

BACHELOR'S DEGREE PROGRAMME (BDP)

**B.A IIIrd Year
For July 2021 and January 2022**



**Discipline of Psychology
School of Social Sciences (SOSS)**

Indira Gandhi National Open University

Maidan Garhi, New Delhi-110 068

BACHELOR'S DEGREE PROGRAMME (BDP)

B.A IIIrd Year Tutor Marked Assignment

2021-2022

Dear Learner,

You have to complete one Tutor Marked Assignment (TMA) for each of the courses in the Bachelor's Degree Programme in Psychology. Each assignment has three sections (A, B and C).

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last date of submission	To be sent
For July, 2021 Session	31st March, 2022	To The Coordinator of the Study Centre allotted to you
For January, 2022 Session	30th September, 2022	

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator / Programme In-charge of the Study Centre/ Programme Study Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title,

Course Code, Course Title, Assignment Code and Name of your Study Centre on the title page. Course Code and Assignment Code will be given in the assignment. The title page may look like this:

Enrolment No	Name
.....	Address
.....	Signature
.....	
Date	
	Programme Title
	Course Code & Title
	Assignment Code
	Programme Study Centre/Study Centre

All Tutor Marked Assignments are to be submitted at the study centre assigned to you.

2. Read the assignments carefully and follow the instructions if any given on the assignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - i. Planning:** Read the assignments carefully. Go through the Units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - ii. Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) is logical and coherent;
 - b) has clear connections between sentences and paragraphs;
 - c) is written correctly giving adequate consideration to your expression, style and presentation
 - iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.
4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.

5. **Write the responses in your own hand.** Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity. For each Course use separate sheets or start on the next sheet.
8. Write the question number with each answer.
9. After submitting the assignment at the Study Centre / Programme Study Centre get the acknowledgement from the Coordinator / Programme In-charge.
10. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
11. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment :

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Each assignment on each course has been written on separate sheets and pinned properly.
4. All the questions in a particular section should be answered before attempting the next section.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**SCHOOL PSYCHOLOGY (BPCE 011)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE 011
Assignment Code: BPCE 011/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Discuss the various interactive forces that shape human development.
2. What is the purpose of schooling? Discuss the school psychology services in India.
3. Explain the type of questions asked by a therapist in Solution-focused Therapy.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Discuss the role and functions of a school psychologist.
5. How can play be used as a therapeutic intervention for behavioural problems?
6. Discuss behavioural counselling for children with attention deficit/hyperactivity disorder.
7. Explain the techniques used for functional behavioral assessment.
8. How would you define an exceptional child? Discuss the types of exceptional children.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Aim of art therapy
10. Defining problem behaviour
11. Conduct Disorder
12. Causes of Learning Disability
13. Goals of School Psychology
14. Check lists to identify behaviour problems in children
15. Education and Vocational Training Programme for children with Intellectual Disability (Mental Retardation)
16. Concept of life span development
17. Goals of narrative therapy
18. Sibling training for the treatment of behavioural problems

**PSYCHOPATHOLOGY (BPCE 014)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-014
Assignment Code: BPCE-014/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Explain the concept of normality and abnormality.
2. Explain the concept of assessment. Describe the types of clinical interview and point out its merits and limitations.
3. Define eating disorder. Describe the symptoms and causes of anorexia nervosa.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Discuss the biological factors contributing to psychopathology.
5. Describe the clinical features and sub-categories of Attention deficit hyperactivity disorder.
6. Discuss the prevention and intervention measures for intellectual disability (erst-while mental retardation).
7. Discuss the causes and symptoms of somatoform disorders.
8. Discuss the causes of schizophrenia.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Predisposing vs precipitating factors
10. Oppositional defiant disorder
11. Types of school phobia
12. Rett's disorder
13. Asperger disorder
14. Psychoeducation
15. Hypochondriasis
16. Catatonic depression
17. Symptoms of bipolar disorder I
18. Exhibitionism

INDUSTRIAL AND ORGANISATIONAL PSYCHOLOGY

TUTOR MARKED ASSIGNMENT(TMA)

Course Code: BPCE-015

Assignment Code: BPCE 015/ASST/TMA/2021-22

Marks: 100

NOTE: All Questions Are Compulsory

Section A

Answer the following question in about 1000 words each: Marks 15x3=45

1. Define Industrial/organizational (I/O) psychology. Discuss its major fields.
2. Describe the historical perspectives of I/O Psychology.
3. Explain the individual differences in personality.

