



Certificate in FIRST AID (CFAID)

IGNOU

ASSIGNMENTS 2020



**School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session March 15th 2020	BNS -040	1,2,3,4	BNS - 040 /TMA/2020
July session September 15th 2020	BNS – 040	1,2,3,4	BNS-040 / TMA /2020

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary .**You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the **Course Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page . The first page of your assignments response sheet should look like the format given below:

Course Code	:	Roll No:
Course title	:	Name :
Assignment Code	:	Address:
PSC	:
Date of Submission:

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

BASICS OF FIRST AID
Assignment (Block 1-4) (Tutor Marked)

Programme Code: CFAID
Course Code: BNS-040
Assignment Code: BNS –040 /TMA /040/2020
Maximum Marks: 100

Note: This Assignment has three parts – Part A, B and C

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of six short answer questions. Each question carries 10 marks

Part C consists of four objective type questions. Each question carries 2½ marks

Part A

1. a) Define Hypothermia.
b) List the causes and signs and symptoms of Hypothermia.
c) Discuss the First Aid to be given to the victim of Hypothermia.
d) Enumerate the actions which a First Aid provider must avoid in this emergency.
(1+2+4+5+3=15)

2. a) List the common cause of Inhaled Poison emergency.
b) Explain how you would recognize the victim with Inhaled poison emergency.
c) Describe the First Aid and Do's and Don'ts in such type of injury.
(1+5+5+4=15)

Part B

3. a) Define Vital Signs.
b) Describe the following Vital Signs in detail:
 - Body Temperature
 - Respiratory rate**(2+4+5=10)**

4. a) Explain the importance of the following:
 - Moving
 - Transportationb) Discuss the Safety and Precautions to be taken care during transportation.
(2+2+6=10)

5. a) List the causes and recognizing features of Jaw Injury.
b) Describe the First Aid management and Do's and Don'ts of Jaw Injury.
(3+4+3=10)

6. a) List the causes of Gunshot Wound.
b) Explain how will you recognize the gunshot wound.
c) Discuss the first aid in penetrated gunshot wound.
(1+4+5=10)

7. a) Explain assessment in extreme Heat conditions.
 b) Discuss the general first aid in extreme Heat and Cold conditions. (4+3+3=10)
8. a) Define Drug allergy.
 b) List its cause and signs and symptoms.
 b) Explain the First Aid to be provided in Drug allergy. (1+1+5+3=10)

Part C

9. Place tick mark (✓) against the most appropriate answer given under each statement. ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)
- a) All are the qualities of first aid provider **except** :
- i) Professional training
 - ii) Crowd control
 - iii) Patient and calm
 - iv) Good judgment
- b) Health is defined as:
- i) Physical strength
 - ii) Coping ability
 - iii) Developing relationships
 - iv) Soundness of body or mind
- c) Scene assessment involves all **except** :
- i) Knowledge about situation
 - ii) Finding food reserves
 - iii) Extent of injury
 - iv) Number of victims
- d) Gentle puffs for ventilation are given to which of the following:
- i) 6 year old
 - ii) 23 year old
 - iii) 70 year old
 - iv) Newborn
- e) F.A.S.T Acronym helps to find :
- i) Warning signs of stroke
 - ii) Causes of fit
 - iii) First aid of stroke
 - iv) Assessment of fit

10. Match the statements given in column A with the terms given in column B ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

Column A	Column B
a) Irregular bones	i. Primary assessment
b) Calcium level in blood	ii. Acid poisoning
c) RCAB Acronym	iii. Snow blindness
d) Chalk powder	iv. Parathyroid gland
e) UV radiations	v. Thyroid gland
	vi. Face
	vii. Alkali poisoning

11. **Fill in the blanks**

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) A first aid provider starts the first..... before professional help arrives.
- b) provides reserve supply of blood.
- c) Maintaining helps you to help others.
- d) Infected burns lead to formation of
- e) CIDERS acronym is for causes of

12. **Write True (T) or False (F) against the following statements:**

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) There are times when first aid provider can't control the situation. (T/F)
- b) Master gland of body is Pituitary gland . (T/F)
- c) Cloth drag can be used in all victims. (T/F)
- d) Stinging insects feed on blood and then inject venom. (T/F)
- e) Victim should not unnecessary shake the head if there is foreign body in ear. (T/F)