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# **Post Basic Bachelor of Sciences in Nursing [B.Sc. N. (PB)]**

**Assignments  
2023**

**3rd Year**

**(Revised Courses BNS 209, 210 & 211)**



*School of Health Sciences*

**Indira Gandhi National Open University**

**Maidan Garhi, New Delhi-110 068**

Dear Student,

As explained in the Programme Guide, these are six assignments and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks involved	Assignment Code
<b>31 July, 2023</b>	BNS-209	1, 2	BNS-209/TMA-1
	BNS-210	1, 2	BNS-210/TMA-1
	BNS-211	1, 2	BNS-211/TMA-1
<b>31 August, 2023</b>	BNS-209	3, 4,5	BNS-209/TMA-2
	BNS-210	3, 4	BNS-210/TMA-2
	BNS-211	3, 4	BNS-211/TMA-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copy of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a zerox copy of the answer sheets for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre (PSC)** and date of submission. Your Enrollment No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

**Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.**

# COMMUNITY HEALTH NURSING

## Assignment – 1 (Block 1 & 2) (Tutor Marked)

Programme Code: B.Sc. N. (PB)  
Course Code: BNS -209  
Assignment Code: BNS -209 TMA-1/2023  
Maximum Marks: 100  
Last date for Submission: July 31, 2023

**Note: This Assignment has three Parts — Part A, B, and C.**

**Part A consists of two long answer questions. Each question carries 15 marks.**

**Part B consists of six short answer questions. Each question carries 10 marks.**

**Part C consists of four objective type questions. Each question carries 2½ marks.**

### Part-A

- 1) a) Discuss the causes of Poverty and indicators of National income.  
b) Discuss the Community Identification and Community diagnosis with help of examples.  
c) Discuss the nursing process in relation to community health practices. Support your answer with suitable examples from community area. **(3+2+2+2+6=15)**
  
- 2) a) Natural History of Disease emphasize on three levels of prevention of disease. Explain these levels with examples.  
b) Explain factors influencing fertility.  
c) Describe the indicators of fertility you would measure as a community health nurse.  
d) Discuss your role as a Community Health Nurse in fertility control. **(2+3+4+3+3=15)**

### Part-B

- 3) a) Describe the functions and principles of a community health nurse, Support your answer with examples. **(10)**
  
- 4) a) List the characteristics of a Healthy Family.  
b) Discuss the factors influencing Family Health care, Support your answer with examples.  
c) Explain the Steps of Family Health Nursing Process. **(2+3+5=10)**
  
- 5) a) Explain the concept of occupational health nursing and discuss your role as a occupational health nurse. **(3+7=10)**
  
- 6) a) List Vector borne Diseases.

- b) Discuss Clinical symptoms and diagnosis of the following:
- Dengue fever
  - Dengue Hemorrhagic Fever
  - Dengue Shock Syndrome
- c) Explain preventive measures against Chikungunya. (2+5+3=10)
- 7) a) Define Re-emerging diseases. Explain reasons for Antimicrobial resistance and Implications of Drug Resistance.
- b) Explain role of nurse for controlling the Re-emerging diseases using various strategies. (4+6=10)
- 8) a) Describe the Vital Statistics system and its importance.
- b) Discuss the measurement of fertility.
- c) Compare the factors linked to increase and decrease in fertility rate. (3+3+4= 10)

### Part-C

- 9) **Place a tick mark (✓) against the most appropriate answer given under each statement.** (1/2×5=2.5)
- a) A family in which authority vests with the women is known as:-
- i) Patriarchal Family
  - ii) Matriarchal Family
  - iii) Matrilocal Family
  - iv) Partilocal Family
- b) All of the following occurs due to hardness of water **except:**
- i) Difficulty incooking
  - ii) Discoloration
  - iii) Diarrhea
  - iv) Decay enamel of teeth
- c) All the following possible health hazards due to solid waste in environment **Except:**
- i) Water pollution
  - ii) Noise pollution
  - iii) Air pollution
  - iv) Soil pollution
- d) The key elements of essential drugs includes all **except:**

- i) Actual need
  - ii) Cost effectiveness
  - iii) Therapeutic effectiveness
  - iv) Non-therapeutic effectiveness
- e) All of the following are factors for Health promotion **except:**
- i) Nutritious food
  - ii) Sedentary LifeStyle
  - iii) Safe environment to live
  - iv) Adequate resources.

