

CAFE/DAFE

# Assignments-2023

1. Certificate in HIV and Family Education (CAFE)
2. Diploma in HIV and Family Education (DAFE)



School of Social Work,  
Indira Gandhi National Open University, MaidanGarhi, New Delhi – 110068

## **Schedule for Assignments Submission: 2023**

Dear Learner,

We hope that you have gone through the Programme Guide for CAFE/DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE/DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE will be the same for all courses. You will find that separate assignments have been provided to you for BFE-101, BFE-102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2023 and July 2023).

**Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully.** Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. **Assignments are to be hand written and duly signed.** Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned in the IGNOU home page and obtain a receipt for the same.

**You are expected to keep a copy each for any future reference/use.**

Visit [www.ignou.ac.in](http://www.ignou.ac.in) regularly for updates related to assignment submission.

Wish you all the best to complete the assignments within the above given time frame.

Dr. G. Mahesh  
Programme Coordinator  
Email: [gmahesh@ignou.ac.in](mailto:gmahesh@ignou.ac.in)  
Ph: 011- 29571694

## BASICS OF HIV/AIDS

Course Code: BFE-101

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) Critically analyze the public health response to HIV/AIDS in India. 20
  - ii) Trace the history of HIV/AIDS in the world. 20
  - iii) Analyze the ethical and moral issues involved in HIV testing. 20
  - iv) Prepare an action plan of the life skills in the context of adolescent health. 20
  - v) Discuss the need of 'continuum of care' for the person living with HIV. 20
- 2 Answer any **three** of the following questions in about **250** words.
- i) Describe how behavior change modification can prevent the spread of HIV/AIDS. 10
  - ii) Discuss various methods of prevention involved in mother to child transmission of HIV. 10
  - iii) Explain the concept of right to autonomy of HIV/AIDS patients. 10
  - iv) Discuss different types of HIV testing and strategies as a common practice. 10
  - v) Analyze the relationship between modes of transmission of HIV and vulnerable groups of population. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Universal precautions for HIV prevention 6
  - ii) Drug addicts and HIV/AIDS 6
  - iii) Vulnerable population 6
  - iv) UNAIDS 6
  - v) Communicable and non communicable diseases 6
  - vi) Confidentiality 6
  - vii) Hospice care 6
  - viii) Living positively with HIV/AIDS 6

## BASICS OF FAMILY EDUCATION

Course Code: BFE-102

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) Critically analyze the different types of values in family life education. 20
  - ii) Present the role of family and community in family life education. 20
  - iii) Briefly discuss the components of sexual health education. 20
  - iv) Discuss the physical, emotional and social changes during adolescence. 20
  - v) Critically present male and female versus masculine and feminine 20
- 2 Answer any **three** of the following questions in about **250** words.
- i) Discuss the importance of relationship and bonding in family life. 10
  - ii) Write a note on the environmental influences on moral development. 10
  - iii) Explain the strategies which can be adopted in the field of school health services. 10
  - iv) What are challenges faced by the youth in the changing society? 10
  - v) Discuss the issues of jobs assigned on the basis of gender. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Motivation in healthy sexual behaviour 6
  - ii) Three ways to measure emotions 6
  - iii) Family life education 6
  - iv) Role of peer in imparting family life education 6
  - v) Responsible parenthood 6
  - vi) Social adjustment during adolescence 6
  - vii) Norm setting 6
  - viii) Period of Zygote 6

## ELECTIVE ON HIV/AIDS

Course Code: BFEE-101

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
  - i. Illustrate different constitutional provisions related to PLHAs. 20
  - ii. Define HIV/AIDS education. Explain the goals of HIV/AIDS education with suitable examples. 20
  - iii. Elaborate the implications of strategy for an HIV/AIDS control program. 20
  - iv. Describe the rights of PLHIVs and how they are useful to prevent the spread of HIV infection? 20
  - v. Discuss the difference between HIV/AIDS palliative care and traditional palliative care. 20
  
2. Answer any **three** of the following questions in about **250** words each.
  - i. Describe HIV/AIDS education campaign guidelines with suitable example. 10
  - ii. Describe different laws useful to enforce the rights of PLHAs. 10
  - iii. What are the major guidelines, which can assist in avoiding some of the mistakes of the past in an HIV/AIDS education campaign? 10
  - iv. Enlist the recommendations of international conference for a model global AIDS laws. 10
  - v. Discuss human rights and its significance with regard to HIV/AIDS 10
  
