

IGNOU

**Certificate in Maternal and
Child Health Nursing
(CMCHN)**

**ASSIGNMENT
January 2023**



School of Health Sciences

Indira Gandhi National Open University

Maidan Garhi, New Delhi-110 068

Please take note of the following points before writing your assignments:-

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

| | |
|------------------------------|-----------------------------|
| Course Code _____ | Enrollment No. _____ |
| Course Title _____ | Name _____ |
| Assignment Code _____ | Address _____ |
| PSC | |

Please submit the assignments to the Programme In-charge of the Programme Study Centre if allotted to you.

Certificate in Maternal and Child Health Nursing (CMCHN)

(Block 1 to 6) TMA

TMA/BNS – 117/2023

Maximum Marks – 100

Passing Marks – 50

Last date of Submission: 30th April, 2023

Part A : Two long answer questions of 15 marks each

Part B : Six short answer questions of 10 marks each= 70

Part C: consists of objective type, fill in the blanks, match the items and True False questions, carries 2½ marks in each

Part A

- Explain Antenatal care and enumerate Aims of the antenatal care
 - Discuss Natural History of Disease with the help of diagram.
 - Discuss the various factors increasing risks during pregnancy. **(6+4+5=15)**
- Explain concept of disease causation with example of a disease having web of causation
 - Describe the levels of prevention of diseases.
 - Describe role of Nurse/Health Worker in giving antenatal advices to improve health status of women. **(5+5+5=15)**

Part B

- Explain common types of abortions with signs, symptoms and management. **(10)**
- Discuss how would you Assess and classify sick children for signs of Malnutrition. **(10)**
- Explain Syndromic approach for management of STDs. **(10)**
- Explain various methods of maintaining body temperature of newborn baby. Name the method you are following at your work place.
 - Discuss your role as a nurse in prevention of various neonatal infections. **(6+4)**
- Describe following Communicable Diseases in terms of their signs and symptoms(s/s) and treatment:-
 - Childhood Tuberculosis
 - Hepatitis B **(5+5)**
- Discuss Plan A: Treat Diarrhoea at Home.
 - Explain how you would as a nurse counsel the mother of a young infant about feeding problems. **(5+5)**

Part C

- 9) **Place a (✓) against the most appropriate answer given under each statement (½ x 5 = 2½)**
- a) Safe motherhood under CSSM Programme includes all services **except**:
- i. Immunization of pregnant women.
 - ii. Delivery by trained personal.
 - iii. Vitamin A prophylaxes.
 - iv. Promotion of Institutional delivery.
- b) All of the steps are involved in sequence to decision-making process **except**.
- i. Solve as per common sense.
 - ii. Identify the problem.
 - iii. Identify all possible solutions.
 - iv. Select one solution.
- c) One of the following is true for Authoritarian style of leadership involves
- i. Sharing responsibility.
 - ii. Only on the work to be done.
 - iii. Seeks involvement of group members.
 - iv. Members have feeling of belongingness.
- d) All of the following are true for sub centre **except**:
- i. It serve a population of 5000 in plain area.
 - ii. Staff includes a team of one male and one female.
 - iii. Providing essential ante-natal care
 - iv. It acts as a referral unit also.
- e) New initiatives under RCH – II includes all of the followings **except**:
- i. Making first referral unit functional.
 - ii. Janani Suraksha Yojana
 - iii. Vande Mataram Scheme
 - iv. Management of diarrhea and ARI.

10. Match the items given in Column A with those given in Column B: $(\frac{1}{2} \times 5 = 2\frac{1}{2})$

| Column A | | Column B | |
|-----------------|------------------|-----------------|--------------------------------|
| a) | Growth | i) | Physiological maturations |
| b) | Perinatal period | ii) | Round measurement of body part |
| c) | Development | iii) | Increase in size of body |
| d) | Circumference | iv) | 22 weeks to 7 days after birth |
| e) | Puberty | v) | Adulthood |
| | | vi) | Onset of sexual maturity |
| | | vii) | Flat measurements of body |

11. Fill in the blanks:- $(\frac{1}{2} \times 5 = 2\frac{1}{2})$

- a) Toddler is period from ____ year of age.
- b) Tubercular Endometritis is an important cause of _____.
- c) First aid measure in dog bite includes _____ with soap and water.
- d) Severe anaemia in pregnancy cause _____ concentrations of hemoglobin.
- e) The presentations in which fetal head lies in lower part of uterus is known as _____ presentation.

12. Place a (✓) mark against 'T' if you consider the statement as true and 'F' if you consider the statement as false $(\frac{1}{2} \times 5 = 2\frac{1}{2})$

- a) In breach presentation, the fetus lies with its buttocks in the lower part of uterus. (T/F)
- b) Free and cashless delivery is an initiative under JSSK. (T/F)
- c) Sub centre is the first referral unit. (T/F)
- d) Function of emergency contraceptive pills is to washout fetus. (T/F)
- e) Condoms are one of the terminal method of fertility control (T/F)