10) **Fill in the blanks:** (1/2×5=2.5)

- a) A systematic process of knowing and exploring a community for assessing health status is known as .....
- b) Measures taken during pathogenesis period to control the process of disease is known as.....level of prevention.
- c) An epidemic over a wide geographical area is known as .....
- d) Nucleus (centre point) for practical success of the public health programme is .....
- e) Proper sex education to infertile couples is ..... level of prevention.

11) **Match the statements given in column A with the terms given in Column B:** (1/2×5=2.5)

Column A	Column B
a) Community development and extension programme	i. 1 <sup>st</sup> Five year Plan
b) Collection and analysis of data to study the incidence of health event	ii. Physical Dependence
c) Minimum Need Programme	iii. In 1952
d) Gross income generated within the country	iv. In 1948
e) Drug abuser body is accustomed to a particular drug for functioning normally	v. 6th Five Year Plan
	vi. Surveillance
	vii. Psychological dependence
	viii. Gross domestic product
	ix. Net domestic product

- 12) **Place a tick mark (✓) against “T” if you consider the statement as true and “F” if you consider the statement as False.** (1/2×5=2.5)
- a) Semen of husband instilled at orifice of wife is known as Artificial Insemination of Donors. (T/F)
  - b) Consanguineous family consists of blood relatives with their mates and Children. (T/F)
  - c) BCG vaccine should be reconstituted with sterile water. (T/F)
  - d) The main cause of Road Traffic Accidents is low driving standards. (T/F)
  - e) Rural and Urban communities have people with high rate of employment. (T/F)

## Assignment 2 (Block 3, 4 & 5) (Tutor Marked)

Programme Code: B.Sc. N. (PB)

Course Code: BNS -209

Assignment Code: BNS 209TMA-2/2023

Maximum Marks: 100

Last date for Submission: August 31, 2023

**Note: This Assignment has three Parts - Part A, B, and C.**

**Part A consists of two long answer questions. Each question carries 15 marks.**

**Part B consists of six short answer questions. Each question carries 10 marks.**

**Part C consists of four objective type questions. Each question carries 2½ marks.**

### Part-A

- 1)
  - a) List the various communicable diseases prevalent in your State.
  - b) Discuss the epidemiological factors responsible for the Malaria and ARI in your region.
  - c) Discuss some of the common nutritional problems among the community and your role as a Community Health Nurse in its prevention. **(3+3+3+6=15)**
  
- 2)
  - a) Describe the health care delivery system in public and private sector.
  - b) Describe the principles of community health administration for effective implementation of various health programmes. Support your answer with suitable examples.
  - c) Discuss the health care delivery system of India. **(6+5+4=15)**

### Part-B

- 3)
  - a) Describe the National AIDS control programme.
  - b) Discuss your role as a community health nurse in prevention and control of STDs **(5+5=10)**
  
- 4) As a community health nurse manager at various levels of functioning you need to develop leadership qualities. Discuss the answer under following headings:-
  - a) Explain the types of leadership when you can use an appropriate type of leadership in community health nursing management.
  - b) Describe qualities of a community health nursing leader. **(5+5=10)**
  
- 5)
  - a) Define Voluntary Health Agency
  - b) Discuss the Functions of Voluntary Health Agencies,
  - c) Explain about Tuberculosis Association of India (TAI), **(2+5+3=10)**

