

**DIPLOMA IN EARLY CHILDHOOD CARE AND  
EDUCATION**

**Assignments 1 to 3  
January 2021 & July 2021**

**DECE-1 : Organizing Child Care Services  
DECE-2 : Child Health and Nutrition  
DECE-3 : Services and Programmes for Children**

**School of Continuing Education  
Indira Gandhi National Open University  
MaidanGarhi, New Delhi -110068**

**ASSIGNMENTS 1-3**

**January 2021/ July 2021**

Dear Learners,

You have to do three assignments as part of the Diploma Programme. **ALL THREE ASSIGNMENTS ARE COMPULSORY.** You have to pass in all the three assignments in order to be awarded the Diploma.

Further, each assignment has three parts - Section A, Section B and Section C. **ALL THREE PARTS OF EACH ASSIGNMENT ARE COMPULSORY.** If you do not submit all the parts of the assignment together, your assignment will not be considered complete and will be returned to you without being marked. You will have to repeat the assignment.

In each assignment, Section A comprises theoretical questions and Sections B & C comprise Practical Exercises. Each assignment carries 100 marks; 60 marks for Section A and 20 marks each for Sections B & C.

The assignments printed in this booklet contain section A of the three assignments. The Practical Exercises for Section B & Section C of the three Assignments, are contained in the Practical Manual for each Course which you would have received in your study material. There are 9-10 exercises in each Practical Manual. You have to do two exercises from each Practical Manual for each Assignment. Information about which exercises have to be done for each assignment, is given under Section B & Section C of each assignment in this booklet.

Though you have to submit only two Practical Exercises for each Assignment, **we advise you to do all the Practical Exercises contained in the Practical Manuals.** This will give you practice in applying theoretical concepts in real life and you will develop skills of interacting with children which will help you do the Project Work (i.e., Course 4) of the Diploma better. After doing the different exercises, you can select the exercise which you have done best for the assignment.

**Objectives of the Assignments:** One of the objectives of the assignments is to assess how well you have understood the concepts explained in the various Blocks of the Course. This is assessed through the questions in Section A. Another objective of the assignments is to assess how far you can apply the theoretical concepts which you have studied in the Blocks in day to day situations. This is assessed through the Practical Exercises in Sections B and C.

## **SOME DO'S AND DONT'S ABOUT SENDING IN ASSGNMENTS**

### **Some Do's**

1. Submit your assignments by the due date to your Study Centre. We have distributed the dates of assignment submission over a period of three months, instead of giving one date for submission of all assignments. We have done this so that you get enough time to do all assignments. Also, when the counselor returns one corrected assignment to you, you can do better in subsequent assignments, as you can benefit from your Counselor's comments on your submitted response sheets.

2. Maintain an account of the assignments sent to us and the corrected assignments received by you. This will help you maintain the schedule of your work and avoid the possibility of sending the same assignment a second time.

### Some Dont's

1. Do not remind us to send back the corrected response sheets. These will be sent to you at the earliest possible.
2. Do not misplace/ lose your graded assignments. You will need these till the Course is completed.
3. Do not enclose doubts for clarification along with the assignment. If you want to draw our attention to something of urgent/important nature, write to us separately. Give your roll number, name, address, the title of the Course, the number of the assignment, etc. on top of your letter.

### INSTRUCTIONS

1. Write your roll number, name, full address and date on top right corner of the first page of your response sheets.
2. Write the Course title, assignment number and the name of the study centre you are attached to, in the center of the first page of your response sheets.

The top of the first page of your response sheets should look like this:

Enrolment No.....  
Name.....  
Address.....  
.....  
.....  
Date.....

Course Title.....  
Assignment No.....  
Study Centre.....

Please follow the above format strictly. If you do not follow this format, we will be compelled to return your script to you for re-submission.

