

# Post Basic Bachelor of Sciences in Nursing [B.Sc. N. (PB)]



Assignments
2023
2nd Year
(Revised Courses BNS 206, 207 & 208)







School of Health Sciences Indira Gandhi National Open University Maidan Garhi, New Delhi-110 068

#### Dear Student,

As explained in the Programme Guide, there are five assignments in total and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and *submission of related assignments is a prerequisite* for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
31st July, 2023	BNS-206	1&2	BNS-206/TMA-1
	BNS-207	1&2	BNS-207/TMA-1
	BNS-208	1&2	BNS-208/TMA-1
31st August, 2023	BNS-206	3,4&5	BNS-206/TMA-2
	BNS-207	3&4	BNS-207/TMA-2
	BNS-208	3&4	BNS-208/TMA-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- All the questions are compulsory.
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

#### **Suggestions for writing an assignment:**

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a xerox copy of the answer sheets for future reference.

### Do not copy from print material.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right comer of the first page. The first page of your response sheet should look like the format given below:

Course Code	Enrollment No	-
Course Title	Name	
Assignment Code	Address	
PSC		
Date of Submission		

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

# **MEDICAL SURGICAL NURSING (BNS-206)**

Assignment -1 (Block 1, 2) (Tutor Marked)

Programme Code: B.Sc. N (PB)

**Course Code: BNS 206** 

Assignment Code: BNS 206/TMA-1/2023

**Maximum Marks: 100** 

Last date of Submission: July 31, 2023

This assignment has three parts – Part A, B, and C

Note:

Part A consists of two long questions. Each question carries 15 marks
Part B consists of six short questions. Each question carries 10 marks
Part C consists of four chiesting type greating. Each question carries 21/2 marks

Part C consists of four objective type questions. Each question carries 2 ½ marks.

#### Part - A

- 1. a) Define Shock.
  - b) Discuss its various types highlighting their clinical manifestations, diagnosis and management in detail

(2+13=15)

- 2. a) Define Cardiomyopathy and list its types.
  - b) Enumerate the diagnostic tests to detect Dilated Cardiomyopathy.
  - c) Describe the treatment and nursing care of a patient suffering from Dilated Cardiomyopathy.

(2+3+2+4+4=15)

#### Part - B

- 3. a) Define acidosis and alkalosis.
  - b) Discuss the various types of acid- base imbalances studied by you.

(1+1+8=10)

- 4. a) List the different types of Post-operative complications.
  - b) Describe any two delayed post-operative complications..

 $(5+2\frac{1}{2}+2\frac{1}{2}=10)$ 

- 5. a) Define Peptic Ulcer.
  - b) Explain its pathophysiology and clinical manifestations. .
  - c) Discuss the Nursing care plan of a patient with peptic ulcer.

(2+3+5=10)

- 6. a) Explain the Pathophysiology of Emphysema.
  - b) Describe the Medical and Nursing Management of patient with Emphysema.

(3+2+5=10)

- 7. Discuss the detailed assessment of a patient with Gastrointestinal problems. (10)
- 8. a) List the objectives of Disaster Nursing.

b) Describe the Principles and legal aspects of Disaster Nursing.

(2+8=10)

#### Part -C

- 9. Place a tick mark ( $\sqrt{ }$ ) against the most appropriate answer given under each statement  $(5x \frac{1}{2} = 2 \frac{1}{2})$ 
  - a. Approach enabling the nurse to cluster assessment data for identifying potential problems is called:
    - **Problem Based Approach** i)
    - Holistic Approach ii)
    - Bio-Medical Approach iii)
    - Clinical Pathways iv)
  - b. All the following can be used as a graft for Coronary Artery Bypass Graft except:
    - i) **Internal Mammary Artery**
    - ii) Radial Artery
    - iii) Saphenous Vein
    - iv) Renal Vein
  - c. The following article in the emergency kit helps only in assessment of the patient:
    - i) Pen
    - ii) Bandage
    - Antiemetic medicines iii)
    - Scissors iv)
  - d. One of the following is attributed to stress:
    - i) Peptic ulcer
    - ii) Intestinal obstruction
    - Ulcerative colitis iii)
    - Hernia iv)
  - e. "PQRST" is an approach used to gather subjective data about:
    - Shock i)
    - ii) Allergy
    - iii) Pain
    - iv) Hyperthermia
- 10. Match the statements given in column A with items given in column B:  $(5x \frac{1}{2} = 2\frac{1}{2})$