- 6) Explain the Non Communicable Diseases (NCDs) and your role as a community health nurse in prevention and control of non-communicable diseases. (10)
- 7) a) Explain the important points you will keep in mind about the maintenance of records by your staff in health center.  
b) Explain the role of community health nurse in RMNCH+A Programme. (5+5=10)
- 8) School children are vulnerable group for any diseases. Explain about School Health programme its benefits, components and your role in school health scheme. (10)

### Part-C

- 9) Place a tick mark (✓) against the most appropriate answer given under each statement. (1/2×5=2.5)

- a. Stages of malaria fever includes all except:
- i. Cold stage
  - ii. Hot stage
  - iii. Fever stage
  - iv. Sweating stage
- b. Reproductive health includes all of the following parameters **except**:
- i. Promotion of unwanted pregnancies
  - ii. Responsible healthsexual behavior
  - iii. Promotion of safe motherhood
  - iv. Safe abortion
- c. The practice of early marriage was abolished in the year:-
- i. 1917
  - ii. 1923
  - iii. 1925
  - iv. 1929
- a. All of the following are adverse effects of maternal infection **except**:
- i. Foetal growth retardation
  - ii. Abortions
  - iii. Pregnancy fullterm
  - iv. Puerperal sepsis
- b. The vitamin which enhances iron absorption is :
- i. A
  - ii. B



- iii. C
- iv. D

**10) Fill in the blanks**

**( $\frac{1}{2} \times 5 = 2.5$ )**

- a. Kala Azar is also known as viscera.....
- b. Toxic substance used in thermometer is .....
- c. A scheme of PAP smear test aims at detecting..... among women.
- d. NSV stands for.....
- e. Opportunistic screening of persons above the age of 30 years is to detect.....

**11) Match the statements given in column A with the terms given in Column B. ( $\frac{1}{2} \times 5 = 2.5$ )**

Column A	Column B
a) Ratio of number of deaths in a year of children less than 1 year to total number of births	i. Rural Health mission
b) Management techniques showing logical sequence of event	ii. Jungalwalln committee
c) Recent scenario in National malaria eradication programme	iii. IMR
d) No permission for private practice but good services condition to employees	iv. MMR
e) Mainstreaming of AYUSH and revitalization of local health traditions	v. Chadha committee
	vi. PERT
	vii. Early detection & prompt treatment

**12) Place a tick mark (✓) against “T” if you consider the statement as true and “F” if you consider the statement as False. ( $\frac{1}{2} \times 5 = 2.5$ )**

- a) Total number of female deaths due to complications of pregnancy or within 28 days of delivery is Maternal Mortality Rate. (T/F)
- b) Tuberculosis primarily affects lungs causing pulmonary TB (T/F)
- c) Domiciliary treatment is usually managed at sub centre level. (T/F)
- d) Mental health services are concerned with early diagnosis and treatment. (T/F)
- e) India launched the National family planning programme in 1997 (T/F)

**NURSING ADMINISTRATION**  
**Assignment-1 (Blocks 1, 2) (tutor Marked)**

**Programme Code: B.Sc. N. (PB)**  
**Course Code: BNS-210**  
**Assignment Code: BNS-210/TMA-1/2023**  
**Maximum Marks: 100**  
**Last date for Submission: July 31, 2023**

**Note:**

**This Assignment has three parts—part A, B and C**

**Part A consists of two long answer questions. Each question carries 15 marks.**

**Part B consists of six short answer questions. Each question carries 10 marks.**

**Part C consists of four objective type questions. Each question carries 2½ marks.**

**Part A**

1) a) Explain the levels of administration. Discuss the skills required by a nurse administrator at each level.

b) Describe the factors which you as a nurse will keep in mind for effective nursing administration. **(3+3+9=15)**

2) a) Define Time Scheduling.

b) List the principles of time planning.

c) Describe the types of time schedule and their advantages and disadvantages.

d) Make a weekly time schedule for six staff nurses for morning, evening and night.

