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**Post Graduate Diploma in Geriatric
Medicine (PGDGM)**

**ASSIGNMENTS
2016**

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2016

Dear Student,

There are two assignments in total and **both** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
August 31, 2016	MME-004	Blocks 1 to 6	MME-004/AS-1/2016
August 31, 2016	MME-005	Blocks 1 to 8	MME-005/AS-1/2016

* For students appearing in term-end theory examination of June 2016, the last date of submission of assignments will be 31st March, 2016 instead of 31st August, 2016 respectively.

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- All the questions are compulsory.
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. Do not copy the answers from the Blocks.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the Course Code, Course Title, Assignment Code, Name of your Programme Study Centre and Date of Submission. Your Enrolment No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Please attach a xerox copy of the assessment sheet (provided in the Programme Guide) to your assignment for the counselors to write their comments and **submit the assignments to your Programme In-charge only**. You may keep a xerox copy of the answer sheets for future reference.

Course Code _____	Enroll No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

MME-004: Basic Geriatrics

(Blocks 1 to 6)

Course Code: MME-004
Assignment Code: MME-004/AS-1/2016
Maximum Marks: 100
Due Date: August 31, 2016

Answer all the questions

Write Short notes on the following:

(10X10 =100)

- 1) Population Pyramid
- 2) Risk factors in pathogenesis of disease
- 3) Gender issues in care giving
- 4) Biological changes in ageing
- 5) Psycho-social perspectives of graceful ageing
- 6) Specific issues in health education for older people
- 7) Risk factors in elderly for pathogenesis of disease
- 8) Role of yoga in maintaining health
- 9) National policy on older persons
- 10) Determinants of active and graceful ageing

MME-005: Clinical Geriatrics

(Blocks 1 to 8)

Course Code: MME-005
Assignment Code: MME-005/AS-1/2016
Maximum Marks: 100
Due Date: August 31, 2016

Answer all the questions

1. A 68 year old person has come to casualty with acute retrosternal pain, severe breathlessness and profuse sweating of half-an-hour duration. List the differential diagnosis. How would you investigate and manage this case? (2+4+6=12)

2. A 64- year old male present with severe anemia. List the causes of anemia in the elderly and outline the approach to the diagnosis of anemia. (4+8=12)

3. A 62 year diabetic woman presents to her family physician with a 10 year history of diabetes mellitus. Earlier she was on oral agents, now she is taking insulin. Patient is DOE, has no chest pain for 3 months, she is a known Hypertensive and is on HCTZ. On examination her BP was 160/90 mmHg, BMI was 42 and Fundus showed non proliferative retinopathy. Investigation reveal fasting blood glucose was 243 mg/dl. ECG shows LVH with strain pattern. Urine sample is positive for microalbuminuria. What advice you will give to the patient? What will be the treatment of HT? Describe the role of microalbuminuria. (3+5+4=12)

4. Write short notes on the following (8X5 = 40)
 - a) Clinical features and diagnosis of benign prostate hypertrophy
 - b) Hormone Replacement Therapy (HRT)
 - c) Types and clinical presentation of glaucoma
 - d) Herpes Zoster
 - e) Causes of malabsorption in the elderly
 - f) Cor pulmonale diagnosis and treatment
 - g) Treatment of hypertension associated with diabetes and hypercholesterolaemia
 - h) CSF findings and treatment of tubercular meningitis in elderly

5. Write short notes on the following: (6X4 = 24)
 - a) Clinical features of Pneumonia
 - b) Gastrooesophageal reflux disease (GERD)
 - c) Myasthenia gravis
 - d) Periodontal disease in elderly
 - e) Treatment of Acute Stroke
 - f) Complications of enteric fever