

**BPCE**

**BACHELOR'S DEGREE PROGRAMME  
(BDP)**

PSYCHOLOGY

**B.A III<sub>rd</sub> Year  
(For July 2022 and January 2023)**



**Faculty of Psychology  
School of Social Sciences  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110068**

**BACHELOR'S DEGREE PROGRAMME (BDP)**  
**B.A III<sub>rd</sub> Year**  
**Tutor Marked Assignment**  
**2022-23**

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Bachelor's Degree Programme in Psychology. Each assignment has questions which have to be answered.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

**Submission**

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

<b>Session</b>	<b>Last Date of Submission</b>	<b>To be Sent</b>
<b>For July, 2022 Session</b>	<b>31<sup>st</sup> March, 2023</b>	<b>To The Coordinator of the Study Centre allotted to you</b>
<b>For January, 2023 Session</b>	<b>30<sup>th</sup> September, 2023</b>	
	<b>(Please check the dates from <a href="http://www.ignou.ac.in">www.ignou.ac.in</a>)</b>	<b>(Please check the updates from <a href="http://www.ignou.ac.in">www.ignou.ac.in</a>)</b>

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

## INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments: m

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment.

The title page may look like this

<b>Enrolment No</b> .....	
<b>Name</b> .....	
<b>Address</b> .....	
<b>Signature</b> .....	
<b>Date</b> .....	
	<b>Programme Title</b> .....
	<b>Course Code &amp; Title</b> .....
	<b>Assignment Code</b> .....
	<b>Programme Study Centre/Study Centre</b> .....

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
  - 1) **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
  - 2) **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
    - a) is logical and coherent;
    - b) has clear connections between sentences and paragraphs;

- c) is written correctly giving adequate consideration to your expression, style and presentation
- 3) Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
  5. ***Write the responses in your own hand.*** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
  6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
  7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
  8. Write the question number with each answer.
  9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
  10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
  11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

**Please ensure the following before submitting your assignment response:**

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in the assignments have been answered.

**WISH YOU ALL THE BEST**

**DISCIPLINE OF PSYCHOLOGY  
SOSS, IGNOU, NEW DELHI**

## TUTOR MARKED ASSIGNMENT (TMA)

Course Code: BPCE-011  
Assignment Code: BPCE-011/ASST/TMA/ 2022- 2023  
Marks: 100

**NOTE: All questions are compulsory.**

### SECTION – A

**Answer the following questions in 1000 words each.**

**3 x 15 = 45**

**Marks**

1. Explain the classification and causes of intellectual disability.
2. Discuss the therapeutic techniques in solution focused therapy.
3. Explain the psychological factors of abnormality.

### SECTION – B

**Answer the following questions in 400 words each.**

**5 x 5 = 25**

**Marks**

4. Explain the process of narrative therapy.
5. Discuss counselling approaches for children with attention deficit/ hyperactivity disorder.
6. Explain sibling training and parent training approaches for the treatment of behaviour problems in children.
7. Elucidate the forces that influence human development.
8. Discuss the effectiveness of play therapy.

### SECTION – C

**Answer the following questions in 50 words each.**

**10 x 3 = 30 Marks**

9. Humanistic approach to art therapy
10. Meaning of problem behaviour
11. Conduct disorder
12. Causes of learning disability
13. Check list for assessment of children
14. Longitudinal vs cross-sectional method
15. Concept of life span development
16. Characteristics of slow learner
17. Special education
18. Observation method as an assessment technique for behaviour problems

**MOTIVATION AND EMOTION  
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE13**

**Assignment Code: BPCE 13/ASST/TMA/2022-23**

**Marks: 100**

**NOTE: All Questions Are Compulsory**

**Section A**

**Answer the following question in about 1000 words each:  
15x3=45**

**Marks**

1. Define motivation and discuss the characteristics and theories of motivation.
2. Describe the physiological basis of emotion
3. Define stress. Discuss the description and types of stress and stressors.

