

IGNOU

**Certificate in Community
Health (CCH)**

Assignments

July 2023



*School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068*

Dear
Student,

As explained in the Programme Guide, there are two assignments in total and these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and *submission of related assignments is a prerequisite* for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
30 th November, 2023	BNS-041	1, 2,3,4,5	BNS-041/TMA
30 th November, 2023	BNS-042	1, 2,3,4,5,6	BNS-042/TMA

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the answer sheets for future reference.**

Do not copy from print material.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code..... Enrollment
No..... Course Title Name
..... Assignment Code.....
Address PSC
.....

Date of Submission

.....

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

PRIMARY HEALTH CARE IN COMMON CONDITION

ASSIGNMENT (BLOCK 1-6) (TUTOR MARKED)

Programme Code: BPCCHN

Course Code: BNS 042

Assignment Code: BNS-042/TMA/2023

Maximum Marks: 100

Last Date of Submission: 30th November, 2023

Instructions:

This assignment has three parts – Part A, B and C.

Part A – Consists of two long questions, each question carries 15 marks.

Part B - Consists of six short questions, each question carries 10 marks.

Part C – Consists of four types of questions, each question carries 2.5 marks

Part - A

1. a) Describe the process of pain management. (3)
b) Explain various sites for pain identification with the help of diagram. Support your answer with examples. (8)
c) Discuss various modalities for pain management. (4)
2. a) Explain the Need, Aims, Key features of RMNCH+A strategy. (6)
b) Discuss strategic RMNCH+A interventions across life stages. (9)

Part B

3. Explain First Aid management in following: (2½X4=10)
 - a) Stroke
 - b) Seizures
 - c) Road Traffic Accidents (RTA)
 - d) Bites
4. a) Define Eclampsia.
b) Discuss causes, risk factors and Care of women in Eclampsia. (2+8=10)
5. Explain the diagnosis and management of following Gynecological conditions (10)
 - (i) Dysmenorrhoea
 - (ii) Pre- menstrual syndrome.
 - (iii) Vaginal discharge.
 - (iv) Mastitis
6. Discuss management of common neonatal problems. Support your answer with the example from your clinical field experience. (10)
7. Discuss the points you will keep in mind while managing common surgical conditions. Support your answer with suitable examples from clinical field posting. (10)
8. Describe the risk factors, sign, Symptoms and management of a patient with cancer of oral cavity. (10)

Part C

9. Place a (✓) against the most appropriate answer given under each statement (½ x 5 = ½)

- a) One of the causes of pain in central abdomen (umbilical area) is:-
- Poor Posture.
 - Peritonitis (infection).
 - Renal stones.
 - Appendicitis
- b) Drug of choice for motions sickness is:-
- Tab promethazine 25mg
 - Tab cyclizine 50mg
 - Tab Domperidone 10mg
 - Tab Metocloperamide 10mg
- c) All of the following are clinical features of cholera **except**-
- Watery diarrhea
 - Rice water stool
 - Blood in stool
 - No mucus in stool
- d) All of the following terms are related to heart attack **except :-**
- Ischemic heart disease
 - Angina pectoris
 - Coronary artery disease
 - Cranial artery disease
- e) One of the following is Hemolytic anemia:-
- Magaloblastic anemia
 - Sickle cell anemia
 - Aplastic anemia
 - Iron deficiency anemia

10) Match the statement given in Column A with the terms given in Column B
(5 x ½ = 2.5)

Column A	Column B
i) Pain in lumbar area	a) Renal failure
ii) Vomiting with constipation	b) Intestinal obstruction
iii) Bacillary dysentery	c) Blood in stool
iv) Dysphagia	d) Difficulty in swallowing
iv) Swelling of voice box	e) Laryngitis
	f) Skin-dry, wrinkled
	g) Renal stone

11) Write 'T' if you consider the statement is True and 'F' if you consider the statement as false. (5 x ½ = 2.5)

- Causatives organism for amoebic dysentery is Enameba histolytica. T / F
- Hepatitis A and E usually occur as a result of parenteral contact with infected body fluids. T / F
- Antihistamine drugs help to relieve blocked nose. T / F
- Triage helps in irrational allocation of limited resources. T / F
- Burping after breast feeding helps in regurgitation. T / F

12) Fill in the Blanks

(5 x ½ = 2.5)

- a) SAM stands for _____.
- b) SARS stands for _____.
- c) Blood is composed of _____ and cells.
- d) Liquid part of the blood is known as _____.
- e) Medicines which cause an increase in excretion of water from body known as _____.