



Certificate in FIRST AID (CFAID)

IGNOU

ASSIGNMENTS 2023



**School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session March 15th 2023 July session September 15th 2023	BNS – 040	1,2,3,4	BNS – 040 / TMA/040/ 2023

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary .**You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the **Course Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page . The first page of your assignments response sheet should look like the format given below:

Course Code	:	Roll No:
Course title	:	Name :
Assignment Code	:	Address:
PSC	:
Date of Submission:

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

BASICS OF FIRST AID
Assignment (Block 1-4) (Tutor Marked)

Programme Code: CFAID
Course Code: BNS-040
Assignment Code: BNS –040 /TMA /040/2023
Maximum Marks: 100

Note: This Assignment has three parts – Part A, B and C

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of six short answer questions. Each question carries 10 marks

Part C consists of four objective type questions. Each question carries 2½ marks

Part A

1. a) Define Burns.
b) Explain the types of burns as per depth of burn.
b) Describe the general first aid management in burn injury.

(2+5+8=15)

2. a) Discuss the following considerations in first aid.
 - i. Legal
 - ii. Emotionalb) Describe Good Samaritan guidelines for first aid in India.

(5+5+5=15)

Part B

3. a) Define fainting.
b) List any six causes of fainting
c) Explain the first aid care of a victim with fainting.

(2+3+5=10)

4. Explain primary and secondary assessment for a victim in emergency.

(5+5=10)

5. a) Enlist the common cause of allergy.
b) Discuss types of common allergies.
c) Describe the general assessment and first aid measure in allergy.

(2+4+4=10)

6. a) Define high body temperature.
 b) List causes of high body temperature.
 c) Explain low body temperature and first aid in hypothermia. (2+2+6=10)
7. Discuss the following methods used by a First Aid provider when moving his victim:
 i) Dragging
 ii) Log rolling (5+5=10)
8. a) Enumerate the purposes of safe practices for victim and first aid provider.
 b) Discuss the safe practices to be followed by first aid provider in emergency. (3+3+4=10)

Part C

9. Place tick mark () against the most appropriate answer given under each statement. ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)
- a) One of the following is the example of Involuntary muscles:
 i) Muscle of stomach
 ii) Muscle of heart
 iii) Muscle of legs
 iv) Muscles of hands
- b) All are Safe Practices for Victim **except**:
 i) Keep a basic first aid box at home
 ii) Know your blood group
 iii) Do not leave kids alone or unsupervised.
 iv) Movement is crucial in neck and spinal injury
- c) All are unusual sight indicators of Emergency **expect** :
 i) stopped or parked vehicle
 ii) spilled medicines
 iii) burnt electrical wires
 iv) loud noises
- d) Sequence of Primary assessment is :
 i) RCAB
 ii) RABC
 iii) RBAC
 iv) CABR
- e) One of the following should **not** be done while transporting a victim :
 i) Strap the victim properly
 ii) Keep the stretcher at a proper level
 iii) Keep an eye at the victim's face
 iv) Help more than your capacity and training

10. **Match the statements given in column A with the terms given in column B** ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

Column A	Column B
a) Control of Respiration	i. Vital Signs
b) Tag Yellow	ii. Spinal injury
c) Secondary assessment	iii. Midbrain
d) Jaw Thrust technique	iv. Acid Poisoning
e) Plaster or Whitewash	v. Alkali Poisoning
	vi. Second Priority
	vii. Highest Priority

11. **Fill in the blanks** ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Small bean-shaped glands that produce lymphocytes and filter harmful substances are called.....
- b) Obvious death is givenpriority in Triage.
- c) Normal adult respiratory rate is /min.
- d)stretcher is a light-weight stretcher carried by more than two persons.
- e) Bend at the..... to avoid twisting the body for maintaining body posture.

12. **Write True (T) or False (F) against the following statements:**

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) First aid Box can be used for multiple purposes. (T/F)
- b) Road ambulance is the most widely used and least expensive mode of transportation. (T/F)
- c) One must avoid complete chest recoil after each chest compression while giving CPR. (T/F)
- d) Greenstick fracture involves the bone getting shattered into many pieces. (T/F)
- e) Any percentage exceeding 18 % is an extensive burn. (T/F)