

PRIMARY HEALTH CARE IN COMMON CONDITION

ASSIGNMENT (BLOCK 1-6) (TUTOR MARKED)

Programme Code: CCH

Course Code: BNS 042

Assignment Code: BNS-042/TMA/2021

Maximum Marks: 100

Last Date of Submission: 30th October, 2021

Instructions:

This assignment has three parts – Part A, B and C.

Part A – Consists of two long questions, each question carries 15 marks.

Part B - Consists of six short questions, each question carries 10 marks.

Part C – Consists of four objective type questions, each question carries 2.5 marks

Part - A

1. A 46 year old male is brought to your health facility with the history of pain. Answer the followings:
 - a) Assess the pain with respect to acronym, 'PQRSTUV'
 - b) Discuss various sites of pain in relation to the human body systems involved.
 - c) Explain how would you manage and refer the patient as per condition of the patient. **(3+8+4=15)**

2. A 22 year old Prim gravida woman visited ANC clinic for the first time. Initial assessment by you identifies that she might be at high risk for acquiring STIs. Answer the following in relation to your assessment for her
 - a) Define syphilis and explain guideline for testing and management of syphilis during pregnancy
 - b) Discuss treatment regimen for syphilis for her and her partner.
 - c) List the criteria for repeat test. **(5+8+2=15)**

Part B

3. Discuss first aid management for the following: **(5+5=10)**
 - a) Road Traffic Accidents
 - b) Poisoning

4. Explain how will you manage the following cases:-
 - a) Premature rupture of membrane
 - b) Obstructed labour **(5+5=10)**

5. Explain breast lumps and discuss its causes, risk factors, signs and symptoms intervention.
6. Discuss the following under district early intervention centre.
 - a) Purposes and team
 - b) Reporting and monitoring. **(5+5=10)**

- 7 Discuss the causes and management for the following common surgical conditions
 a) Piles and hemorrhoids
 b) Hernia
 c) Varicose-veins (3+3+4=10)
- 8 Discuss the Universal Immunization Programme (UIP) and prepare the table of vaccines currently administered under UIP. (10)

Part C

- 9) Place a (✓) against the most appropriate answer given under each statement (½ x 5 = 2 ½)

a) All of the following are symptoms of mastitis **except:-**

- i. pain
- ii. Redness.
- iii. Abscess.
- iv. Fever and Chills.

b) All of the following are essentials for cord care **except:-**

- i. Clamping
- ii. Cutting.
- iii. Tying
- iv. Dressing

c) Misoprostal is safe drug for:-

- i. Ectopic pregnancy.
- ii. Terminating pregnancy
- iii. Undiagnosed adnexal mass
- iv. Uncontrolled seizure

d) All of the following signs indicates that baby is ready to have breast feed **except:-**

- i. Open his/her mouth
- ii. Start to move the head from side to side
- iii. Begins to dribble
- iv. Closes his/her mouth

e) Most common age for Teenage pregnancy is :-

- i. 15-19 year
- ii. 10-12 year
- iii. 12-14 year
- iv. 14-16 year

- 10) Match the statement given in Column A with the terms given in Column B

(5 x ½ = 2.½)

Column A

- a) Predict time of ovulation
- b) Primary dysmenorrhea
- c) Pre-menstrual syndrome
- d) Acute pelvic pain
- e) Rectocele

Column B

- i) Non-steroidal anti inflammatory
- ii) Ectopic Pregnancy
- iii) Calendar method
- iv) Difficulty in passing stool
- v) Insect/animal plague
- vi) Mood swing, mastalgia, ache

11) Write 'T' if you consider the statement is True and 'F' if you consider the statement as false. (5 x 1/2 = 2 1/2)

- a) Bacillary dysentery is the acute infection of bowel cause by shigella T / F
- b) Hepatitis B and c are typically caused by ingestion of contaminated water. T / F
- c) In bronchial asthma hyperactive response to stimuli leads to wheezing T / F
- d) Blood pressure can be monitored in the side injured arm of the patient. T / F
- e) Heimlich maneuver is performed to manage foreign body in the nasal passage T / F

12) Fill in the Blanks (5 x 1/2 = 2 1/2)

- a) Physiological jaundice typically appears between _____ of age.
- b) A highly contagious superficial pyoderma caused by staphylococci among infants is known as _____.
- c) Blocked nose can be relieved with the help of _____ drops.
- d) A protrusion of abdominal contents through a sac, leading to bulging is known as _____.
- e) An approach to improve quality of life of a patient facing life threatening illness is referred as _____