# Column A

- a) Restricted Lung disease
- b) Immunization
- c) ABG
- d) Termination of CPR
- e) Streptokinase

- i) Passive immunity
- ii) Complete Rescuer Exhaustion

Column B

- iii) Used in thrombosis
- iv) Embolism
- v) Pulmonary fibrosis
- vi) Active immunity
- vii) Bronchitis

11. Fill in the blanks:	$5x \frac{1}{2} = 2 \frac{1}{2}$
a. The use of High-energy physics and computer techniques to study lung func	tions occurs
in	
b. Frostbite is the freezing of when temperature is below 32 degree	Fahrenheit.
c. The first cells to arrive at the spot of injury are	
d is the drug of choice to treat angina attacks.	
e care units offer day care facilities for treating patients withou	t admission.
<ul><li>12. Place a tick mark (√) against "T' if you consider the statement as true and consider the statement as false.</li><li>(5)</li></ul>	'F" if you <b>x</b> ½ = <b>2</b> ½)
a. MUGA scanning is utilized for gastrointestinal problems.	(T/F)
b. ICU is essential for providing one to one care.	(T/F)
c. Ismelin is a peripheral vasodilator used in severe hypertension.	(T/F)
d. Guanethidine sulphate is a peripheral vasodilator drug.	(T/F)
e. Respiratory failure occurs when vital capacity is less than 15 ml/kg.	(T/F)

# **MEDICAL SURGICAL NURSING (BNS-206)**

Assignment -2 (Block 3, 4 and 5) (Tutor Marked)

Programme Code: B.Sc. N (PB)

**Course Code: BNS 206** 

Assignment Code: BNS 206/TMA-2/2023

**Maximum Marks: 100** 

Last date of Submission: August 31, 2023

This assignment has three parts – Part A, B, and C

Note:

Part A consists of two long questions. Each question carries 15 marks

Part B consists of six short questions. Each question carries 10 marks

Part C consists of four objective type questions. Each question carries 2 ½ marks.

#### Part - A

- 1. a) Discuss the causes and pathophysiology of Chronic kidney disease.
  - b) Describe the medical and nursing management of these patients.

(3+3+4+5=15)

- 2. a) Define Parkinson's disease.
  - b) Discuss its causes and pathophysiology.
  - c) Describe the management of this patient in detail.

(2+6+7=15)

#### Part - B

- 3. a) Define Osteoarthritis. Write its pathophysiology.
  - b) Describe the management and nursing interventions for patients with Osteoarthritis.

(1+3+4+2=10)

- 4. a) List the signs and symptoms of Colorectal cancer.
  - b) Explain the management and nursing care for a patient with diagnosis of colorectal cancer. (3+7=10)
- 5. a) Enumerate the various bacterial infections of the skin.
  - b) Discuss the management of any three of such infections in detail.

(4+6=10)

- 6. a) Define Retinal detachment. List its causes and symptoms.
  - b) Discuss its management

(1+4+5=10)

- 7. a) Define Adenoiditis.
  - b) Discuss its causes, clinical manifestations and management. (2+3+5=10)
- 8. Describe the various structural and functional changes that occur in Elderly. (10)

