

00818

**Certificate in Diabetes Care for Community
Worker TEE
Term-End Examination
June, 2010**

**CNS-DC-001 : CONCEPTS AND INTERVENTIONS
OF DIABETES MELLITUS**

Time : 3 hours

Maximum Marks : 70

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- Note : (i) Answer all the Questions.
(ii) Answer all the parts of the question at one place.*
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1. (a) Define the term diabetes Mellitus. $2+6+7=15$
(b) Explain the signs and symptoms of a patient with Diabetes Mellitus.
(c) Discuss the criteria for diagnosis of diabetes Mellitus.

2. (a) List any Six benefits of life style Modification. $3+9+3=15$
(b) Describe the Six groups of diabetes food as per the Food Pyramid.
(c) Explain the points you will keep in mind while teaching a patient about food exchange.

3. You are looking after a T2DM patient who is on Anti-Diabetic Drugs and advised life style modification, answer the following : $2+8=10$
- (a) List the aims of management of patient with Type 2 Diabetes Mellitus (T2DM).
 - (b) Explain the management of patient with T2DM by modifying life style.
4. (a) Define the term hypoglycaemia. $1+3+4+2=10$
- (b) Enumerate the causes of hypoglycaemia.
 - (c) List the signs and symptoms of hypoglycaemia.
 - (d) Explain the immediate care of hypoglycaemia.
5. Write short notes on *any four* of the following : $4 \times 5 = 20$
- (a) Importance of Behaviour Change Communication.
 - (b) Qualities of a Diabetic Counsellor.
 - (c) Areas of educating a diabetic patient - Self Monitoring of Blood Glucose and Foot Care.
 - (d) Guidelines for patient for healthy coping.
 - (e) Insulin and its functions.