

PRIMARY HEALTH CARE IN COMMON CONDITION

ASSIGNMENT (BLOCK 1-6) (TUTOR MARKED)

Programme Code: CCH
Course Code: BNS 042
Assignment Code: BNS-042/TMA/2021
Maximum Marks: 100
Last Date of Submission: **30th April, 2021**

Instructions:

This assignment has three parts – Part A, B and C.

Part A – Consists of two long questions, each question carries 15 marks.

Part B - Consists of six short questions, each question carries 10 marks.

Part C – Consists of four objective type questions, each question carries 2.5 marks

Part - A

1. a) Define the following terms.
 - (i) Ante partum Hemorrhage (APH)
 - (ii) Post partum Hemorrhage (PPH)
 - (iii) Pre- Eclampsia
 - (iv) Eclampsiab) Explain general management of PPH.
c) Discuss follow up care of women with pre-eclampsia
(4+5+6=15)

2. a) Define Pre Menstrual Syndrome (PMS)
b) Explain causes and risk factors which contribute to PMS.
c) List signs and symptoms of PMS
d) Discuss the management of PMS including preventive measures for controlling the condition.
(2+4+3+6=15)

Part B

3. a) Define Seizure.
b) Enumerate types of fits
c) Discuss sign and symptoms
d) Explain First Aid measures you would take to manage seizures at Health and Wellness Centre.
(1+2+3+4=10)

4. a) Explain screening of hypothyroidism during pregnancy.
b) How would you identify high risk cases of hypothyroidism in community.
c) Discuss the protocol for management of Hypothyroidism. (2+3+5=10)
5. Discuss common myths and misconceptions about the family planning methods.
Support your answer with example from your field area.

6. a) Explain adverse events following Immunization.
 b) Discuss the reasons for low immunization and compare with the findings in your region.
 c) Tabulate the Immunization schedule .
 (3+4+3=10)
7. a) Explain common ENT problems prevalent in your community.
 b) Describe the important points to remember while dealing with ENT problems
 (3+7=10)
8. a) Discuss Principles of Diabetes treatment.
 Describe drugs used for diabetes mellitus under following headings:
 b) Indications of Oral Hypoglycemic Agents (OHA)
 c) Advise reactions.
 (3+5+2=10)

Part C

9. Place a (✓) against the most appropriate answer given under each statement
 (2½ x 5 = 2.5)

- a) Most appropriate use of GATHER approach is for:
 i. Health education.
 ii. Counseling
 iii. IEC.
 iv. Follow up
- b) Humanitarian conditions under which pregnancy can be terminated is:-
 i. Rape
 ii. Failure of contraception
 iii. Risk of child being born with handicaps
 iv. Mother's life is endangered
- c) All of the following are complications associated with teenage pregnancy **except**-
 i. Physically not ready for added strain
 ii. Has special nutritional needs
 iii. Mentally not prepared
 iv. Motherhood is a pleasant experience
- d) One of the following is used for Initial treatment of cellulitis:
 i. Antiallergics
 ii. Antibiotics
 iii. Antifungal
 iv. Antipyretics
- e) A patient with abscess should be referred with all of the following condition **except**:-
 i. Systemic infection
 ii. Known infection
 iii. Swelling on skin with redness
 iv. Multiple abscesses

10 Fill in the Blanks

- i. The insulin and glucagon hormones are secreted by _____ organ.
- ii. Anti hypertensive therapy prevents the complications of high blood pressure such as _____ and _____.
- iii. Diuretics increase urinary excretions of water and electrolytes and are used to relieve _____.
- iv. Identification of defects at early stages by means of tests and examination is known as _____.

11 Write 'T' if you consider the statement is True and 'F' if you consider the statement as false. (5 x ½ = 2.5)

- a) Epilepsy is a disease condition with recurrent seizures.
- b) Human Papilloma Virus (HPV) is responsible for ovarian cancer.
- c) Osteoarthritis is a degenerative disease of knee and hip joints
- d) Early immobilizations of fractured site using splints increases pain.
- e) Meningo- myelocele is a serious birth defect due to folic acid deficiency.

12 Match the statement given in Column A with the terms given in Column B

Column A

- a) Cervical smear cytology
- b) Frozen shoulder
- c) Peptic ulcer
- d) Cellulitis
- e) Dog bite wound

Column B

- i. Pain killer
- ii. Swelling with redness, pain
- iii. Screening test
- iv. Swelling in abdomen
- v. Tab Ranitidine 50mg. BD
- vi Anti Rabies vaccination
- vii. Bandaging of wound