

00573

POST GRADUATION DIPLOMA IN  
FOOD SCIENCE AND TECHNOLOGY

Term-End Examination

June, 2011

MFT-009 : FRUIT AND VEGETABLE  
TECHNOLOGY

Time : 3 hours

Maximum Marks : 70

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*Note : Answer any five questions. All questions carry equal marks.*

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1. Fill in the blanks in the followings : 7x2=14
- (a) India stands \_\_\_\_\_ in fruit production and \_\_\_\_\_ in the vegetable production in the world.
  - (b) \_\_\_\_\_ fruit is rich in fat, where as \_\_\_\_\_ fruit is rich in protein.
  - (c) Most commonly used maturity index for apple is \_\_\_\_\_, where as \_\_\_\_\_ is used for mangoes.
  - (d) \_\_\_\_\_ and \_\_\_\_\_ structures can be used to store harvested vegetables in the field.
  - (e) \_\_\_\_\_ is the example of climacteric fruits and \_\_\_\_\_ is the example of non - climacteric fruit.

- (f) \_\_\_\_\_ and \_\_\_\_\_ are the most important factors that affect shelf life of stored fruits.
- (g) In general, for fruits and vegetables, blanching temperature is \_\_\_\_\_ °C and pasteurization is done at \_\_\_\_\_ °C.

2. Write TRUE or FALSE for the followings : **14x1=14**

- (a) Most of the fruits are rich source of proteins.
- (b) Vegetables do not contain any vitamin.
- (c) Avocado is rich source of fat.
- (d) For transportation, mangoes are harvested at fully ripe stage.
- (e) Potatoes are cured at low temperature.
- (f) Carrots are best cooled by vacuum pre-cooling.
- (g) Irradiation can be used for sprout inhibition in onions.
- (h) Ethereal is used to inhibit ripening.
- (i) Canned pea is an example of minimally processed product.
- (j) According to FPO specification, Jam can contain a maximum of 200 ppm benzoic acid.
- (k) During refrigeration a part of water in fruits get frozen.
- (l) Netting is one of the maturity indexes for water melon.

- (m) In dehydrofreezing, fruits are first frozen then dried.
- (n) Freezing rates are almost similar in Immersion and Cryogenic freezing.
3. (a) Write chemical name for the followings : **4x1=4**
- (i) Vitamin A
  - (ii) Vitamin B<sub>1</sub>
  - (iii) Vitamin B<sub>12</sub>
  - (iv) Vitamin E
- (b) Write full form for the followings : **5x1=5**
- (i) HTST
  - (ii) MH
  - (iii) IQF
  - (iv) 2, 4 - D
  - (v) KMS
- (c) Define following in one sentence : **5x1=5**
- (i) Marmalade
  - (ii) Senescence
  - (iii) Freeze drying
  - (iv) Value addition
  - (v) Water activity
4. Differentiate between the followings : **4x3½=14**
- (a) Bruising and impact injury
  - (b) Pelletization and Unitization
  - (c) Puree and Paste
  - (d) Climacteric and non-climacteric fruits

5. Write short note on the followings (6 - 8 sentences) :  $4 \times 3\frac{1}{2} = 14$
- (a) Health benefits of fruits and vegetables
  - (b) On-form storage
  - (c) Freezing curve
  - (d) Ohmic heating
6. Answer the following in one paragraph (8 - 10 sentences) :  $4 \times 3\frac{1}{2} = 14$
- (a) What are different packaging materials used for packing fruits and vegetables ?
  - (b) Discuss variability in composition of fruits and vegetables.
  - (c) Mention various factors affecting drying of fruits and vegetables.
  - (d) Describe the use of salt in preservation of fruits and vegetables.
7. Answer the following in detail. (16 - 20 sentences)  $2 \times 7 = 14$
- (a) Why do you need to store fruits and vegetables ? Describe the advantages of refrigerated storage.
  - (b) What is minimal processing ? State its advantages over conventional processing techniques.
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