

MPCE

**M.A. PSYCHOLOGY
SECOND YEAR COURSES**

(MPCE)

**Assignments
For July 2016 and January 2017
Sessions**



**Discipline of Psychology
School of Social Sciences (SOSS)
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

M.A. Psychology – II_{nd} Year
MPCE-011, 012, 013
MPCE-021, 022, 023
MPCE-031, 032, 033

Assignments – July 2016 and January 2017 Sessions

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Master of Arts (Psychology) II year. Each assignment has three sections (A, B and C). Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July, 2016 Session For January, 2017 Session	31st March, 2017 30th September, 2017	The Coordinator of the Study Centre allotted to you

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

Enrolment No
Name
Address
Signature
Date
Programme Title
Course Code & Title
Assignment Code
Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - i. **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - ii. **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
 - iii. **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
5. **Write the responses in your own hand.** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**PSYCHOPATHOLOGY (MPCE-011)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-011
Assignment Code: MPCE-011/ASST/TMA/2016-17
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Explain the types of dissociative disorders, their clinical features and their causes.
2. Discuss the major medical conditions that can cause mood disorder.
3. Differentiate histrionic personality disorder from dependent and borderline personality disorders. Discuss the treatment for histrionic personality disorder.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Differentiate between oppositional defiant disorder and conduct disorder.
5. Discuss the clinical features of attention deficit hyperactive disorder.
6. Describe the symptoms and treatment of post traumatic stress disorder.
7. Explain the aetiology of generalized anxiety disorder.
8. Explain the various types of paranoia.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Tick disorders
10. Defense mechanisms
11. Conversion disorder
12. Obsessive Compulsive Disorder
13. Systematic desensitization
14. Panic attacks
15. Hypomanic episode
16. Learned helplessness
17. Positive symptoms
18. Dialectical behavior therapy

Psychodiagnostics (MPCE-012)
Tutor Marked Assignment (TMA)

Course Code: MPCE-012
Assignment Code: MPCE-012/ASST/TMA/2016-17
Marks: 100

Note: All questions are compulsory.

SECTION-A

Answer the following questions in about 1000 words each.

3 x 15=45 Marks

1. Discuss the different formats of self-report inventories.
2. Define and describe ethics in assessment.
3. Discuss the role of Twenty Questions Task.

SECTION-B

Answer the following questions in about 400 words.

5 x 5=25 Marks

4. Elucidate questionnaires and objective tests as data sources for psychological assessment.
5. Discuss the future perspectives of behavioural assessment.
6. Discuss the purpose and dimensions of neuropsychological tests.
7. Give an overview of instruments for assessing cognitive functioning.
8. Discuss in detail the classification system of DSM IV TR.

SECTION-C

Write brief notes on the following in about 50 words.

10 x 3= 30 Marks

9. Behaviour Trace
10. 'Pull' of TAT Cards
11. Precautions in Children's Apperception Test
12. Neo-Personality Inventory Revised
13. Cognitive Assessment System
14. Wechsler Intelligence Scale for Children
15. 'Asking the right question' in an Interview
16. Referral Question
17. Computer Assisted Interview
18. Draw-A-Man Test

PSYCHOTHERAPEUTIC METHODS (MPCE-013)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-013
Assignment Code: MPCE-013/ASST/TMA/2016-17
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 Marks

1. Discuss major techniques used in cognitive behaviour therapy.
2. Define Interpersonal psychotherapy. Discuss the techniques used in IPT.
3. (a) Explain the concept of psychotherapy integration. Discuss various methods of psychotherapy integration.
(b) Discuss the variables responsible for psychotherapy integration.

SECTION-B

Answer the following questions in about 400 words each. 5 x 5 = 25 Marks

4. Discuss object relation theory with reference to psychotherapy.
5. Describe the application of behaviour modification across various settings.
6. Discuss the characteristic features and applications short term therapies.
7. Define the concept of family therapy. Discuss the techniques of family therapy.
8. Discuss the role of cultural awareness in client centred counselling.

SECTION-C

Answer the following questions in about 50 words each. 10 x 3= 30 Marks

9. Eclecticism
10. Cognitive behavioural interventions for depression
11. Functioning of therapy groups
12. Behaviour modification and Parent training
13. Multisystemic therapy
14. Insight therapy
15. Parent child interaction therapy
16. Seven inferential distortions
17. Evidence based practice
18. Couple therapy

COUNSELLING PSYCHOLOGY (MPC-021)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-021
Assignment Code: MPCE-021/ASST/TMA/2016-17
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

4. Explain reality therapy in terms of its view of human nature, role of counsellor and techniques used.
5. Explain behavior therapy. Discuss the operant conditioning treatments.
6. Explain the Cluster A personality disorders.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Explain the rights of research participants.
5. Discuss the goals and techniques of existential therapy.
6. Explain the concepts of Id, Ego and Superego.
7. Highlight the main characteristics of a counsellor.
8. Discuss the causes of addiction and anxiety.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Non maleficence
10. Extinction
11. Eric Berne
12. Aversive therapy
13. Sublimation
14. Cognitive rehearsal
15. Self Psychology
16. Vulnerable child
17. Right to participation
18. Anorexia nervosa

ASSESSMENT IN GUIDANCE AND COUNSELLING (MPCE-022)
TUTOR MARKED ASSIGNMENT
(TMA)

Course Code: MPCE-022
Assignment Code: MPCE-022/ASST/TMA/2016-17
Marks: 100

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in about 1000 words each. 15×3=45 Marks

1. Define psychological assessment. Discuss the types of psychological tests.
2. Discuss various errors in psychological assessment and counselling..
3. Discuss the steps and methods of evaluating guidance and counselling program.