**(2+5+5+3=15)**

**Part B**

3) a) One of the major functions of administration is planning, discuss the characteristics of planning.

b) List the steps of problem solving.

c) Explain the problem solving approach you would use to solve a problem of absenteeism among night shift duty staff nurse.

**(2+3+5=10)**

4) a) List the classification and functions of hospital.

b) Discuss the factors influencing the utilization of hospital services in your state.

**(2+2+6=10)**

5) a) Explain the stages of supervision.

- b) Discuss the activities you would follow as a nurse administrator in each stages of supervision. **(3+7=10)**
- 6) a) Explain essential characteristics of good nursing service department.
- b) Discuss your role and functions as a nurse administrator. **(5+5=10)**
- 7) a) List the pre-requisites of curriculum development.
- b) Enumerate factors influencing the curriculum design.
- c) Describe the steps of curriculum development you will follow to develop curriculum for first year GNM students. **(2+3+5=10)**
- 8) Discuss the various methods of evaluation of nursing care. Critically discuss which method you think is more effective. **(10)**

### **Part C**

**9. Place a tick mark (✓) against the most appropriate answer given under each statement (1/2 x5=2 1/2)**

- a) Following are the principles of organization except:-
- i) Principle of objectives
  - ii) Principle of hierarchy
  - iii) Principle of specialization
  - iv) Principle of controlling
- b) Following are limitations of organization chart except:
- i) Classification of personnel can be viewed
  - ii) Indicates degree of authority
  - iii) Updating not provided
  - iv) Informal relationships are not shown
- c) Common tools and techniques of supervision are all except:
- i) Interaction
  - ii) Observation
  - iii) Supervisory rounds
  - iv) Group conference
- d) All of the following are advantages of team method except:
- i) Full utilization of members

- ii) Basic care can be done by nursing aids
- iii) Specialized care is given by professional nurse
- iv) Goals of the care need not be made clear to all members

e) In-service education includes all except:

- i) Orientation programme
- ii) Continuing education
- iii) Skill training
- iv) On the job training

**10. Fill in the blanks.**

(1/2 x 5 = 2 1/2)

- a) Getting things done with the accomplishment of objectives is known as .....
- b) Logical and rational thinking for decision making is .....thinking.
- c) Translating the plan of organization into actions by arranging and sequencing activities is called as.....
- d) Specific activity assigned to a nurse is referred as .....method of nursing care.
- e) Planned educational activities for students is known as.....

**11. Match the statements given in column A with terms given in column B**

(1/2 x 5 = 2 1/2)

Column A	Column B
a) Telling people what to do and seeing that they	i) Supervision do it to the best of their ability
b) Balancing and keeping the team together	ii) Standards and ensuring allocation of work & seeing that they perform the work
c) Objectives of organization are accomplished or not and remedial actions are taken when	iii) Directing
d) Criteria by which quality of work of nurse is	iv) Coordination necessary
e) Examination of nursing records for evaluation	v) Controlling measured
	vi) Nursing audit and verification of care

**12. Place a tick mark (✓) against 'T' if you consider the statement as true and 'F' if you consider the statement as false.**

(1/2 x 5 = 2 1/2)

- a) Management deals with executive, administration and planning functions. (T/F)
- b) Strategic planning is undertaken by middle managers. (T/F)
- c) Critical thinking carries certain amount of risk. (T/F)
- d) Staffing include recruitment, planning, promotion, training and retention of an employee. (T/F)
- e) Political and socio-economic factors have no influence on curriculum development. (T/F)

**NURSING ADMINISTRATION**  
**Assignment-2 (Block 3, 4) Tutor Marked**

**Programme Code: B.Sc. N. (PB)**

**Course Code: BNS-210**

**Assignment Code: BNS-210/TMA-2/2023**

**Maximum Marks: 100**

**Last date for Submission: August 31, 2023**

**Note:**

**This Assignment has three parts—part A, B and C.**

**Part A consists of two long answer questions. Each question carries 15 marks.**

**Part B consists of six short answer questions. Each question carries 10 marks.**

**Part C consists of four objective type questions. Each question carries 2½ marks.**

**Part A**

- 1) a) Describe the steps you will follow to develop an in-service education programme for nurses of your hospital.  
  
