



D

O

N

G

I

**Post Graduate Diploma in Geriatric
Medicine (PGDGM)**

**ASSIGNMENTS
2014**

School of Health Sciences
**Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2014**

Dear Student,

There are two assignments in total and **both** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

| Last Date of Submission * | Course Code | Blocks Involved | Assignment Code |
|---------------------------|-------------|-----------------|-------------------|
| August 31, 2014 | MME-004 | Blocks 1 to 6 | MME-004/AS-1/2014 |
| August 31, 2014 | MME-005 | Blocks 1 to 8 | MME-005/AS-1/2014 |

* For students appearing in term-end theory examination of June 2014, the last date of submission of assignments will be May 15th, 2014 instead of August 31, 2014 respectively.

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- All the questions are compulsory.
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. Do not copy the answers from the Blocks.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the Course Code, Course Title, Assignment Code, Name of your Programme Study Centre and Date of Submission. Your Enrolment No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Please attach a xerox copy of the assessment sheet (provided in the Programme Guide) to your assignment for the counselors to write their comments and **submit the assignments to your Programme In-charge only**. You may keep a xerox copy of the answer sheets for future reference.

| | |
|--------------------------|------------------|
| Course Code _____ | Enroll No. _____ |
| Course Title _____ | Name _____ |
| Assignment Code _____ | Address _____ |
| PSC _____ | _____ |
| Date of Submission _____ | _____ |

MME-004: Basic Geriatrics

(Blocks 1 to 6)

Course Code: MME-004
Assignment Code: MME-004/AS-1/2014
Maximum Marks: 100
Due Date: August 31, 2014

Answer all the questions

Write short notes on the following:

(10×10=100)

- 1) Antioxidants
- 2) Health promotion intervention in old age
- 3) Gender issues in care giving
- 4) Occupational therapy
- 5) Determinants of active ageing
- 6) Diet-related degenerative diseases in elderly.
- 7) Specific issues in health education for older people
- 8) Walking aids
- 9) Biological changes of respiratory system.
- 10) Interventions to modify risk factor.

MME-005: Clinical Geriatrics (Blocks 1 to 8)

Course Code: MME-005
Assignment Code: MME-005/AS-1/2014
Maximum Marks: 100
Due Date: August 31, 2014

Answer all the questions

- 1) A 70-year-old male present with acute onset breathlessness for 3 hours. List the differential diagnosis and approach to management. Discuss the management of acute left ventricular failure? (12)

- 1) A 62-year-old male with type 2 diabetes mellitus presents with progressively increasing numbness and tingling of both feet for 3 months.
 1. Enumerate the chronic complications of diabetes mellitus.
 2. Discuss the diagnosis of diabetic neuropathy.
 3. Briefly discuss the management of diabetic neuropathy. (12)

- 3) A 70 year old female is brought to the emergency with sudden onset fall and inability to move left half of her body. Discuss the diagnosis and outline the approach to the management of this patient.

- 4) Write short notes on the following: (8x5=40)
 - a. Clinical features and diagnosis of benign prostate hypertrophy
 - b. Treatment of hypertension associated with diabetes and hypercholesterolaemia
 - c. Common urinary problems in elderly females
 - d. Causes of visual impairment in elderly
 - e. Management of hyponatremia
 - f. Hypothermia in the elderly
 - g. Depression
 - h. Colle's fracture

5) Write short notes on the following:

(6x4=24)

- a) Hormone Replacement Therapy (HRT)
- b) Metabolic causes of coma in elderly.
- c) Barriers to obtaining history in Geriatric patients.
- d) Clinical features of Alzheimer's disease
- e) Multiple myeloma
- f) Components of palliative care