



Certificate in Maternal and Child Health Care (CMCHC)

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ASSIGNMENTS 2008

School of Health Sciences
**Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2008**



Dear Student,

There are two assignments in total and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component. Submission of related assignments is a pre-requisite for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last date of Submission	Course Code	Blocks Involved	Assignment Code
March 31st, 2008	BNS-017	1,2,3,4,5,6	BNS-017/TMA-1/2008
April 30, 2008	BNS-018	1,2,3,4,5	BNS-018/TMA-2/2008

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only hand written assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer and marks allotted.
- All the questions are compulsory.
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You must keep a xerox copy of the answer sheets for future reference. Do not copy from print material.

Answer each assignment in separate sheet. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre (PSC) and date of submission. Your roll number, name and full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like this:

Course Code	:	Roll No.	:
Course Title	:	Name	:
Assignment Code	:	Address	:
PSC	:
Date of Submission	:

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

Community Health Management

Assignment-1 (Tutor Marked)

Programme Code : CMCHC

Course Code : BNS-017

Assignment Code : BNS-017/TMA-1/2008

Maximum Marks : 100

Last date of submission : March 31st, 2008

Note:

This Assignment has three parts i.e. Part A, B and C.

Part A consists of two long answer questions. Each question carries 15 marks.

Part B consists of five short answer questions. Each question carries 10 marks.

Part C consists of four objective type questions. Each question carries 5 marks.

Part A

- 1) a) Define health.
b) Explain the spectrum of health.
c) Describe the dimensions of health. (2+3+10=15)
- 2) a) Define partnership and list the benefits of partnership.
b) Describe the methods of participatory learning for action. (5+10=15)

Part B

- 3) Describe the following:
a) Meaning and purpose of auditing.
b) Management of time. (5+5=10)
- 4) a) Explain the meaning of leadership.
b) Describe the characteristics of an effective leader. (2+8=10)
- 5) State the purposes of effective communication. Explain the elements of communication. (10)
- 6) Define village walk and describe the steps in a village walk. (10)
- 7) Describe the steps in home visiting. (10)

Part C

- 8) Tick mark (✓) the correct answer in the following statements: (1×5=5)
 - 1) Equity means:
 - a) Impartial treatment to all workers
 - b) Neglect of all workers
 - c) Fairness and justice to all workers
 - d) Fairness, justice and impartial treatment of all workers
 - 2) Health records are written:
 - a) Monthly
 - b) Quarterly
 - c) Weekly
 - d) Daily, weekly, monthly and yearly

- 3) Health camps aim at continuous and progressive improvement of health status of:
- A community
 - A society
 - Population
 - A family
- 4) The general indicators include:
- Input, effect, output and impact indicators
 - Output and effect indicators
 - Input and output indicators
 - Impact and input indicators
- 5) Budgeting aims at:
- Financial planning and decision making
 - Giving feedback for actual expenditure
 - Allocating budget to various activities
 - Financial planning, decision making and giving feedback for actual expenditure.
- 9) Write True (T) or False (F) against the following statements: (1×5=5)
- Health is a state of physical and mental well being (T/F)
 - Disease is caused due to interaction of agent host and environment (T/F)
 - Span of control means accountability to one's own supervisor (T/F)
 - Leadership is a process of influencing activities of a group of people to achieve a goal (T/F)
 - Health information system should be based on population (T/F)
- 10) Fill in the blanks: (1×5=5)
- Life style refers to the of people.
 - Primary health care is based on practical, scientifically sound and socially acceptable methods and
 - Union and State Governments are responsible to carrying out functions under list.
 - Social mobilization is undertaken for the purpose of
 - Behaviours that are directed towards the maintenance of good health and promotion of well being are called
- 11) Match the statements given in column A with the terms given in column B of the following: (1×5=5)

