



# **Post Graduate Diploma in Geriatric Medicine (PGDGM)**

## **ASSIGNMENTS**

**2025**

PGDGM/MME-106/AS1-2

**IGNOU**

*School of Health Sciences*  
**Indira Gandhi National Open University**  
**Maidan Garhi, New Delhi-110068**  
**2025**

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
November 15, 2025	MME-106	1 and 2	MME-106/AS-1
November 30, 2025	MME-106	3 and 4	MME-106/AS-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only hand written assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a Xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Roll No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

**Please submit the assignments to your Programme-in-charge only.**

**Assignment-1(Blocks1&2)**

**Course Code: MME-106**  
**Assignment Code: MME-106/AS-1**  
**Maximum Marks: 100**  
**Due Date: November 15, 2025**

**Answer all the questions**

**1) Answer the following questions within 750 words. (2 X20=40)**

- A. A 63 year old male presents with a report of less than 0.01 mu/l. How will you processed next?
- B. A 65 years old gentleman, known case of diabetes since 30 years, on regular medications for the same, presented with complaints of pain, discharge and reduced hearing in the right ear since 10 days. He has been visiting the physician regularly for routine examinations and the laboratory examinations are in normal range for his age. He gives a past history of discharge from the same ear few years back which was relieved with medications. On examination there is mucoid discharge in the ear. After cleaning the discharge there is a central perforation of the tympanic membrane. Tuning fork tests reveal conductive type of hearing loss in the right ear and normal hearing in the left ear.
- What is the provisional diagnosis?
  - What investigations would you order?
  - What Medications would you prescribe?
  - What will the further management plan?
  - What surgical intervention would you advise to the patient?
  - Write a short note on the management of the fungal infections- dermatophytes and candidiasis in the elderly.

**2) Answer the following questions within 300 words. (10X 6=60)**

- List normal renal functions
- Indications and contraindications of Hormone replacement therapy (HRT)
- What is "Apathetic thyrotoxicosis"?
- T scores versus Z scores
- Biological in management of Rheumatoid Arthritis
- Discuss the evaluation of chronic dysphagia in the elderly

**Assignment-2 (Blocks 3& 4)**

**Course Code: MME-106**  
**AssignmentCode:MME-106/AS-2**  
**MaximumMarks:100**  
**DueDate: November 30,2022**

**Answer all the questions**

**1) Answer the following questions within 750 words.**

**(2 X20=40)**

- A. A 70-year-old man with unilateral hand tremors of 4 months duration visited a neurosurgeon and was prescribed amantadine 200 mg twice daily, pramipexole 1 mg daily, trihexyphenidyl 2 mg thrice daily. The patient presents to your emergency room in delirium with a 3-day history of gradual decline. What may be the possible causes of the same? How would you approach the patient?
- B. A 65 year old male patient presented with intense low back ache, fatigue and loss of weight since last one month. He also complains of urinary problems like hesitancy and nocturia. His X ray shows collapse of L 4-5 vertebrae. He was given pain killers advised rest and referred for physiotherapy by local health care provider would you like to change the management protocol?

**2) Answer the following questions within 300 words.**

**(10X 6=60)**

- a. How does a malignancy in a younger adult differ from an older adult?
- b. What are the common hematological malignancies in elderly?
- c. Discuss in brief the various settings in long term care
- d. Discuss the various points(pillars) of palliative care assessment
- e. Grading and Management of Pressure Ulcers
- f. Discuss how the age related changes make the pattern of injuries in elderly