

**Certificate in Maternal and Child  
Health Nursing (CMCHN)**

**ASSIGNMENT JANUARY  
2019**

**IGNOU**



***School of Health Sciences***  
**Indira Gandhi National Open University**  
**Maidan Garhi, New Delhi-110 068**

**Please take note of the following points before writing your assignments:-**

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

<b>Course Code</b> _____	<b>Enrollment No.</b> _____
<b>Course Title</b> _____	<b>Name</b> _____
<b>Assignment Code</b> _____	<b>Address</b> _____
<b>PSC</b> _____	_____
<b>Date of Submission</b> _____	_____

**Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.**

# Certificate in Maternal and Child Health Nursing

## Assignment – TMA –I

(Block – 1 to 6)

Programme Code: CMCHN

Course Code: BNS-117

Maximum Marks: 100

Passing Marks: 50

Last date of submission: 30<sup>th</sup> April, 2019

**Note: - This assignment has three parts i.e. Part A, B and C**

Part A consists of two long answer questions, each carries 15 marks.

Part B consists of six short answer questions, each carries 10 marks.

Part C consists of four objective type questions, carries 2½ marks in each.

**Answer all the questions with examples wherever required**

**You must take help from Practical Manual wherever required**

### Part A

#### Long Answer Questions:-

- 1)
  - a) Define Health and Explain philosophy of health.
  - b) Discuss various determinants of health.
  - c) List the elements of primary health care.
  - d) Discuss role of nurse in MCH Programme (4+4+4+3=15)
  
- 2)
  - a) Describe principles and importance of writing records.
  - b) Discuss types of record & reports.
  - c) Explain the meaning of health records and computer. (3+4+8=15)

### Part B

#### Short Answer Questions

- 3)
  - a) Explain physiology of conception.
  - b) Describe signs and symptoms of pregnancy. (3+7=10)
  
- 4)
  - a) Define Low Birth Weight baby & explain its types.
  - b) Discuss problems of LBW baby.
  - c) Describe Nursing Care of LBW baby (2+3+5=10)
  
- 5) Explain assessment and classification for cough or difficult breathing among 2 to 5 years of child. Support your answer with examples. (10)
  
- 6)
  - a) Explain meaning, importance and need of social mobilization.
  - b) Discuss the steps in social mobilization at village level
  - c) Describe the qualities of health worker for effective social mobilization. (2+3+5=10)
  
- 7)
  - a) Explain the meaning of Supervision
  - b) Describe the principles of supervision.
  - c) Write the qualities of a good Supervisor. 2+3+5=10)

- 8) Explain management of finance at subcentre level. Support your answer with examples. (10)

**Part C**

- 9) Place a (✓) against the most appropriate answer given under each statement ( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) Safe motherhood under CSSM Programme includes all services **except**:
- Immunization of pregnant women.
  - Delivery by trained personal.
  - Vitamin A prophylaxes.
  - Promotion of Institutional delivery.
- b) All of the steps are involved in sequence to decision making process **except**.
- Solve as per common sense.
  - Identify the problem.
  - Identify all possible solutions.
  - Select one solution.
- c) One of the following is true for Authoritarian style of leadership involves
- Sharing responsibility.
  - Only on the work to be done.
  - Seeks involvement of group members.
  - Members have feeling of belongingness.
- d) All of the following are true for sub centre **except**:
- It serve a population of 5000 in plain area.
  - Staff includes a team of one male and one female.
  - Providing essential ante-natal care
  - It acts as a referral unit also.
- e) New initiatives under RCH – II includes all of the followings **except**:
- Making first referral unit functional.
  - Janani Suraksha Yojana
  - Vande Mataram Scheme
  - Management of diarrhea and ARI.

10. Match the items given in Column A with those given in Column B: ( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

Column A	Column B
a) Growth	i) Physiological maturations
b) Perinatal period	ii) Round measurement of body part
c) Development	iii) Increase in size of body
d) Circumference	iv) 22 weeks to 7 days after birth
e) Puberty	v) Adulthood
	vi) Onset of sexual maturity
	vii) Flat measurements of body

11. Fill in the blanks:- ( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) Toddler is period from \_\_\_\_ year of age.
- b) Tubercular Endometritis is an important cause of \_\_\_\_\_.
- c) First aid measure in dog bite includes \_\_\_\_\_ with soap and water.
- d) Severe anaemia in pregnancy cause \_\_\_\_\_ concentrations of hemoglobin.

- e) The presentations in which fetal head lies in lower part of uterus is known as \_\_\_\_\_ presentation.

**12. Place a (✓) mark against 'T' if you consider the statement as true and 'F' if you consider the statement as false** (½ x 5 = 2½)

- a) In breach presentation, the fetus lies with its buttocks in the lower part of uterus. (T/F)
- b) Free and cashless delivery is an initiative under JSSK. (T/F)
- c) Sub centre is the first referral unit. (T/F)
- d) Function of emergency contraceptive pills is to washout fetus. (T/F)
- e) Condoms are one of the terminal method of fertility control (T/F)