Section B

Answer the following questions in about 400 words each: Marks 5x5=25

4. Discuss the multi- disciplinary approach of I/O psychology.
5. Describe the key responsibilities and changing field of HRM.
6. Explain the ways of identifying job characteristics.
7. Discuss the characteristics and purposes of psychological test.
8. Describe the principles of learning and the theory of reinforcement.

Section C

Answer the following in about 50 words each: Marks 10x3=30

9. Personality tests
10. Emotional intelligence.
11. Organizational change.
12. Job satisfaction.
13. Process consultation.
14. Psychologically healthy workplace.
15. Symptoms of burnout.
16. Health effects of shift work.
17. Causes of accidents.
18. Accident proneness.

**INTRODUCTION TO COUNSELLING PSYCHOLOGY (BPCE 017)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-017
Assignment Code: BPCE-017/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each. 3 x 15 = 45 marks

1. Describe the counseling interview process.
2. Explain person-centred theory of counseling.
3. Explain the factors influencing school counseling. Discuss the role and functions of a school counselor.

SECTION – B

Answer the following questions in 400 words each. 5 x 5 = 25 marks

4. Describe the origin of counseling movement in India.
5. Explain the barriers to communication in counseling.
6. Explain the reasons for seeking counseling. Discuss how it is different from counseling provided as part of other professions.
7. Describe the advantages and limitations of behavioural theory of counseling.
8. Explain the structure of personality according to Freud.

SECTION – C

Answer the following questions in 50 words each. 10 x 3 = 30 marks

9. Genuineness
10. Congruence
11. The phallic stage
12. Repression
13. Introjection
14. Genogram
15. Family sculpting
16. Cognitive rehearsal
17. Schema
18. Psycho-education

**ENVIRONMENTAL PSYCHOLOGY (BPCE 019)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: BPCE-019
Assignment Code: BPCE-019/ASST/TMA/2021-22
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in 1000 words each.

3 x 15 = 45 marks

1. Define environmental psychology. Discuss the scope and role of environmental psychology.
2. Explain the meaning of crowding. Discuss the various theoretical models of crowding.
3. Define public space. Explain the uses of public space.

SECTION – B

Answer the following questions in 400 words each.

5 x 5 = 25 marks

4. Explain design factors for an educational setting.
5. Elucidate the main components of healthy residential environment.
6. Define place attachment. Explain the relationship between quality of life and place attachment.
7. Discuss the relationship between territoriality and community design.
8. Discuss the impact of environment on workplace.

SECTION – C

Answer the following questions in 50 words each.

10 x 3 = 30 marks

9. Soft classroom
10. Open-plan office
11. Perceived Residential Quality Index
12. Different zones of personal space
13. Environment and privacy
14. Cognitive map
15. Components of environmental attitude
16. Urban design
17. Cultural and ethnic factors in territoriality
18. Proxemics

**FORENSIC PSYCHOLOGY (BPCE-021)
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: BPCE-021

Assignment Code: BPCE-021/AST/TMA/2021- 2022

Marks: 100

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION A

Answer the following question in about 1000 words each

15x3=45 Marks

1. Discuss the historical perspective of forensic psychology.
2. Elucidate the main schools of criminology.
3. Explain the concept and nature of eyewitness assessment. Describe the relationship between accuracy and confidence.

SECTION B

Answer the following questions in about 400 words each

5x5=25 Marks

4. Define forensic psychology and distinguish between forensic and therapeutic evaluation.
5. Discuss the relationship between forensic psychology and cognitive psychology.
6. Explain the Sutherland's differential association theory.
7. Explain the Hindu Adoptions and Maintenance Act, 1956.
8. Explain the concept of competency.

SECTION C

Answer the following in about 50 words each

10x3=30 Marks

9. Crime analysis
10. Potential attractions of careers in forensic psychology
11. Criminal behaviour
12. Attention Deficit Hyperactivity Disorder (ADHD)
13. Routine activity theory
14. Paranoid personality disorder
15. State crime and victimless crime
16. Neo Personality Inventory
17. Police stress
18. Polygraph test