Column A	Column B
i) Determines time and quantity of items to be procured	a) Material management
ii) Blue print of projected plan of action and expenditure	b) Inventory control
iii) Essential health care	c) Indicators
iv) Used to measure health status of an individual, community and country	d) Budget
v) Sharing of opinion, ideas and information	e) IEC
	f) Primary Health Care
	g) Mortality
	h) Health education

Reproductive and Child Health

Assignment-1 (Tutor Marked)

Programme Code : CMCHC

Course Code : BNS-018

Assignment Code : BNS-018/TMA-1/2008

Maximum Marks : 100

Last date of submission : April 30, 2008

Note:

This Assignment has three parts i.e. Part A, B and C.

Part A consists of two long answer questions. Each question carries 15 marks.

Part B consists of five short answer questions. Each question carries 10 marks.

Part C consists of four objective type questions. Each question carries 5 marks.

Part A

- 1) a) Explain the concept of reproductive and child health programme.
b) Enumerate the highlights of reproductive and child health programme.
c) Describe the community needs assessment approach in implementing the reproductive and child health programme. (2+4+9=15)

- 2) a) Define the terms labour and delivery.
b) Describe the characteristics of true labour pains.
c) Discuss the management of 2nd stage of labour. (2+3+10=15)

Part B

- 3) Describe the components of postnatal care. (10)
- 4) Explain the management of low birth weight baby at home. (10)
- 5) Discuss the physical characteristics of growth and development of an infant. (10)
- 6) Explain how you will assess and classify young infant for diarrhoea. (10)
- 7) a) List the feeding problems of infant/child.
b) Discuss the steps you will take to counsel the mother for feeding. (3+7=10)

Part C

- 8) Tick mark (✓) the correct answer in the following statements: (1×5=5)
 - 1) A five-months old child should be given:
 - a) Exclusive breastfeeding
 - b) Mashed roti/rice and milk
 - c) Mashed banana and boiled potatoes
 - d) Bottle feeding of formula milk.

 - 2) A young infant has fast breathing if you count:
 - a) 60 breaths per minute or more during second count
 - b) 40 – 50 breaths per minute
 - c) 50 – 55 breaths per minute
 - d) Below 40 breaths per minute

- 3) Lochia Rubra is:
- Brown in colour
 - White in colour
 - Red in colour
 - Acidic in nature
- 4) During the pregnancy the fundus reaches just above the symphysis pubis at:
- 8th week of pregnancy
 - 12th week of pregnancy
 - 20th - 24th week of pregnancy
 - 36 weeks
- 5) The total weight gain during the pregnancy period of women is:
- 5 - 10 kg
 - 10 - 15 kg
 - 15 - 20 kg
 - 12 kg

- 9) Write True (T) or False (F) against the following statements: (1×5=5)
- Two doses of tetanus toxoid should be given to all pregnant mothers (T/F)
 - Lochia consists of blood and necrotic decidua (T/F)
 - Rickets is caused due to the deficiency of Vitamin B (T/F)
 - A child with some dehydration should be referred urgently (T/F)
 - A child with the sign of stiff neck and fever may have meningitis (T/F)

- 10) Fill in the blanks: (1×5=5)
- Natural ability of the body to protect itself against specific infectitious agent is.....
 - The time period between exposure to disease producing organism and the appearance of first symptom of disease is called
 - In hypothermia body temperature of newborn is below °C
 - Vitamin B and C are soluble vitamins.
 - The gross deficiency of proteins is

- 11) Match the statements given in column A with the terms given in column B of the following: (1×5=5)

Column A	Column B
i) Attenuated or killed micro-organism	a) Immunity
ii) Pulse polio immunization programme	b) Carrier
iii) Provides comprehensive emergency obstetric and newborn care	c) Vaccine
iv) Actual bearing of children	d) 1985
v) Diagnosis on the basis of set of symptoms	e) 1995
	f) Syndromic approach
	g) Frist referral unit (FRU)
	h) Sexuality
	i) Fertility