# Part -C

9.	Place a tick mark ( $$ ) against the most approximately	opriate answer given under each	statement $(5x \frac{1}{2} = 2 \frac{1}{2})$
a) Creatinine clearance test is most commonly used for:			
	i) Assess GFR		
	ii) Find the pH		
	iii) Assess the urea level		
	iv) Scan the kidney		
	b) Direct testing in endocrinal disorders inc	ludes all except:	
	i) Immuno radiometric assays (IRMAs	s)	
	ii) Radioimmunoassay (RIA)		
	iii) 24-hour urine testing.		
	iv) Calcium measurements		
	c) Glomerular Filtration Rate of 20-40 %	6 of Normal occurs during w	hich stage of
	Chronic Kidney Disease:		
	i) Renal Impairment		
	ii) Renal Insufficiency		
	iii) Renal Failure		
	iv) Uremia		
	d) "ABCR" is an acronym used for drugs to	treat:	
	i) Myasthenia gravis		
	ii) GB syndrome		
	iii) Multiple sclerosis		
	iv) Tissue Wall Inflammation		
	e) The characteristic signs and symptoms sl	nown by a person with Hyperth	yroidism are
	termed as:		
	i) Thyrotoxicosis		
	ii) Exophthalmos		
	iii) Grave's Disease		
	iv) Thyroid Storm		
10	. Match the statements given in column A v	vith items given in column B:	$(5x^{1/2}=2^{1/2})$
	Column A	Column B	
a	a. First step in chemical carcinogenesis	i) UV light	
t	o. Wood's lamp	ii) Initiation	
C	e. Jaeger's chart	iii) Vitiligo	
Ċ	d. Hypo pigmentation	iv) Asses near vision	

e. German Measles	v) Assess distant vision
	vi) Congenital cataract

11.	Fill in the blanks:	$(5x^{1/2}=2^{1/2})$
a)	The time period for which the dialysate is left in the peritoneal dialysis is	
b)	Presence of Rheumatoid Factor (RF) in serum is identified by	
c)	One of the major problem with Anti-seizure drug is	-
d)	serve as the fulcrum of the lever served by bones.	
e)	Large number of ANA's are characteristic of	
C	· ·	$x^{1/2} = 2^{1/2}$
a)	Adduction is allowed after Total Hip replacement.	(T/F)
b)	Echart is used to asses the visual acuity of illiterates.	(T/F)
c)	Peripheral catheter used for chemotherapy has a long term use.	(T/F)
d)	Brachytherapy for cancer of cervix involves insertion of Radioisotope in	sealed
	applicators for time period of 24-72 hours.	(T/F)
e)	Breast self examination should be done regularly after the age of 30 years	s. (T/F)

# PAEDIATRIC NURSING (BNS-207)

Assignment – 1 (Block 1 & 2) (Tutor Marked)

Programme Code: B.Sc. N. (PB)

**Course Code: BNS 207** 

Assignment Code: BNS 207/ TMA-1/2023

Maximum Marks - 100

Last date of submission: July 31st, 2023

#### Note:

This Assignment has three parts i.e. Part A, B and C

Part A consist of two long answer questions. Each question carries 15 marks.

Part B consist of six short answer questions. Each question carries 10 marks.

Part C consist of four objective type questions. Each question carries 2½ marks.

#### Part-A

- 1) a) Explain the factors affecting growth and development
  - b) Discuss the importance of studying growth and development.
  - c) Write in detail about the four aspects of development.

(5+5+5=15)

- 2) a) Explain Triaging of a sick new born with the help of a flow diagram.
  - b) Explain the concept of triaging.
  - c) Describe the steps of triage.

(2+6+7=15)

#### Part-B

- 3) a) Differentiate between the following:
  - i) Live birth and new born
  - ii) Neonatal and Perinatal period
  - iii) Preterm and small for date baby
  - b) List the conditions which demand resuscitation alert.
  - c) Describe steps of neonatal resuscitation at birth with the help of a diagram
  - d) Prepare an Apgar scoring chart for a baby. whose delivery has been attended by you during your clinical experience. (3+1+5+1=10)
- 4) a) Define preventive pediatrics
  - b) Explain concept of behavior change communication
  - c) Describe process of behavior change communication

(2+3+5=10)

5) a) Define low birth weight baby
b) Describe nursing care of a low birth weight baby
(2+8=10)
6) a) Define Kangaroo Mother Care (KMC) and lists the purposes of KMC
b) Describe advantages and procedure of kangaroo mother care
(5+5=10)
7) a) List the common neonatal emergencies
b) Describe nursing management of any two of neonatal emergencies
(3+7=10)
8) a) Explain respiratory distress syndrome in detail
b) Describe management of a baby with respiratory distress syndrome
Part − C

