

**Certificate in Maternal and Child
Health Nursing (CMCHN)**

IGNOU

**ASSIGNMENT
July 2022**



School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068

Please take note of the following points before writing your assignments:-

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to the Programme In-charge of the Programme Study Centre if allotted to you.

Certificate in Maternal and Child Health Nursing
Assignment – TMA –I
(Block – 1 to 6)

Programme Code: CMCHN

Course Code: BNS-117

Maximum Marks: 100

Passing Marks: 50

Last date of submission: 31st October, 2022

Note: - This assignment has three parts i.e. Part A, B and C

Part A consists of two long answer questions, each carries 15 marks.

Part B consists of six short answer questions, each carries 10 marks.

Part C consists of four objective type questions, carries 2½ marks in each.

Answer all the questions with examples wherever required
You must take help from Practical Manual wherever required

Part A

Long Answer Questions:-

- 1)
 - a) Define Health and Explain Philosophy of Health.
 - b) Discuss various determinants of Health.
 - c) List the elements of Primary Health care.
 - d) Discuss role of nurse in Maternal and Child Health Programme

(4+4+4+3=15)

- 2)
 - a) Describe Principles and Importance of writing records.
 - b) Discuss types of record & reports.
 - c) Explain the meaning of health records and computer.

(3+4+8=15)

Part B

Short Answer Questions

- 3)
 - a) Explain physiology of conception.
 - b) Describe signs and symptoms of pregnancy.

(3+7=10)

- 4)
 - a) Define Low Birth Weight (LBW) baby & explain types of LBW.
 - b) Discuss problems of LBW baby.
 - c) Describe Nursing Care of LBW baby

(2+3+5=10)

- 5) Explain assessment and classification for cough or difficult breathing among 2 to 5 years of child. Support your answer with examples.

(10)

- 6)
 - a) Explain meaning, importance and need of social mobilization.
 - b) Discuss the steps in social mobilization at village level
 - c) Describe the qualities of health worker for effective social mobilization.

(2+3+5=10)

- 7)
 - a) Explain the meaning of Supervision
 - b) Describe the principles of supervision.

c) Write the qualities of a good Supervisor. (2+3+5=10)

8) Explain management of finance at subcentre level. Support your answer with examples. (10)

Part C

9) Place a (✓) against the most appropriate answer given under each statement ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Safe motherhood under CSSM Programme includes all services **except**:
- Immunization of pregnant women.
 - Delivery by trained personal.
 - Vitamin A prophylaxes.
 - Promotion of Institutional delivery.
- b) All of the steps are involved in sequence to decision making process **except**.
- Solve as per common sense.
 - Identify the problem.
 - Identify all possible solutions.
 - Select one solution.
- c) One of the following is true for Authoritarian style of leadership involves
- Sharing responsibility.
 - Only on the work to be done.
 - Seeks involvement of group members.
 - Members have feeling of belongingness.
- d) All of the following are true for sub centre **except**:
- It serve a population of 5000 in plain area.
 - Staff includes a team of one male and one female.
 - Providing essential ante-natal care
 - It acts as a referral unit also.
- e) New initiatives under RCH – II includes all of the followings **except**:
- Making first referral unit functional.
 - Janani Suraksha Yojana
 - Vande Mataram Scheme
 - Management of diarrhea and ARI.

10. Match the items given in Column A with those given in Column B: ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- | Column A | Column B |
|---------------------|------------------------------------|
| a) Growth | i) Physiological maturations |
| b) Perinatal period | ii) Round measurement of body part |
| c) Development | iii) Increase in size of body |
| d) Circumference | iv) 22 weeks to 7 days after birth |
| e) Puberty | v) Adulthood |
| | vi) Onset of sexual maturity |
| | vii) Flat measurements of body |

11. Fill in the blanks:- ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Toddler is period from ____ year of age.
- b) Tubercular Endometritis is an important cause of _____.

- c) First aid measure in dog bite includes _____ with soap and water.
- d) Severe anaemia in pregnancy cause _____ concentrations of hemoglobin.
- e) The presentations in which fetal head lies in lower part of uterus is known as _____ presentation.

12. Place a (✓) mark against 'T' if you consider the statement as true and 'F' if you consider the statement as false ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) In breach presentation, the fetus lies with its buttocks in the lower part of uterus. (T/F)
- b) Free and cashless delivery is an initiative under JSSK. (T/F)
- c) Sub centre is the first referral unit. (T/F)
- d) Function of emergency contraceptive pills is to washout fetus. (T/F)
- e) Condoms are one of the terminal method of fertility control (T/F)