b) Select a need based area and prepare an in-service education programme schedule topic wise for staff nurses of your hospital. **(7+8=15)**
  
- 2) a) Define job description.  
b) Explain advantages of job description.  
c) Critically analyse the job description of staff nurses of your hospital. Compare with job description of staff nurses in Government / Private hospital. **(2+8+5=15)**

**Part B**

- 3) a) Explain the features of a nursing budget.  
b) Describe the essential requisites you will keep in mind while preparing budget for nursing services. Specify nursing budget heads in your hospital budget.  
c) Explain the types of audit. Describe the nursing audit process followed in your hospital. **(3+4+3=10)**
  
- 4) a) Explain the procedure of purchasing equipment and supplies.  
b) Discuss the inventory control methods followed in your hospital.  
c) Discuss your role as a nurse administrator in placing order, purchasing, inspection and storage of equipment and supplies in your hospital. **(4+2+4=10)**
  
- 5) a) Describe the areas of conflict in nursing department in your hospital.  
b) Discuss the problem solving approach to solve the problem of posting two staff nurses in OPD and ICU. **(5+5=10)**
  
- 6) a) Explain essentials of good “Public Relation”.  
b) Discuss advantages and disadvantages of in-house PR department.  
c) Critically analyze the role and responsibilities of personal relation officer of your hospital or

any private hospital.

(3+3+4=10)

- 7) a) Explain the stages of development of nurses as a group in your hospital.  
b) List the characteristics of the group formed by nurses in your hospital and compare it with the characteristics given in your block.  
c) Discuss the factors affecting group dynamics. (4+3+3=10)
- 8) a) Explain the factors responsible for ineffective communication in nursing department of your hospital.  
b) List the principle of communication you will keep in mind as a nurse administrator.  
c) Describe the steps you will follow to improve the communication in nursing department.

(4+3+3=10)

### Part C

**9. Place a tick mark (✓) against the most appropriate answer given under each statement**

( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) According to trait model of leadership, leader:  
i) Leaves decision making to group  
ii) Get along and persuade people  
iii) Take all decision and assign work  
iv) Share responsibilities of people
- b) Qualities of a power leader are:  
i) Position, expert, reward, coercive  
ii) Position, expert, reward possessive  
iii) Charismatic, expert, referent, result  
iv) Connection, expert, referent, referral
- c) Stages of communication are all except:  
i) Attention  
ii) Comprehension and understanding  
iii) Acceptance and retention  
iv) Recognition and acceptance
- d) All of the following are qualities of a group except:  
i) Sense of shared purpose  
ii) Group consciousness  
iii) Defined membership  
iv) Ability to act independently 14
- e) Complex forces acting upon members of group throughout its existence and make them to behave in particular manner is referred as :  
i) Personality dynamics  
ii) Power dynamics  
iii) Influence dynamics  
iv) Group dynamics

**10. Fill in the blanks.**

(1/2 x5=2 1/2)

- a) Written statement of an organisation’s goals and intent concerning matters that affect the personnel working is called as personnel .....
- b) Process of influencing the activities of a group to achieve goals is known as.....
- c) Line of authority is followed in .....communication.
- d) In an unstable group without any specific goals and when members do not work for a group is known as .....group.
- e) Situational leadership model is type of .....theory.