9) Place a tick mark (√) against the most appropriate answer given under each statement

 $(1/2 \times 5 = 21/2)$ 

- 1) Posterior fontanell closes by
  - a) 2 months
  - b) 4-5 months
  - c) 18 months
  - d) 7 months
  - 2) Normal Head circumference at birth is
    - a) 33 cm
    - b) 34 cm
    - c) 30 cm
    - d) 28 cm
  - 3) State of physical and emotional ill treatment below 18 years is
    - a) Child neglect
    - b) Child abuse
    - c) Drug abuse
    - d) Mental abuse
  - 4) Early neonatal sepsis occurs in
    - a) First 72 hours
    - b) First 24 hours
    - c) After 48 hours
    - d) After 36 hours
  - 5) Breath holding spells are seen at the age of
    - a) 6 months
    - b) 2 months
    - c) 8 months

d) None of the above

10)	Fil	l in the blanks:			$(5x^{1/2}=2^{1/2})$
a	ı) (	Greenish black sticky stool passed by a new born in first few days after birth is called a			irth is called as
b	) F	Perterm babies can develop.		. due to poor Glomerular Filtra	tion Rate
c	() N	National Sample Survey (NS	S) is one of the	ne sources of	
d	) <i>A</i>	Average age of eruption of co	entral incisors	is	
e	e) I	n Pica there is habitual inges	stion of		
11)	M	atch the statement given in	Column 'A'	with the term given in colum	n 'B'
					$(5x^{1/2}=2^{1/2})$
		Column A		Column B	
	a)	Premature	i.	$< 35.5^{\circ}$ C	
	i)	Hypothermia	ii.	Sorting of patients as per p	riority
	j)	RKSK	iii.	January, 2014	
	k)	Triage	iv.	Less than 40 weeks	
	1)	Head circumference	v.	Less than 37 weeks	
			vi.	33-35 cms	
			vii.	30-33 Cms	
12)		ace a tick mark (√) against nsider the statement as fals	•	onsider the statement as true	and "F" if you
					$(5x^{1/2}=2^{1/2})$
	a)	Sucking reflex is developed	d after 24 hour	rs in normal new born.	(T/F)
	b)	Phocomelia is the absence	of proximal p	ortion of a limb or limbs.	(T/F)
	c)	Injury of fifth and sixth cer	vical spinal ne	erve indicates facial palsy.	(T/F)
	d)	Indian red cross society is a	an internationa	al agency.	(T/F)
	e)	Birth, death and marriage a	re vital events	S.	(T/F)

# PAEDIATRIC NURSING (BNS-207)

Assignment – 2 (Block 3 & 4) (Tutor Marked)

**Programme Code: B.Sc. N (PB)** 

**Course Code: BNS 207** 

Assignment Code: BNS 207/ TMA-2/2023

**Maximum Marks – 100** 

Last date of submission: July 31st, 2023

#### Note:

This Assignment has three parts i.e. Part A, B and C

Part A consist of two long answer questions. Each question carries 15 marks.

Part B consist of six short answer questions. Each question carries 10 marks.

Part C consist of four objective type questions. Each question carries 2½ marks.

#### Part-A

- 1) a) Define Leukemia.
  - b) Describe the types of leukemia
  - c) Differentiate between thalassemia and hemophilia.
  - d) Describe the nursing problems and nursing intervention of a child with Leukemia based on nursing process. (2+3+3+7=15)
- 2) Mohit, a 5 year old child has come to outpatient department with complain of pain in the right eye. Examination of the eye revealed redness, inflammation and watery discharge:
  - a) List various inflammatory conditions of eye
  - b) Describe the inflammatory conditions of eye that Mohit is likely to have.
  - c) Discuss clinical features and nursing management of any three inflammatory conditions. (2+5+8=15)
- 3) a) Define Nephrotic syndrome.
  - b) Describe patho- physiology of Nephrotic Syndrome.
  - c) Discuss the nursing management of child with Nephrotic Syndrome based on nursing process.

