



Certificate in Home Based Health Care (CHBHC)

IGNOU

ASSIGNMENT
January 2018



School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068

Please take note of the following points before writing your assignments:-

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

Certificate in Home Based Health Care
Assignment – TMA
(Block – 1, 2, 3 and 4)

Programme Code: CHBHC
Course Code: CNS - HC - 001
Maximum Marks: 100
Passing Marks: 50

Last date of submission 30th April 2018

Note: - This assignment has three parts i.e. Part A, B and C

Part A consists of four long answer questions, each carries 15 marks.

Part B consists of three short answer questions, each carries 10 marks.

Part C consists of four objective type questions, carries 10 marks in total.

Answer all the questions with examples wherever required

You must take help from Practical Manual wherever required

Part A (Four)

Long Answer Questions:-

- Q.1 a) Describe the qualities of home care provider. Support your answer with suitable examples.
b) Explain general measures to prevent infection.
c) List down the factors influencing aging **(7++4+4=15)**
- Q.2 “Unconsciousness is one of most important symptom of brain tumor”
a) Compare the causes and signs and symptoms of brain tumor present in your patient with that of given in your block.
b) Discuss your role as a home care provider in supportive care of patient who is unconscious. **(7+8=15)**
- Q.3 a) Explain various routes of giving medicines and name the routes by which you gave medicines by your patients.
b) List the points to be kept in mind while giving medicines.
c) Discuss the subcutaneous injection and draw the sites for giving subcutaneous injection
d) List the purposes of instillations of eye drops. **(4+4+5+2=15)**
- Q.4 a) Describe the various needs of dying person. Discuss your role as a home care provider in meeting the needs of the dying person and the relatives. Discuss about those needs dealt as home care provider for dying person attended by you and compare the needs with that of given in the text.
b) How would you as a home care provider prepare yourself to give the news of death to family members **(10+5=15)**

Part B (Three)

Short Answer Questions

- Q.5 a) Explain the key elements of communication process.
b) Discuss the roles and responsibilities of home care provider (5+5=10)
- Q.6 a) Draw labeled diagram of digestive system.
b) Explain functions of digestive system.
c) Explain cares of patient suffering with problems related to digestive system as home based health care giver. (4+2+4=10)
- Q.7 a) Explain the basic nutrients in terms of sources, functions and disease caused due to their deficiencies.
b) Write down the energy value of nutrients. (6+4=10)

Part C

- 8) Place a (✓) against the most appropriate answer given under each statement (½ x 5 = 2½)
- 1) The tympanic membrane or ear drum is located at.
- i) At external ear.
 - ii) Between external and internal ear.
 - iii) Mid way between external & middle ear
 - iv) At internal ear.
- 2) Followings are the rights of dying patient except.
- i) Being affectionate
 - ii) Providing painless treatment
 - iii) Provide right information about treatment.
 - iv) Showing real emotions.
- 3) All of the following are example of physical requirement except:
- i) Seeing
 - ii) Hearing
 - iii) Loneliness
 - iv) Passing stool/urine.
- 4) Richest source of vitamin C is:
- i) Green vegetable
 - ii) Sour fruits
 - iii) Sun light
 - iv) Sprout Pulses
- 5) The other name for leukemia is:
- i) Blood Cancer
 - ii) Bone Cancer
 - iii) Lung Cancer
 - iv) Liver Cancer

9 Match the items given in Column A with those given in Column B: (½ x 5 = 2½)

Column A	Column B
a) A wound with Pus	i) Progressive decline in memory
b) Alzheimer's disease	ii) disease which gets worse over a period of time
c) Metastasis	iii) Sepsis
d) Inflammation of lungs	iv) The spread of cancer from one part of the body to another
e) Pancreas	vi) Production of insulin
	v) Asthma
	vi) Pneumonia

10) Fill in the blanks: (½ x 5 = 2½)

- a) Plaster cast, dressing and bandages are examples ofdevices.
- b) Small pieces of dead skin which takes looks like white powder in hair is called as
- c) Food infections transmitted by housefly causes
- d) Reading of more than °C is called high fever.
- e) Wound caused by dog bite should be washed with.....

11) Place a (✓) mark against 'T' if you consider the statement as true and 'F' if you consider the statement as false (½ x 5 = 2½)

- a) Salt free diet should be given to renal failure cases. (T/F)
- b) Sudden shooting chest pain which gets relieved with rest occurs in myocardial. (T/F)
- c) Any break in continuity of a bone is called fracture (T/F)
- d) Meaning by Q.I.D is four times per day (T/F)
- e) Boiling for 10 months can destroy all pathogens and spores (T/F)