**Section B**

**Answer the following questions in about 400 words each:  
5x5=25**

**Marks**

4. Define emotion and discuss the theories of emotion.
5. Differentiate between emotion and feeling.
6. Discuss the Alderfer's ERG theory.
7. Explain the signs of arousal and anxiety.
8. Explain the treatment and prevention of stress and anxiety.

**Section C**

**Answer the following in about 50 words each:  
10x3=30**

**Marks**

9. Psychogenic Needs.
10. Emotion of love and affection.
11. Need for Achievement.
12. Method to increase intrinsic motivation.
13. Aggressive motivation.
14. Depression Anxiety Stress Scales (DASS).
15. Stress and Emotion.
16. Marten's Multidimensional Anxiety Theory.
17. Components of emotions.
18. Attribution theory.

**PSYCHOPATHOLOGY (BPCE 014)  
TUTOR MARKED ASSIGNMENT  
(TMA)**

**Course Code: BPCE-014  
Assignment Code: BPCE-014/ASST/TMA/2022-23  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Explain various approaches to intervention for anxiety disorders.
2. Explain the types and causes of learning disabilities.
3. Explain the socio-cultural factors in the etiology of psychopathology.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Describe the causes and interventions for somatoform disorders.
5. Explain the characteristic features of pervasive developmental disorders.
6. Explain neuropsychological assessment in psychopathology.
7. Describe the treatment for alcohol related disorder.
8. Differentiate between conduct disorder and oppositional defiant disorder.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Bulimia nervosa
10. Childhood disintegrative disorder
11. Projective tests
12. Symptoms of catatonic schizophrenia
13. Symptoms of avoidant personality disorder
14. Transvestism
15. Postpartum depression
16. Pedophilia
17. Sub-categories of ADHD
18. Dissociative amnesia

**Industrial and Organisational Psychology (BPCE - 015)  
Tutor Marked Assignment (TMA)**

**Course Code: BPCE -015**

**Assignment Code: BPCE -015/ASST/TMA/2022-23**

**Marks: 100**

**Note: All Questions Are Compulsory**

**Section -A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. What are the different causes of stress?
2. Elucidate the different steps of behavioural management.
3. Explain the different types of psychological tests that can be used in industries and organizations.

**Section -B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 marks**

4. What are the different strategies of organizational intervention at group level?
5. Point out the different functions of Human Resource.
6. Describe the different methods of training used in organizations.
7. What are the different factors that influence employees' job satisfaction?
8. Explain the various component systems of Human Resource Development (HRD).

**Section- C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 marks**

9. Difference between primary and secondary motives.
10. Definition and meaning of learning.
11. Issues of employee privacy.
12. Meaning of graveyard shift.
13. Outcomes of emotional labour.
14. Concept of role conflict.
15. Attributes of emotional intelligence.
16. Method of assessing interest of prospective employee.
17. Relevance of organizational change.
18. Schedules of reinforcement.



**INTRODUCTION TO COUNSELLING PSYCHOLOGY (BPCE 017)  
TUTOR MARKED ASSIGNMENT  
(TMA)**

**Course Code: BPCE-017  
Assignment Code: BPCE-017/ASST/TMA/2022-23  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each. 3 x 15 = 45 marks**

1. Define counseling. Describe the characteristics of a counseling relationship. Explain the barriers to communication in counseling.
2. Explain Rogers person centred approach to counseling.
3. Describe the theories of family counseling.

**SECTION – B**

**Answer the following questions in 400 words each. 5 x 5 = 25 marks**

4. Explain the core conditions of counseling.
5. Describe the problem identification and exploration stage in counseling.
6. Discuss the advantages and disadvantages of direct and indirect approaches to counseling.
7. Explain the structure of personality as given by Freud.
8. Explain transference and counter transference in counseling relationship.