(1+3+6=10)

(10)

#### Part-B

- 4) Explain the nursing management of a child with Hydrocephalus.
- 5) Describe nursing care of a hospitalized child. (10)
- 6) a) Define Pneumonia
  - b) List the clinical features of Pneumonia.
  - c) Describe Nursing management of a child with Pneumonia.

(2+3+5=10)

- 7) a) Define cleft lip and cleft palate.
  - b) Describe clinical features of cleft lip and cleft palate.

- c) Explain the pre and post operative management of a child with cleft lip. (2+3+5=10)
- 8) Meenu has been admitted to paediatric Medical Ward with anaemia, Mongoloid slant and protruding maxilla. She has been diagnosed as a patient with thalasemia.
  - a) Write signs and symptoms that Meenu is likely to present.
  - b) Describe the nursing care you will give to Meenu.

(5+5=10)

#### Part - C

9) Place a tick mark ( $\sqrt{\ }$ ) against the most appropriate answer given under each statement

 $(1/2 \times 5 = 21/2)$ 

- a) The characteristic symptom of intussusception is:
  - i) Necrosis of involved segment of intestine
  - ii) Passage of current jelly stool
  - iii) Fever and prostration
  - iv) Nausea and vomiting
- b) The vitamin C deficiency results in:
  - i) Defect in the collagen synthesis
  - ii) Increase in collagen synthesis
  - iii) bone marrow desperation and kidney failure
  - iv) defective formation of long bones
- c) Second most common cause of burns in children is:
  - i) Contact injury
  - ii) Scald injury
  - iii) Flame injury
  - iv) Radiation injury
- d) Congenital dysplasia of the limb is caused by abnormal development of:
  - i) Head of the femur, acetabulum, surrounding capsule and soft tissue
  - ii) Head of tabia and fibula
  - iii) acetabulum and soft tissues
  - iv) shaft of femur and acetabulum
- e) Vital function of the liver are all except;
  - i) Synthesis of insulin
  - ii) Metabolic function
  - iii) Storage of bile
  - v) Maintaining fluid and electrolyte balance

#### 10) Fill in the blanks:

 $(1/2 \times 5 = 21/2)$ 

a. All India league for maternity and child welfare was established in

	b.	A disease of skin produced by burrowing action of p	parasite :	mite in the epide	rmia is
	c.	Water logging of the head literally means			
	d.	A congenital anomaly in which the urethral opening is	is situate	ed on the ventral	surface
		of the penis is called			
	e.	Blood glucose level of less than 54 mg/dl in fin	rst 72	hours is sugges	tive of
		in newborns			
11)	Matc	h the statement given in column 'A' with the term g	iven in		1/2=21/2)
	Co	lumn A	Co	lumn B	,
	a) l	Koplik's spot	i)	Enureies	
	b) ]	Blood in the stool	ii)	Measles	
	c) l	Deficient secretion of growth hormones	iii)	Hypo-pituitarisi	m
	d) .	Abnormal development of red blood cells	iv)	Dysentry	
	e) l	Drooping of the upper eyelid	v)	Hydrocephalus	
			vi)	Megaloblastic A	Anemia
			vii)	Strabismus	
			viii)	Aplastic Anemi	a
12)		e a tick mark ( $$ ) against "T" if you consider the stander the statement as false.	itement	as true and "F" (5×1/2=	
	a) Na	aloxone is the antidote of Opiates.			(T/F)
	b) Th	ne exact cause of Acute Rheumatic Fever is unknown.			(T/F)
	c) So	me dehydration indicates that skin pinch goes back ver	ry slowl	y	(T/F)
	d) Ex	ternal cardiac massage is indicated if heart rate fails to	rise abo	ove 80/minutes.	(T/F)
	e) M	laturity onset diabetes of youth is caused by secretory d	lefect of	Insulin.	(T/F)

#### MENTAL HEALTH NURSING

#### Assignment – 1 (Block 1 & 2) Tutor Marked

Programme Code: B.Sc. N (PB) Course Code: BNS 208 Assignment Code: BNS 208/TMA-1/2023 Maximum Marks-100

Last date of Submission: July 31st 2023

Note:

This Assignment has three parts – Part A, B and C Part A consist of two long answer questions. Each question carries 15 marks. Part B consist of six short answer questions. Each question carries 10 marks. Part C consist of four objective type questions. Each question carries  $2\frac{1}{2}$  marks.

