



Certificate in FIRST AID (CFAID)

IGNOU

ASSIGNMENTS 2019



**School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session			
March 15 th 2019	BNS -040	1,2,3,4	BNS - 040 /TMA/2019
July session			
September 15 th 2019	BNS – 040	1,2,3,4	BNS-040 / TMA /2019

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary .**You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the Course **Code**, **Course Title**, **Assignment Code**, **Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page . The first page of your assignments response sheet should look like the format given below:

Course Code	:	Roll No:
Course title	:	Name :
Assignment Code	:	Address:
PSC	:
Date of Submission:

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

BASICS OF FIRST AID
Assignment (Block 1-4) (Tutor Marked)

Programme Code: CFAID
Course Code: BNS-040
Assignment Code: BNS –040 /TMA /2019
Maximum Marks: 100

Note: This Assignment has three parts – Part A, B and C

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of six short answer questions. Each question carries 10 marks

Part C consists of four objective type questions. Each question carries 2½ marks

Part A

1. a) Define Stroke.
b) Explain the cause of Stroke.
c) Enlist the sign and symptoms by which you will recognize stroke.
d) Discuss the first aid you as a First Aid Provider will provide to a victim of Stroke.
(2+2+4+7=15)

2. a) Define Bleeding.
b) List the types of Bleeding.
c) Describe the assessment and general First Aid in Bleeding.
(2+3+10=15)

Part B

3. a) Define Bites. List its causes.
b) Discuss the assessment and General First Aid in Bites.
(5+5=10)

4. a) List the causes of Motion Sickness.
b) Discuss the First Aid management in Motion Sickness.
(5+5=10)

5. a) Define Collar Bone Fracture.
b) Discuss how you will recognize the Collar Bone Fracture.
c) Describe the First Aid management of Collar Bone Fracture.
(2+3+5=10)

6. a) Explain the First Aid of victim with Electrical Burn.
b) Discuss the Do's and Don'ts in case of Electrical Burn.
(5+5=10)

7. Describe the Legal Issues in First Aid .
(10)

8. a) Discuss the One –rescuer method of lifting the victim.
 b) Explain the Do’s and Don’ts to be taken care of by the First Aid provider while lifting a victim in emergency.

(5+5=10)

Part C

9. Place tick mark () against the most appropriate answer given under each statement.

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Shock commonly occurs in which of the following wound:
 i) Abrasion
 ii) Avulsion
 iii) Incision
 iv) Gunshot
- b) “ Seeing Stars in front of Eyes” is commonly found in victim of :
 i) Compression
 ii) Contusion
 iii) Concussion
 iv) Skull Fracture
- c) Extensive burns occur when the burn area exceeds :
 i) 18%
 ii) 9 %
 iii) 25%
 iv) 1%
- d) First Aid Box contains all of these **except**:
 i) Bandages
 ii) AED
 iii) Scissor
 iv) Mask
- e) All are the causes of Skin Allergy **except**:
 i) Milk
 ii) Jewelry
 iii) Pets
 iv) Hair Dye

10. Match the statements given in column A with the terms given in column B

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

Column A

Column B

- | | |
|----------------------|------------------------------|
| a) Hives | i. Dislocation |
| b) AVPU Scale | ii. Foreign Body in Foodpipe |
| c) Twisting of Bone | iii. Red swollen area |
| d) Heimlich Maneuver | iv. Itchy skin |
| e) Melanocytes | v. Head Injury |
| | vi. Gives color to skin |
| | vii. Sprain |

11. **Fill in the blanks**

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) In India, species of snakes are highly venomous.
- b) Sniffing of foreign body in nose can cause hazard.
- c) The respiratory control is present in part of the brain.
- d) Prioritize the care in emergency by using
- e) Traffic conditions effect the transport.

12. **Write True (T) or False (F) against the following statements:**

($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Heart attack is the most common cause of Hypovolemic Shock. (T/F)
- b) The most common location for Foreign Body in Eye is Upper Eye lid. (T/F)
- c) Bile secreted by small intestine helps in digestion of fat. (T/F)
- d) Best stretcher to lift a spinal cord injury victim is Scoop stretcher. (T/F)
- e) Push at about 2 inches in adults while giving Chest Compressions. (T/F)