3. Read the instructions related to assignments printed in the Programme Guide.
4. **Please note that unless you submit the assignment of a particular Course within the date mentioned for that assignment, you would not be permitted to appear for the term-end examination of that course.**
5. **Submit Section A, B & C of each assignment together, otherwise your assignment would be returned to you without being evaluated.**

**Assignment 1**  
**(Tutor Marked Assignment)**

Course Code: DECE-1  
Assignment Code: DECE-1/TMA-1/2021  
Total Marks: 100

**Last date of submission of assignment to the Study Centre:**

30<sup>th</sup> September, 2021 for January, 2021 session

31<sup>st</sup> March, 2022 for July, 2021 session

**All Three Sections – A, B and C of this assignment are compulsory.**

**SECTION A**

**60 Marks**

**Answer all questions of Section A.**

- 1 (a) Outline the sequence of emergence of gross motor skills from birth to two years of age.  
(500 words) (5 marks)
- (b) Describe one activity each for fostering the development of the following abilities in four year old children.
- (i) Pre-reading skills
- (ii) Creativity in four year old children. (300 words per activity; 3+3=6 marks)
- 2(a) What is meant by “altruism” and “empathy”? (200 words)
- (b) What aspects of the family environment would help in the development of altruism and empathy?  
(600 words) (2+6 = 8 marks)
3. Suppose you are an educator in a preschool centre.
- (a) Describe two methods that you would use for evaluating children’s progress.  
(400 words each) (4+4 = 8 marks)
- (b) State the points you will keep in mind while evaluating indoor space of the centre.  
(500 words) (5 marks)
4. What are the aspects that you would keep in mind while selecting play activities for young children?  
(500 words) (5 marks)

5. In the context of preschool education it is said that
- Children should be given the freedom to explore and find out things for themselves.
- The educator needs to guide and structure children’s play activities in the preschool.
- In your opinion, are the two statements contradictory to each other or do they complement each other? Discuss your answer giving rationale for your views and examples in support of your answer. (800 words) (8marks)
6. Write in about 500 words on the following:
- (a) Critical periods in development.
  - (b) Capacities and capabilities of the new-born.
  - (c) Ways of involving the parents in the activities of the child care centre.

(3X5=15marks)

## SECTION B

**20 Marks**

In this Section you have to do **any one** of the Practical Exercises related to observing children. Choose any exercise out of Exercises 4, 6 and 7 described in the Practical Manual of this Course i.e., DECE-1 and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in observing children, recording your observations and interpreting them. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows

<b>Exercise 4</b>	<b>Total marks:</b>
<b>20</b>	

**Break-up of marks:**

Observing the child and the parents and recording the observations	10
Analysis of observations and conclusions	10

<b>Exercise 6</b>	<b>Total marks:</b>
<b>20</b>	

**Break-up of marks:**

Observing the child and recording the observations	10
Analysis of observations and conclusions	10

**Exercise 7**  
**20**

**Total marks:**

**Break-up of marks:**

Carrying out activities related to matching and conservation and recording observations 5+5

Analysis of observations and conclusions related to matching and conservation 5+5

**SECTION C**

**20 Marks**

In this Section you have to do **any one** of the Practical Exercises related to planning play activities for children and conducting them. These are Practical Exercise numbers 5, 8 and 9, described in the Practical Manual of this course i.e., DECE-1. Choose any one of the exercises and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in planning and organizing play activities. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows:

**Exercise 5**

**Total marks: 20**

**Break-up of marks:**

Playing with the infant with the toy that has been made, and recording the observations 10