#### Part - A

Q.1 Explain Principals of Psychiatric Nursing. Support your answer with examples **(15)** Q.2 (a) Explain mania depression Types of mania depression (7+8=15)(b) Discuss nursing management of patient mania and depression Part - B Q.3 Describe history of Psychiatry including significant period via flow chart **(10)** 0.4 Explain Integration of Psychiatric Nursing in General Nursing Curriculum and (10)its scope Q.5 Discuss various Models of Normalcy and Abnormalcy (10)Q.6 (a) Explain characteristics of Mentally Healthy individual **(5)** (b) Discuss Misconceptions about Mental Illness. **(5)** Q.7 Discuss Nurses role in providing Psychotherapies to Schizophrenic patient. **(10)** Q.8 (a) Define Organic Brain Disorders (OBD) (1+4+5=10)(b) Explain causes of Delirium and Dementia

(c) Nursing interventions of client with OBD.

# Part - C

<b>Q.9</b> Place a tick mark ( $$	) against the most	appropriate	answer giv	ven under	each
statement.					

			(1/2 X 5=2.5)
a) SN		R model is application for	
		Communications	
		Principles	
		Objections	
1	V)	Evaluations	
b) Al	ll tl	ne following are therapeutic communication techniques <b>except</b>	
,	i)	Observing	
	ii)	Listening	
	iii	) Focusing	
	iv	) Patronizing	
c) Or	ne (	of the following Characteristic feature of schizophrenic is:	
	i)	Delusion	
	ii)	Stereo typed	
	iii	) Hallucination	
	iv	) Depersonalization	
d) Int	teg	rated approach is most suitable for preventing relapse in:	
,	i)	Schizophrenia	
	ii)	<u>.</u>	
	iii		
	iv	Substance use disorders	
e) A	ma	ajor factor in causing Korsakoff Syndrome occurs due to deficiency o	f:
,	i)	Vitamin A	
	ii)	Vitamin D	
	iii	) Thiamine	
	iv)	) Iron	
•		the blanks:	$(1/2 \times 5=2.5)$
1) (	ons	tructive drives, constitutes a basic energy of life called	•
2)		mediates between the demand of the ID and relatives of exter	rnal world.
3) Ca	ıtal	epsy and wary flexibility are commonly seen in	·
4) W	hei	n words, phrase or sentences are repeated it is called	·
5) Re	epe	tition of rhythmic words is called	

# Q.11 Match the following:

 $(1/2 \times 5=2.5)$ 

	Column A	Column B
a)	Libido	i) Sigmud Freud
b)	Super Ego	ii) Touch with reality
c)	Psycho- analytical Model	iii) anything pleasurable from eating to creativity.
d)	Psychosis	iv) Inner control system to cope with uninhibited desires of the Id.
e)	Dysthymia	v) Pull away from loved ones
		vi) Physical complaints but normal laboratory findings
		vii) A very mild mental illness.

# Q. 12 Place a tick mark ( $\sqrt{}$ ) 'T' if you consider the statement as True and 'F' if you consider it as false. (1/2 X 5=2.5)

- 1) Mental illness once acquired is lifelong. (T/F)
- 2) According to medical model organic pathology is definite cause of mental disorders.(T/F)
- 3) Placing blame for own difficulties upon others is known as repression. (T/F)
- 4) Misinterpretation of sensory impressions is illusion. (T/F)
- 5) Objective of Social relationship is to help the patient to overcome the problem. (T/F)

# MENTAL HEALTH NURSING Assignment – 2 (Block 3 & 4) Tutor Marked

Programme Code: B.Sc. N (PB)

Course Code: BNS 208 Assignment Code: BNS 208/TMA-2/2023

Maximum Marks-100

Last date of Submission: 31st August, 2023

Note:

This Assignment has three parts – Part A, B and C Part A consist of two long answer questions. Each question carries 15 marks. Part B consist of six short answer questions. Each question carries 10 marks. Part C consist of four objective type questions. Each question carries  $2\frac{1}{2}$  marks.

