



**IGNOU**

# **Certificate Course in Home Health Assistance (CHHA)**

## **ASSIGNMENTS July 2021**

CHHA/AS 1-2

**Skill Training Cell  
School of Health Sciences  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110 068**

**Dear Student,**

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. It is always better if you can submit all assignments as early as possible during your contact session.

<b>Last Date of Submission</b>	<b>Course Code</b>	<b>Blocks Involved</b>	<b>Assignment Code</b>
<b>Oct 30.10.2021</b>	BHT-016/TMA/2021	1, 2, 3 and 4	BHT-016/TMA/2021/AS-1
<b>Oct 30.10.2021</b>	BHT-017/TMA/2021	1 and 2	BHT 017/TMA/2021/AS-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the questions and question number with each answer.
- All the questions are compulsory.
- **Zero marks will be given if it is found that the answers were copied from other student**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a photo copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

**Please submit the assignments to your Programme-in-charge (PIC) only.**

**Assignment 1 for course Basic Home Health Assistance  
(Block 1, 2, 3&4)  
Programme Code: CHHA  
Course Code: BHT-016  
Assignment Code: BHT-016/TMA/2021**

**Programme Code: CHHA  
Course Code: BHT 016  
Assignment Code: BHT-016/TMA/2021  
Maximum Marks: 100  
Last date of Submission: Oct 30 -2021**

**This Assignment consists of Ten Long Answer questions of 10 marks each.**

- Q 1** a) Discuss the health care delivery system in India at Primary, Secondary and Tertiary Levels.  
b) Explain how you would work in a Community with suitable examples. (4+6=10)
- Q 2** a) Explain the following Types of disaster as given below:  
i) Earthquake - Do's and don'ts  
ii) Floods - Do's and don'ts  
iii) Landslides - Do's and don'ts  
b) Describe the role of HHA in disaster management (6+4=10)
- Q 3** a) Explain the meaning, purposes of providing comfort.  
b) Discuss measures to promote comfort to the patient. (4+6=10)
- Q 4** a) Explain the concept of Cardiac Arrest.  
b) List the risk factors and cardinal signs of cardiac arrest.  
c) Discuss the Emergency Management of Cardiac arrest. (4+2+4=10)
- Q 5** Explain the Characteristics and Technique for Effective Communication. (4+6=10)
- Q 6** Describe the skills required for maintaining therapeutic relationship. (10)
- Q 7** Discuss the challenges in communication with elderly and ways to face these challenges. (10)
- Q 8** Discuss the role of family in health and disease with suitable examples. (10)
- Q 9** Explain the factors affecting urinary and bowel elimination. (5+5=10)
- Q 10** Discuss the First aid measures in Fractures and Heat stroke. (5+5=10)

**(Block 1 &2)**  
**Programme Code: CHHA**  
**Course Code: BHT-017**  
**Assignment Code: BHT-017/TMA/2021**

**Programme Code: CHHA**  
**Course Code: BHT 017**  
**Assignment Code: BHT-017/TMA/2021**  
**Maximum Marks: 100**  
**Last date of Submission: Oct 30 -2021**

**This Assignment consists of Ten Long Answer questions of 10 marks each.**

- Q 1** a) Describe general rules for collecting health history from the patient.  
b) Discuss the components of the Adult health history. (4+6=10)
- Q 2** a) Discuss the factors leading health hazards in the Elderly person.  
b) Explain the steps to ensure safe medications management in the elderly. (6+4=10)
- Q 3** a) Describe various physical conditions leading to skin breakdown in a bed ridden patient.  
b) Explain how will you as home health assistant would prevent skin breakdown. (4+6=10)
- Q 4** a) Describe good personnel hygiene habits which should be kept in mind while taking care of the patient at home set up..  
b) Discuss the factor affecting hygienic practices. . (6+4=10)
- Q 5** a) Explain the grooming of the patient.  
b) Discuss care of the teeth and dentures. (5+5=10)
- Q 6** Discuss brain tumor, sign and symptoms and supportive care of the patient suffering with brain tumor. . (10)
- Q 7** Discuss conditions affecting heart and blood vessels and care of the patient with heart diseases. (10)
- Q 8** a) Define Asthma.  
b) List the causes and sign/symptoms of asthma.  
c) Discuss care of patient with asthma. (2+4+4=10)
- Q 9** a) Explain the concept of Palliative care.  
b) Discuss the need and principles of palliative care. (4+6=10)
- Q 10** Describe physical needs and management of the dying person with suitable examples. (10)