SECTION-B

Answer the following questions in about 400 words each. 5x5 = 25 Marks

4. Describe counselling skills required in psychological assessment.
5. Discuss the needs for guidance and counselling program in schools.
6. Discuss the techniques of narrative counselling.
7. Discuss the interrelation between counselling and career planning.
8. Describe case history interview in detail.

SECTION-C

Answer the following questions in about 50 words each. 10x3 = 30 Marks

9. Holistic assessment
10. Structured and unstructured interview
11. Principles of promoting positive health
12. Direct observation tests
13. Behavioural counsellor
14. Counselling goals
15. Assessment of mental abilities
16. Types of guidance
17. Empty chair technique
18. Socratic questioning

**INTERVENTIONS IN COUNSELLING (MPCE - 023)
TUTOR MARKED ASSIGNMENT
(TMA)**

**Course Code: MPCE-023
Assignment Code: MPCE-023/ASST/TMA/2016-17
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the meaning and goals of Interpersonal psychotherapy. Describe the application of this therapy in special populations.
2. What is anxiety disorder? Discuss the counselling techniques for helping children with anxiety disorder.
3. Discuss the application of cognitive behavioural therapies in educational, clinical and personal-social situation.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Explain Self efficacy, Self defeating behavior and Self monitoring in the context of counselling.
5. Discuss the techniques for dealing with learning disability in children.
6. Explain the meaning and principles of short term counselling.
7. Explain the meaning and process of group counselling.
8. Discuss marriage counselling based on psychoanalytic approach.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Sleep walk
10. Stress inoculation training
11. Biofeedback
12. Token economy
13. Technical eclecticism
14. Circular questioning
15. T-groups
16. Informed consent
17. Confidentiality
18. Exception seeking

**ORGANISATIONAL BEHAVIOR (MPCE-031)
TUTOR MARKED ASSIGNMENT
TMA**

**Course Code: MPCE-031
Assignment Code: MPCE-031/ASST/TMA/2016-17
Marks: 100**

NOTE: All questions are compulsory.

SECTION-A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. Discuss the characteristic features of the field of Organisational Behaviour in today's scenario.
2. Explain the different content theories of motivation.
3. Discuss the different principles of learning.

SECTION-B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. Discuss the similarities and differences between the different models of Organisational Behaviour.
5. Explain the vroom's Expectancy theory.
6. Describe the steps of Organisational Behaviour Management Programme.
7. Discuss the steps and techniques of Conflict resolution.
8. Discuss the importance, approaches and nature of management.

SECTION-C

Answer the following in about 50 words each 10x3=30 Marks

9. Major characteristics of Organisational Behaviour.
10. Scope of Organisational Psychology.
11. Importance of Organisational Behaviour.
12. Difference between Intrinsic and Extrinsic motivation.
13. Quality Control Circles.
14. Relationship between motivation and performance.
15. Principles of change Management.
16. Characteristics of Self Actualising People.
17. Psychological Contract.
18. Principles of Change Management.

**HUMAN RESOURCE MANAGEMENT (MPCE-032)
TUTOR MARKED ASSIGNMENT
(TMA)**

Course Code: MPCE-032
Assignment Code: MPCE-032/ASST/TMA/2016-17
Marks: 100

NOTE: All questions are compulsory

SECTION-A

Answer the following question in about 1000 words each. 15x3=45 Marks

1. Discuss the different short term programmes in Human Resource (HR) planning.
2. What are the different characteristics, stages and relevance of creating a multicultural organisation?
3. Discuss the importance and need of training and development in organizations.

SECTION-B

Answer the following questions in about 400 words each. 5x5=25 Marks

4. Discuss time management.
5. Describe the effect of personality attributes in organization.
6. Discuss the steps of integrating HR in to strategic planning.
7. Explain the procedure of forecasting work force demand.
8. Discuss the approaches of managing diversity in organisations.

SECTION-C

Answer the following in about 50 words each. 10x3=30 Marks

9. Types of workplace behaviours.
10. Cognitive Dissonance.
11. Person-Job Fit.
12. Talent Inventory.
13. Factors affecting HR management in Global Market.
14. Virtual Reality.
15. Effects of discrimination in workplace.
16. Types of work place violence.
17. Significance of retaining employees.
18. Difference between coaching and mentoring.

**ORGANISATIONAL DEVELOPMENT (MPCE-033)
TUTOR MARKED ASSIGNMENT
(TMA)**

Course Code: MPCE-033
Assignment Code: MPCE-033/ASST/TMA/2016-17
Marks: 100

NOTE: All questions are compulsory

SECTION-A

Answer the following question in about 1000 words each.

15x3=45 Marks

1. Define Organizational Development and discuss its brief history.
2. Describe Organizational Learning. Discuss in detail Parallel Learning Structures.
3. Describe various models of change.

SECTION-B

Answer the following questions in about 400 words each.

5x5=25 Marks

4. Compare between organizational development and organizational change.
5. Describe any three approaches to Job Design
6. Discuss the concept of participation. Describe the benefits and process of participation.
7. Discuss in detail Normative Re-educative Strategy for Change.
8. Explain the factors that impact the success of Organizational Development Interventions.

SECTION-C

Answer the following in about 50 words each.

10x3=30 Marks

9. Values
10. First Order Change
11. Organizational Culture
12. Global Orientation
13. Quality Circles
14. Open book management
15. Formative Evaluation
16. Socio Technical Systems
17. Survey feedback
18. Mosaic Mentoring