

**Certificate in Maternal and Child Health
Nursing (CMCHN)**

IGGNOOD

ASSIGNMENT JANUARY 2018



School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068

Please take note of the following points before writing your assignments:-

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Course Code _____ Enrollment No. _____

Course Title _____ Name _____

Assignment Code _____ Address _____

PSC _____

Date of Submission _____

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

Certificate in Maternal and Child Health Nursing

Assignment – TMA –I

(Block – 1 to 6)

Programme Code: CMCHN

Course Code: BNS-117

Maximum Marks: 100

Passing Marks: 50

Last date of submission: 30th April, 2018

Note: - This assignment has three parts i.e. Part A, B and C Part

A consists of two long answer questions, each carries 15 marks.

Part B consists of six short answer questions, each carries 10 marks.
Part C consists of four objective type questions, carries 2½ marks in each.

Answer all the questions with examples wherever required You must take help from Practical Manual wherever required

Part A

Long Answer Questions:-

- 1) a) Define Health and Explain philosophy of health.
b) Discuss various determinants of health.
c) List the elements of primary health care.
d) Discuss role of nurse in MCH Programme **(4+4+4+3=15)**
- 2) a) Describe principles and importance of writing records.
b) Discuss types of record & reports.
c) Explain the meaning of health records and computer. **(3+4+8=15)**

Part B Short

Answer Questions

- 3) a) Explain physiology of conception.
b) Describe signs and symptoms of pregnancy. **(3+7=10)**
- 4) a) Define Low Birth Weight baby & explain its types.
b) Discuss problems of LBW baby.
c) Describe Nursing Care of LBW baby **(2+3+5=10)**
- 5) Explain assessment and classification for cough or difficult breathing among 2 to 5 years of child. Support your answer with examples. **(10)**
- 6) a) Explain meaning, importance and need of social mobilization.
b) Discuss the steps in social mobilization at village level
c) Describe the qualities of health worker for effective social mobilization. **(2+3+5=10)**
- 7) a) Explain the meaning of Supervision
b) Describe the principles of supervision.
c) Write the qualities of a good Supervisor. **2+3+5=10)**
- 8) Explain management of finance at subcentre level. Support your answer with examples. **(10)**

Part C

- 9) **Place a (✓) against the most appropriate answer given under each statement (½ x 5 = 2½)**
- a) Safe motherhood under CSSM Programme includes all services **except**:
- Immunization of pregnant women.
 - Delivery by trained personal.
 - Vitamin A prophylaxes.

- iv. Promotion of Institutional delivery.
- b) All of the steps are involved in sequence to decision making process **except**.
 - i. Solve as per common sense.
 - ii. Identify the problem.
 - iii. Identify all possible solutions.
 - iv. Select one solution.
- c) One of the following is true for Authoritarian style of leadership involves
 - i. Sharing responsibility.
 - ii. Only on the work to be done.
 - iii. Seeks involvement of group members.
 - iv. Members have feeling of belongingness.
- d) All of the following are true for sub centre **except**:
 - i. It serve a population of 5000 in plain area.
 - ii. Staff includes a team of one male and one female.
 - iii. Providing essential ante-natal care
 - iv. It acts as a referral unit also.
- e) New initiatives under RCH – II includes all of the followings **except**:
 - i. Making first referral unit functional.
 - ii. Janani Suraksha Yojana
 - iii. Vande Mataram Scheme
 - iv. Management of diarrhea and ARI.

10. Match the items given in Column A with those given in Column B: ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

Column A	Column B
a) Growth	i) Physiological maturations
b) Perinatal period	ii) Round measurement of body part
c) Development	iii) Increase in size of body
d) Circumference	iv) 22 weeks to 7 days after birth
e) Puberty	v) Adulthood
	vi) Onset of sexual maturity
	vii) Flat measurements of body

11. **Fill in the blanks:-** ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Toddler is period from ____ year of age.
- b) Tubercular Endometritis is an important cause of _____.
- c) First aid measure in dog bite includes _____ with soap and water.
- d) Severe anaemia in pregnancy cause _____ concentrations of hemoglobin.
- e) The presentations in which fetal head lies in lower part of uterus is known as _____ presentation.

12. **Place a (✓) mark against ‘T’ if you consider the statement as true and ‘F’ if you consider the statement as false** ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) In breach presentation, the fetus lies with its buttocks in the lower part of uterus. (T/F)
- b) Free and cashless delivery is an initiative under JSSK. (T/F)

- c) Sub centre is the first referral unit. **(T/F)**
- d) Function of emergency contraceptive pills is to washout fetus. **(T/F)**
- e) Condoms are one of the terminal method of fertility control **(T/F)**