

BPCC-131

BACHELOR OF ARTS

(BAG)

ASSIGNMENT

**For the students enrolled in
July 2019 and January 2020 sessions**

COURSE CODE: BPCC-131

FOUNDATIONS OF PSYCHOLOGY



**SCHOOL OF SOCIAL SCIENCES
INDIRA GANDHI NATIONAL OPEN UNIVERSITY
MAIDAN GARHI, NEW DELHI-110068**

Dear Student,

As we have informed you in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a course carry 30% weightage while 70% weightage is given for term-end examination.

This Assignment booklet has TMAs for the core course **BPCC- 131 Foundations of Psychology** which is a six credit course (4 credits theory + 2 credits practical). Please refer to the practical guidelines given in the course material of BPCC 131 for doing the 2 credits of practical component. The booklet therefore has two TMAs whose total marks add up to 100 and carry a weightage of 30 %.

Assignment A has Descriptive Category Questions (DCQs). These are meant for writing essay type answers, with an introduction and a conclusion. These are intended to test your ability to describe your understanding/knowledge about the topic in a systematic, to-the-point and coherent manner.

Assignment B has Short Category Questions (SCQs). These questions are meant to improve your skill of recall in brief the relevant/precise information about persons, writing, events, or clear understanding of concepts and processes.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve your writing skills and prepare you for the term-end examination.

As mentioned in the Programme Guide, you need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination.

Answers should be in your own handwriting. Do not print or type the answers. Do not copy your answers from the study material sent to you by the University or from other learners. If you copy, you will get zero marks for the respective question.

Submission of the completed assignments :

Admission batch	Last date of submission	Place of submission
For the students enrolled in July 2019	30th April 2020	Coordinator of the student's study center
For the students enrolled in January 2020	31st October 2020	

You must obtain a receipt from the Study Centre for the assignments submitted and retain it. If possible, keep a xerox copy of the assignments with you.

The Study Centre will have to return the assignments to you after they are evaluated. Please insist on this. The Study Centre has to send the marks to the Student Evaluation Division at IGNOU, New Delhi.

We expect you to answer each question as per guidelines for each category as mentioned in the assignment. You will find it useful to keep the following points in mind:

- 1) **Planning:** Read the assignments carefully, go through the Units on which they are based. Make some points regarding each question and then rearrange them in a logical order.
- 2) **Organisation:** Be a little selective and analytic before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion.

Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs, and
 - c) is written correctly giving adequate consideration to your expression, style and presentation.
- 3) **Presentation:** Once you are satisfied with your answer, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.

Wish you all the best !

**Discipline of Psychology
SOSS, IGNOU, New Delhi**

BPCC-131 : FOUNDATIONS OF PSYCHOLOGY

Tutor Marked Assignments

Course Code: BPCC-131

Assignment Code: ASST /TMA /July 2019 & January 2020

Total Marks: 100

Assignment A

Answer the following *descriptive category* questions in about 500 words each. Each question carries 20 marks. **3 x 20 = 60 marks**

1. Define psychology. Discuss the various schools of psychology.
2. Explain trait theories of personality.
3. Compare and contrast operant conditioning and behaviouristic approach to learning.

Assignment B

Answer the following *short category* questions in about 100 words each. Each question carries 5 marks. **8 x 5 = 40 marks**

4. Correlational method
5. Apparent movement
6. Learned helplessness
7. Interference as a cause of forgetting
8. Types of basic emotions
9. Gardener's theory of intelligence
10. Projective techniques
11. Law of figure-ground relationship.