3. Write short note on any **five** of the following in about **150** words of each.
  - i. Psycho-social impacts of HIV/AIDS 6
  - ii. Stigma and Discrimination 6
  - iii. Confidentiality 6
  - iv. HIV law in Europe during 1980s 6
  - v. Legal policy on HIV/AIDS 6
  - vi. Disenfranchised grief 6
  - vii. Community concerns on HIV/AIDS 6
  - viii. Recommendation for safe eating 6

## ELECTIVE ON FAMILY EDUCATION

Course Code: BFEE-102

Maximum Marks:100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) Explain the meaning of marriage and describe the main functions of marriage. 20
  - ii) Describe the types of family in India and discuss the functions of the family. 20
  - iii) Discuss the common problems in Indian families and explain the various intervention programmes. 20
  - iv) Discuss steps to decrease violence on women. Give suitable examples. 20
  - v) Explain expectations in marital life and the role changes in different phases of marriage. 20
- 2 Answer any **three** of the following questions in about **250** words.
- i) Describe the various causes for migration with suitable examples. 10
  - ii) Explain different forms of marriage. 10
  - iii) Discuss the consequences of separation and bereavement. 10
  - iv) Describe the theories on Domestic Violence. 10
  - v) 'Hindu Marriage as a religious sacrament'. Explain. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Family dynamics 6
  - ii) Alternative Family Patterns 6
  - iii) Reasons for domestic violence 6
  - iv) Emotional deprivation 6
  - v) Family life cycle 6
  - vi) Dowry Prohibition Act,1961 6
  - vii) Planned Parenthood 6
  - viii) Single Parent Families 6

## ALCOHOL, DRUGS AND HIV

Course Code: BFEE-103

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
  - i. Describe the relationship between substance abuse and HIV/AIDS 20
  - ii. Analyze the impact of substance abuse on family and nation. 20
  - iii. Explain the Role of NGOs, National and International Bodies on prevention and control of substance abuse 20
  - iv. Discuss the consequences of alcohol, drugs, STIs and its relevance in the present day context. 20
  - v. Describe the different modalities of treatments of alcohol and drug dependence. 20
- 2 Answer any **three** of the following questions in about **250** words.
  - i. Explain briefly why do people abuse drugs? 10
  - ii. Discuss the stages of addiction. 10
  - iii. Describe the prevention strategies of substance abuse. 10
  - iv. Briefly explain ABC method of crisis counseling. 10
  - v. Explain the Narcotic Drugs And Psychotropic Substances (Amendment) Act, 2014. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
  - i. Opium 6
  - ii Drug Trafficking 6
  - iii. STIs 6
  - iv. Denial 6
  - v. Co-dependency 6
  - vi. Intervention 6
  - vii. Referral services 6
  - viii. Supply reduction 6

## COMMUNICATION AND COUNSELLING IN HIV/AIDS

Course Code: BFEE-104

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
- I. Discuss the nature, purpose and scope of HIV/AIDS counseling. 20
  - II. Explain various laws related to sexual coercion and violence in India. 20
  - III. What is the role of traditional and modern means of communication in dealing with HIV/AIDS? Illustrate with suitable examples in the Indian context. 20
  - IV. Define mass communication. Discuss the merits and demerits of mass communication with suitable examples in the Indian context. 20
  - V. Discuss the scope and role of social work counsellors in dealing with HIV/AIDS patients. 20
- 2 Answer any **three** of the following questions in about **250** words.
- I. Elaborate importance of communication skills for a good counsellor with suitable examples. 10
  - II. How does counselling on family planning help couple in demystifying various myths? 10
  - III. What are seminal guidelines for a counsellor dealing with sensitive topics like sexuality and other socially condemned behavior? 10
  - IV. Discuss the difference between psychotherapy and counselling. 10
  - V. What do you mean by barriers to communication? Discuss various forms of barriers to communication prevalent in India. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- I. Partner Notification 6
  - II. Courtship 6
  - III. Family Planning 6
  - IV. Lay Counsellors 6
  - V. Psychotherapy 6
  - VI. Open Doors 6
  - VII. Catharsis 6
  - VIII. Circularity 6