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**Certificate in Diabetes Care for
Community Worker (CDCW)**

ASSIGNMENT

July 2013 (January and July 2012 and January 2013
enrolled students, in case not submitted assignment)

**Concepts and Interventions
of Diabetes Mellitus
(CNS-DC 001) Block 1 to 5**



School of Health Sciences
**Indira Gandhi National Open University
Maidan Garhi, New Delhi - 110068**

Dear Student,

One assignment is compulsory for completing the theory course. Please note that you are required to score 50% marks in the assignments separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignment is a prerequisite** for appearing in theory term-end examination for respective course. The subject area of assignment and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
September, 28 2013 (January and July 2012 and January 2013 enrolled students, in case not submitted assignment)	CNS-DC 001	1,2,3,4 and 5	CNS-DC 001/ TMA-1

Please take note of the following points before writing your assignment:

- Use only foolscap size paper for writing your responses. **Only hand written assignment** will be accepted. Typed or printed copies of assignment will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignment carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **Your may keep a Xerox copy of the answer sheets for future reference.** Do not copy from print material.

Answer the assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre(PSC) and date of submission. Your Enrollment no, Name and Full Address should be mentioned in the top right corner of the first page. The first page of your response sheet look like the format given below:

Course Code:.....	Enrollment No.
Course Title :	Name :
Assignment Code:.....	Address :
PSC :
Date of Submission :

Please submit the assignment to your Programme In-charge of the Programme Study Centre allotted to you.

CONCEPTS AND INTERVENTIONS OF DIABETES MELLITUS
Assignment 1 (Block 1, 2, 3, 4, 5) Tutor Marked

Programme Code: CDCW
Course Code: CNS-DC 001
Assignment Code: CNS-DC 001/TMA-1/2013
Maximum Marks: 30
Date of Submission: September 28, 2013
(January and July 2012 and January 2013 enrolled students, in case not submitted assignment)

Note: This Assignment has three parts i.e. Part A, B and C

Part A consists of one long question. Each question carries 10 marks.

Part B consists of three short questions. Each question carries 5 marks.

Part C consists of one question with 5 parts to be answer in 2 or 3 lines. Each question carries 1 mark.

Part A

- a) List the salient features of Type 1 DM and Type 2 DM.
- b) Describe the signs and symptoms of Diabetes Mellitus.
- c) List the parameter of monitoring a diabetic patient.

(4+4+2=10)

Part B

- 1) a) List the goals of management of Type 2 Diabetes Mellitus (T2DM).
- b) Explain the role of diet and exercise in management of T2DM.

(1 + 2+2=5).

- 2) a) Define the term Diabetic Ketoacidosis (DKA).
- b) List signs and symptom of DKA.
- c) Explain the components of treatment for DKA and your role.

(1+2+2=5)

- 3) a) Define the term Behaviour Change Communication.
- b) Describe the various methods and media you will use during educating a group of diabetic patients..

(1+4=5)

Part C

- 4) Write the meaning in 2-3 lines of the following terms.
 - i) Islet of Langerhans
 - ii) Self Monitoring of Blood Glucose
 - iii) Gestational Diabetes Mellitus
 - iv) Hypoglycaemia
 - v) Communication

(5)