

Dear Learner,

As we have informed you in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a Course will carry 30% weightage while 70% weightage is given for term-end examination (total 100 marks).

BPCC 133 is a 6 credits course (4 credits theory + 2 credits tutorial). Assignment for BPCC 133 has two parts, Part I & II.

Part A consists of Assignment one and Assignment two. Assignment One has Descriptive Category Questions (DCQs). These are meant for writing essay type answers, with an introduction and a conclusion. These are intended to test your ability to describe your understanding/knowledge about the topic in a systematic, and in a coherent manner.

Assignment Two has Short Category Questions (SCQs). These questions are meant to improve your skill of recall in brief the relevant and precise information about concepts and processes.

Part B has Tutorial component in which you need to complete activities as instructed.

Before you attempt the assignments and tutorial, please read the instructions carefully.

It is important that you write the answers to all the Tutor Marked Assignment (TMA) questions in **your own words**. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve your writing skill and sharpen your understanding of the concepts. It will also help you prepare for the term-end examination.

Submission

Session	Last Date of Submission*	To be Sent
For July 2021 & January 2022	30th September, 2021 & 31st March, 2022 (Please check the dates from www.ignou.ac.in)	To The Coordinator of the Study Centre allotted to you/ Or through online mode (www.ignou.ac.in/ your Regional Centre website)

* You need to submit the assignments within the stipulated time for being eligible to appear in the term-end examination.

Please obtain a receipt from the study centre for the assignments/tutorial submitted and retain it. Also keep a photocopy of the assignments/tutorial with you. The Study Centre will return

the assignments to you after they are evaluated. The completed assignment should be sent only to the Coordinator of the Study Centre allotted to you.

Following instructions are to be carefully followed before writing the assignments:

1. You will find it useful to keep the following points in mind:
 - i. **Planning:** Read the assignments carefully. Go through the Units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - ii. **Organisation:** Read the study material carefully, analyze it, and then prepare a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
 - iii. **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission. Write each answer neatly with proper spacing, and underline the points you wish to emphasize. Make sure that the answer is around the suggested word limit.
2. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the academic counsellor to write useful comments in the margin at appropriate places.
3. **Answers should be in your own handwriting.** Do not print or type the answers. Do not copy your answers from the study material sent to you by the University or from other learners. If you copy, you will get zero marks for the respective question.
4. You need to attach a copy of the TMA with the completed assignment before submitting it.
5. In case you have requested for a change of Study Centre, you should submit your TMA only to the original Study Centre until the change of Study Centre is notified by the University.
6. If you find that there is any factual error in evaluation of your assignments, e.g., any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Wish you all the best!

**Discipline of Psychology
SOSS, IGNOU, New Delhi**

PSYCHOLOGICAL DISORDERS (BPCC 133)
Tutor Marked Assignments (TMA)

Course Code: BPCC 133
Assignment Code: Asst /TMA /July 2021-2022
Total Marks: 100

NOTE: All questions are compulsory.

PART A
Assignment One

2 x 20 = 40

Answer the following questions in about 500 words each. Each question carries 20 marks.

1. Discuss the causal factors and treatment of substance use disorders.
2. Elucidate the symptoms of major depressive disorder. Explain the biological causal factors of unipolar mood disorder.

Assignment Two

6 x 5 = 30

Answer the following questions in about 100 words each. Each question carries 5 marks.

3. Behavioural perspective in the development of phobia
4. DSM-5
5. Symptoms of Obsessive-Compulsive Disorder
6. Genetic influences in Schizophrenia
7. Pedophilic Disorder
8. Symptoms of Post-traumatic Disorder

PART B
Tutorial

2 x 15 = 30

Note: You need to complete the activities according to the given instructions. Please attempt the activities in a coherent and organized manner. The word limit for each activity is around 700 words. Each activity is of 15 marks. For the activities you may refer to relevant offline or online resources. Some useful resources are also listed at the end of each unit.

- From the beginning of 2020, we are all witnesses to the COVID-19 pandemic. During these challenging times, people have been trying to adjust to the ‘new normal’ amidst the chaos and disruption. Many deaths due to COVID-19 were reported during this period. However, if we see among the non-COVID deaths, mental illness accounts for the highest number. The Indian Psychiatric Society recorded a rise in mental illness early in the lockdown.

In light of the above, highlight the key aspects of Mental Healthcare Act, 2017 and write on mental healthcare services in India.

Note: The content should be written in one’s own words. Please mention reference details of the articles/books, at the end of your write-up.

- The World Federation for Mental Health celebrates World Mental Health Day every year on 10th October. The theme of 2021 World Mental Health Day is ‘Mental Health in an Unequal World’. Write on the above from a human-rights perspective.

Note: The content should be written in one’s own words. Please mention reference details of the articles/books, at the end of your write-up.