. Diagnosis and problem identification
10. Trust exercises
11. Job design
12. Second Order Change
13. Parallel learning structures
14. Normative educative strategy for change
15. Implementation evaluation
16. Cultural analysis
17. Quality of Work life programmes
18. T group