**SECTION – C**

**Answer the following questions in 50 words each. 10 x 3 = 30 marks**

9. Therapeutic climate
10. Exceptions to confidentiality
11. Importance of non-verbal communication in counseling
12. The oral stage
13. Reaction formation
14. Bibliotherapy
15. Genogram
16. Marital schism and marital skew
17. Technique of behavior exchange
18. Advantages of group counseling

**NEUROPSYCHOLOGY (BPCE-018)  
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-018  
Assignment Code: BPCE-018/AST/TMA/2022-2023  
Marks: 100**

**NOTE: All Questions Are Compulsory.**

**The answers are to be written in own words. Do not copy from the course material or any other source.**

**SECTION A**

**Answer the following question in about 1000 words each    15x3=45 Marks**

1. Define neuropsychology and describe its relationship with other disciplines.
2. Explain neurons with the help of suitable diagram. Describe the various types of neurotransmitters.
3. Describe the neuropsychological theories of emotion. `

**SECTION B**

**Answer the following questions in about 400 words (wherever applicable) each**

**5x5=25 Marks**

4. Describe the approaches and goals of neuropsychological assessment.
5. Discuss the clinical evaluation of infants and young children.
6. Explain midbrain
7. Explain the effect of damage to frontal lobe.
8. Describe epilepsy with a focus on its types.

**SECTION C**

**Answer the following in about 50 words each  
Marks**

**10x3=30**

9. Assessment of retrograde amnesia
10. Peabody Individual Achievement Test- Revised
11. Psychological testing
12. Brain fitness
13. Male female brain differences
14. Behavioural genetics
15. Cerebrum
16. Temporal lobe
17. Stages of memory
18. The Pons

**ENVIRONMENTAL PSYCHOLOGY (BPCE 019)  
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE 019  
Assignment Code: BPCE 019/ASST/TMA/ 2022-2023  
Marks: 100**

**NOTE: All questions are compulsory.**

**SECTION – A**

**Answer the following questions in 1000 words each.**

**3 x 15 = 45 marks**

1. Discuss the importance of environment on workplace.
2. Explain the term urban public space. Discuss the uses of urban public space.
3. Elucidate the assumptions relevant for social designing.

**SECTION – B**

**Answer the following questions in 400 words each.**

**5 x 5 = 25 marks**

4. Discuss some environmental cues for designing health care settings.
5. Define the concept of territoriality. Explain the techniques to measure territoriality.
6. Differentiate between crowding and density. Discuss the effects of crowding
7. Discuss the relationship between environmental perception and environmental situation.
8. Explain the importance of personal space.

**SECTION – C**

**Answer the following questions in 50 words each.**

**10 x 3 = 30 marks**

9. Open plan office
10. Sociofugal and sociopetal design
11. Emphasis of urban designers
12. Social factors affecting territoriality
13. Ecological psychology
14. Cognitive map
15. Environmental assessment
16. Environmental attitude
17. Place identity
18. Impact of disasters

**FORENSIC PSYCHOLOGY (BPCE-021)  
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-021  
Assignment Code: BPCE-021/AST/TMA/2022-23  
Marks: 100**

**NOTE: All Questions Are Compulsory.**

**The answers are to be written in own words. Do not copy from the course material or any other source.**

**SECTION A**

**Answer the following question in about 1000 words each                    15x3=45 Marks**

1. Describe the relationship of forensic psychology with cognitive psychology, developmental psychology and social psychology.
2. Explain various approaches to causes of criminal behaviour.
3. Explain the psychological assessment and evaluation in forensic psychology.

**SECTION B**

**Answer the following questions in about 400 words each    5x5=25 Marks**

4. Explain the potential attractions and drawbacks of careers in forensic psychology.
5. Highlight the risk factors that contribute a young person becoming a deviant or criminal.
6. Define criminal responsibility and describe the factors that have to be considered in regard to criminal responsibility.
7. Elucidate malingering with a focus on its assessment and evaluation.
8. Describe the Polygraph test.

**SECTION C**

**Answer the following in about 50 words each    10x3=30 Marks**

9. Clinical- forensic psychology
10. Crime analysis
11. Violent crimes
12. Paranoid personality disorder
13. Mens Rea
14. Competency to stand trial
15. NEO Personality Inventory (NEO PI- R)
16. Potential criteria for civil commitment
17. Police stress
18. Eyewitness