**11. Match the statements given in column A with terms given in column B**

(1/2 x5=2 1/2)

Column A	Column B
a) Means for accomplishing goals and objectives	i) Primary group of an organization
b) Scientific study and statement of facts that were	ii) Group performed by an individual
c) Final product of job performed by employee facilitate recruitment, selection and placement	iii) Goals of employee
d) Collection of people who interact, accept rights	iv) Job analysis and share common identity
e) Members of group have face to face association	v) Policies and procedure and cooperation
	vi) Job specification

**12. Place a tick mark (✓) against ‘T’ if you consider the statement as true and ‘F’ if you consider the statement as false.**

(1/2 x5=2 1/2)

- a) Telenursing means telephonic communication and advice to the patients. (T/F)
- b) Patient’s right to privacy is violated if records are computerized. (T/F)
- c) Non-verbal behaviour are not important for effective communication. (T/F)
- d) Grapevine is a type of informal communication. (T/F)
- e) Principle of value analysis in material management means right quality in right cost. (T/F)

**NURSING EDUCATION AND RESEARCH (BNS 211)**  
**ASSIGNMENT – TMA 1 Block- 1, 2**

**Programme Code: BSCN (PB)**  
**Course Code: BNS 211**  
**Assignment Code: BNS 211/TMA/1/2023**  
**Maximum Marks – 100**  
**Last date of Submission: July 31, 2023**

**Note: Support all questions with examples.**

- 1) a) Describe aim of nursing education  
b) Describe the philosophy of education.  
c) Explain the relationship between philosophy and education. **(5+5+5=15)**
  
- 2) a) Describe the general principles of teaching.  
b) Explain the maxims of teaching with examples. **(5+5=10)**
  
- 3) a) Explain meaning of learning.  
b) Analyse the elements of communication in teaching learning. **(2+8=10)**
  
- 4) Analyse the teacher centred teaching learning methods in light of covid and post covid period. **(10)**
  
- 5) a) Meaning of audio-visual aids used by a teacher for teaching learning.  
b) Describe advantages of audio-visual aids. **(2+8=10)**
  
- 6) a) Explain the types of curriculum.  
b) Analyse the factors that influence the development of the curriculum. **(5+5=10)**
  
- 7) a) Difference between goals and objectives.  
b) Types of educational objectives with examples. **(4+6=10)**
  
- 8) a) Principles of selection of learning experiences for students.  
b) Criteria to be kept in mind by a nursing teacher for selection of learning experiences for nursing students, support with examples. **(5+10=15)**
  
- 9) Explain the following: **(5x2=10)**
  - a. Course Planning
  - b. Unit Planning
  - c. Lesson Planning
  - d. Master Rotation Plan
  - e. Internal Rotation Plan



**NURSING EDUCATION AND RESEARCH (BNS 211)**  
**ASSIGNMENT – TMA 2 Block- 3, 4**

**Programme Code: BSCN (PB)**  
**Course Code: BNS 211**  
**Assignment Code: BNS 211/TMA/2/2023**  
**Maximum Marks – 100**  
**Last date of Submission: August 31, 2023**

**Note: Support all questions with examples.**

- 1) a) Describe the importance of research in nursing.  
b) Explain the research process and draw a flow chart highlighting the steps of research process **(3+7=10)**
  
- 2) Describe the ethical principles of research followed by a researcher. **(10)**
  
- 3) a) Analyse the purposes of literature review in research.  
b) Describe the sources of review of literature. **(5+5=10)**
  
- 4) a) Differentiate between qualitative, quantitative and mix research approach and support with examples.  
b) Describe the purposes of survey approach. **(9+6=15)**
  
- 5) a) Explain the purposes of sampling.  
b) Differentiate between following with examples
  - Probability and Non-Probability Sampling
  - Simple random and Stratified random Sampling
  - Cluster and Systematic Sampling**(6+9=15)**
  
- 6) a) Explain the following with examples
  - Nominal and Ordinal level of measurement
  - Interval and Ratio level of measurementb) Differentiate between mean, median, mode with examples. **(3+3+3+3=15)**
  
- 7) a) Explain meaning of term variability and normal distribution with examples.  
b) Differentiate between range and standard deviation with examples. **(3+6+3+3=15)**
  
8. Explain the following: **(5x2=10)**
  - a. Correlation
  - b. Co-efficient of Correlation
  - c. Sampling Error with example
  - d. Type I error with example
  - e. Type II error with example