Evaluating the play activity and writing the conclusions 10

**Exercise 8**

**Total marks: 20**

**Break-up of marks:**

Planning the two activities 5+5

Carrying out the two activities and analyzing and evaluating them 5+5

**Exercise 9**

**Total marks: 20**

**Break-up of marks:**

Describing the festival 2

Suggesting re-organization of the room 6

Scheduling activities over a week 6

Brief description of scheduled activities 6

**Assignment 2**  
**(Tutor Marked Assignment)**

Course Code: DECE-2  
Assignment Code: DECE-2/TMA-2/2021  
Total Marks: 100

**Last date of submission of assignment to the study centre:**

30<sup>th</sup> September, 2021 for January, 2021 session

31<sup>st</sup> March, 2022 for July, 2021 session

**All Three Sections – A, B and C of this assignment are compulsory.**

**SECTION A**

**60 Marks**

**Answer all questions of Section A**

1. Explain the meaning of the terms ‘nutrition’ and ‘health’ and clarify the inter relationship between them. ( 400 words) (4 marks)
2. Describe the functions of each of the following and two rich sources of each:  
(400 words each ) (4+2 =6 marks)
  - (i) carbohydrates
  - (ii) Fats
3. (a) Explain the term “balanced diet”. (400 words) (4 marks)  
(b) Describe any two factors involved in making balanced diets.  
(600 words) (3x2=6 marks)  
( c) Suggest a balanced lunch menu for a pregnant lady. State the nutrients being provided by each dish in the meal. (5 marks)
4. (a) List four nutrition-related disorders during childhood. (2 marks)  
(b) Describe the : (600 words) (6 marks)
  - (i) symptoms,
  - (ii) causes and
  - (iii) Prevention with respect to any one of them.
5. Define growth monitoring. Explain the use of growth chart for monitoring a young child’s growth. (500 words) (5 marks)
6. Write on any four of the following: (400 words each) (4x4=16 marks)
  - (a) Food groups and their use

- (b) Advantages of breast feeding
  - (c) Risk factors in pregnancy
  - (d) Services provided by ICDS
  - (e) How immunization works and diseases against which child can be immunized.
7. (a) What is meant by ‘supplementary feeding’? At what age should it begin and why?  
(300 words) (3 marks)
- (b) State two supplementary foods that can be given to a nine month old infant. Also, explain the rationale for the foods that you have selected for the child. (3marks)

## SECTION B

**20 Marks**

**In this Section you have to do either Exercise 2 or Exercise 3 given in the Practical Manual of this Course, i.e. DECE-2.**

It would be useful for you to do both these Practical Exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. Incase the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.

## SECTION C

**20 Marks**

**In this Section you are required to do any one Exercise out of Exercise 5, 6 or 7 given in the Practical Manual of this Course, i.e. DECE-2.**

It would be useful for you to do both these practical exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. Incase the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.



**Assignment 3**  
**(Tutor Marked Assignment)**

Course Code: DECE-3  
Assignment Code: DECE-3/TMA-3/20201  
Total Marks: 100

**Last date of submission of assignment to the study centre:**

30<sup>th</sup> September, 2021 for January, 2021 session

31<sup>st</sup> March, 2022 for July, 2021 session

**All Three Sections – A, B and C of this assignment are compulsory.**

**SECTION A**

**60 Marks**

**Answer all questions of Section A**

1. Discuss the rationale and need for programmes for early childhood care and education.  
(600 words) (6 marks)
2. You have read about the basic ideas of various educationists. Describe any three ideas which you feel are relevant in the context of preschool education today. With respect to each idea, state the educationist whose idea it is. (300 words each) (3X3=9 marks)
3. What advice will you give to the parents regarding early intervention for a child with cerebral palsy?  
(500 words) (5 marks)
4. List 5 ways as to how the teacher can help the child with hearing impairment to understand the speech of others. (5 marks)
5. a) Discuss the environmental factors that can cause behavioural difficulties in children.  
(500 words) (5 marks)  
  
b) How can children who show aggressive behaviour be managed by the educator in classroom situation?  
(500 words) (5 marks)
6. Give below are two messages:  
  
Message 1: Use the play way approach for preschool education.  
  
Message 2: Immunization is necessary for ensuring the child's health  
  
With respect to each of these messages state -

- (i) The target group (receives) to whom you will communicate the message. (1X2=2 marks)
- (ii) The strategy of communication you will use. (2X2=4 marks)
- (iii) The method of communication you will use. (2X2=4 marks)

For each of the three aspects stated above, give the reasons for your choice.

- 7. Write note on any two (500 words each): (5+5=10 marks)
  - i. Women – to – woman strategy of communication
  - ii. Community based rehabilitation: its meaning
  - iii. Disadvantages of labeling children with disability
- 8. What aspects should be kept in mind when preparing a budget for a child care centre? (500 words) 5 marks

## SECTION B

**20 Marks**

**In this Section, you have to do any one exercise from among exercises 1, 2, 9 or 10 given in the Practical Manual of this Course, i.e. DECE-3.**

It would be useful for you to do all these practical exercises. You may then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself.

## SECTION C

**20 Marks**

**In this Section, you have to do any one exercise from among exercises 6, 7 or 8 given in the Practical Manual of this Course, i.e. DECE-3.**

It would be useful for you to do all these practical exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself.