

Certificate in Community Health (CCH)

Assignments BNS – 042

January 2024



*School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068*

Dear Student,

As explained in the Programme Guide, there are two assignments in total one assignment for BNS-041 and other for BNS-042 and these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and *submission of related assignments is a prerequisite* for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
30 th April, 2024	BNS-042	1,2,3,4,5,6	BNS-042/TMA

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the answer sheets for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code.....	Enrollment No.....
Course Title	Name
Assignment Code.....	Address
PSC
Date of Submission

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

PRIMARY HEALTH CARE IN COMMON CONDITION

ASSIGNMENT (BLOCK 1-6) (TUTOR MARKED)

Programme Code: BPCCHN

Course Code: BNS 042

Assignment Code: BNS-042/TMA/2024

Maximum Marks: 100

Last Date of Submission: 30th April, 2024

Instructions:

This assignment has three parts – Part A, B and C.

Part A – Consists of two long questions, each question carries 15 marks.

Part B – Consists of six short questions, each question carries 10 marks.

Part C – Consists of four objective type questions, each question carries 2.5 marks

Part - A

1. a) Define the following terms.
 - (i) Ante partum Hemorrhage (APH)
 - (ii) Post partum Hemorrhage (PPH)
 - (iii) Pre- Eclampsiab) Explain general management in PPH.
c) Discuss follow up care of women with pre-eclampsia
(4+5+6=15)

2. a) Explain the Need, Aim, Key features of RMNCH+A strategy.
b) Discuss strategic RMNCH+A intervention across life stages.
(6+9=15)

Part B

3. Define Seizure.
 - a) Enumerate types of Fits
 - b) Discuss sign and symptoms
 - c) Explain First Aid measures you would take to manage seizures at Health and Wellness Centre.
(1+2+3+4=10)

4. a) Explain screening of Hypothyroidism during pregnancy.
b) How would you identify high risk cases of Hypothyroidism in community.
c) Discuss the protocol for management of Hypothyroidism.
(2+3+5=10)

5. Discuss common Myths And Misconceptions about the Family Planning methods. Support your answer with example from your field area.
(10)

6. a) Explain adverse events following Immunization.
b) Discuss the reasons for low Immunization and compare with the findings in your region.
c) Prepare the updated Immunization scheduled followed in your region
(3+4+3=10)

7. a) Explain common ENT problems prevalent in your community.
b) Describe the important points to remember while dealing with ENT problems
(3+7=10)
8. a) Discuss Principles of diabetes treatment.
b) Describe drugs used for diabetes mellitus under following headings:
c) Indications of Oral Hypoglycemic Agents (OHA)
(3+5+2=10)

Part C

9. Place a (✓) against the most appropriate answer given under each statement
(2½ x 5 = 2.5)

- a) Most appropriate use of GATHER approach is for:
- Health education.
 - Counseling
 - IEC
 - Follow up
- b) Humanitarian conditions under which pregnancy can be terminated is:-
- Rape
 - Failure of contraception
 - Risk of child being born with handicaps
 - Mother's life is endangered
- c) All of the following are complications associated with teenage pregnancy **except**-
- Physically not ready for added strain
 - Has special nutritional needs
 - Mentally not prepared
 - Motherhood is a pleasant experience
- d) One of the following is used for Initial treatment of cellulitis:
- Anti-allergic
 - Antibiotics
 - Antifungal
 - Antipyretics
- e) A patient with abscess should be referred with all of the following condition **except**:-
- Systemic infection
 - Known infection
 - Swelling on skin with redness
 - Multiple abscesses

10. Fill in the Blanks (5 x ½ = 2.5)

- The hormones, insulin and glucagon are secreted by _____ organ.
- Anti hypertensive therapy prevents the complications of high blood pressure such as _____ and _____.
- Diuretics increase urinary excretions of water and electrolytes and are used to relieve _____.
- Identification of defects at early stages by means of tests and examination is known as _____.

11. Write 'T' if you consider the statement is True and 'F' if you consider the statement as False. (5 x ½ = 2.5)

- a) Epilepsy is a disease condition with recurrent seizures.
- b) Human Papilloma Virus (HPV) is responsible for ovarian cancer.
- c) Osteoarthritis is a degenerative disease of knee and hip joints
- d) Early immobilization of fractured site using splints increases pain.
- e) Meningo- Myelocoele is a serious birth defect due to folic acid deficiency.

12. Match the statement given in Column A with the terms given in Column B

(5 x ½ = 2.5)

Column A

- a) Cervical smear cytology
- b) Frozen shoulder
- c) Peptic ulcer
- d) Cellulitis
- e) Dog bite wound

Column B

- i. Pain killer
- ii. Swelling with redness, pain
- iii. Screening test
- iv. Swelling in abdomen
- v. Tab Ranitidine 50mg. BD
- vi Anti Rabies vaccination
- vii. Bandaging of wound