#### Part - A

- Q.1 a) Define Anxiety and explain development of Anxiety. (1+2+5+2+5=15)
  - b) Discuss level of Anxiety and manifestation of Anxiety.
  - c) Explain causes of Anxiety.
  - d) Describe Nursing management of a patient suffering with Anxiety
- Q.2 a) Define Postpartum Psychosis (PPP)

(2+6+7=15)

- b) Explain signs and symptoms of Postpartum Psychosis
- c) Describe medical management of Postpartum Psychiatric disorders.

#### Part - B

Q.3 Describe Psychotic disorders of Children.

**(10)** 

Q.4 Explain Body Image Distortions among Adolescence

**(10)** 

Q.5 Discuss Nursing management of Postpartum psychiatric disorders

(10)

Q6. a) Explain physical aspects of Aging

(5+5=10)

- b) Discuss Nursing management of Elderly individual
- Q.7 a) Explain legal aspects of Psychiatric nursing.

(5+5=10)

- b) Discuss Mental Health Care Act 2017
- Q.8 Explain role of Nurse in Legal Psychiatry

(10)

	Part - C	
Q 9 Place	e a tick mark ( $$ ) against the most appropriate answer given under ea	ch statement.
a)	Age of onset / or conversion disorder is usually i) 10-15 years ii) 15-20 years iii) Late adulthood iv) Young Elderly	(1/2 X 5=2.5)
b)	All the following behavior therapy useful in treating OCD <b>except</b> :  i) Classical psycho analysis  ii) Systematic desensitization  iii) Flooding  iv) Thought stopping	
c)	All the following drugs are effective in treatment of PTSD except: i) Amitryptiline ii) Imipramine iii) Dilantine iv) Benzodiazepine	
d)	All the following are examples of Psycho somatic disorders <b>except:</b> i) Asthma ii) Irritable Bowel Syndrome iii) Peptic Ulcer iv) stroke	
e)	Products of cannabis includes:  i) Cigar, Bidis, Hukka  ii) Bhang, Ganja, Charas  iii) Hypnotics and Sedatives.  iv) Opium, Morphine, Heroin	
Q.10 I	Fill in the Blanks	(1/2 X 5=2.5)
1)	Client should learn how to control anxiety by doing	
2)	Neurotransmitter influential in causing OCD is	
3)	Eye Symptom of intoxication due to Narcotics and Opiates is	

4)

5)

Persistence of day and night wetting after the age of five years is \_\_\_\_\_\_.

One of the most widely used medications for treating bipolar disorder is \_\_\_\_\_\_

# Q.11 Match the following:

 $(1/2 \times 5=2.5)$ 

Column A		Column B	
a)	PTSD	i)	Tab. Disulfiram
b)	Anticonvulsant medication	ii)	Substance use Rehabilitation.
c)	Alcohol de addiction	iii)	Night mares of the events are common
d)	Self Help Group	iv)	Language is defective or absent due to
			Injury of cerebral cortex
e)	Aphasia	v)	Carbamazepine
		vi)	Muscular incoordination
		vii)	Difficulty in Swallowing

# Q. 12 Place a tick mark ( $\sqrt{}$ ) 'T' if you consider the statement as True and 'F' if you consider it as false. (1/2 X 5=2.5)

- a) Mild anxiety serves as a motivational force by making one alert physically and mentally. (T/F)
- b) Involuntary micturition is normal by the age of 3-5 years. (T/F)
- c) Insomnia and sleep walking are chronic disturbances of sleep patterns. (T/F)
- d) In Autism, puberty can be the turning point for either improvement or further deterioration (T/F)
- e) Mental retardation is classified on the bases of growth and development. (T/F)