

00905

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY AND POST GRADUATE  
DIPLOMA IN COUNSELLING AND FAMILY  
THERAPY**

**Term-End Examination**

**December, 2011**

**MCFT-001 : HUMAN DEVELOPMENT AND  
FAMILY RELATIONSHIPS**

*Time : 3 hours*

*Maximum Marks : 100*

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**Note :** *Answer five questions in all. Question No.1 is compulsory.*

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1. (a) Write short notes, in about **150** words each, on **any two** of the following : **5x2=10**
- (i) Defense mechanisms
  - (ii) Baby diaries and biographies
  - (iii) Systems theory
- (b) Discuss the influence of 'nature' and 'nurture' on human development, with the help of examples. **10**

**OR**

Discuss the significance of studying family life cycle stages in the context of counselling and family therapy. Give examples to substantiate your answer.

2. Explain Carl Roger's self theory with relevant examples. Elaborate its application in therapeutic contexts. 20
3. (a) Explain what do you understand by a 'theory'. State briefly the functions of a theory. 10
- (b) Discuss Sudhir Kakar's psychoanalytic theory, highlighting the significance of its tenets in the Indian context. 10
4. Outline the various counselling and family therapy issues that are commonly evident in the case of the following : 5x4=20
- (a) Elderly people
- (b) Family with teenage children
- (c) Childless couple
- (d) Young adults living away from families.
5. Describe the stressors faced by the child bearing family. Support your answer with relevant examples. 20
6. "Media reports that joint family is disintegrating in India." Critically discuss this statement substantiating your arguments with examples. 20

7. (a) Describe developmental characteristics of infants. **10**
- (b) Discuss the Eriksonian stage of psychosocial development relevant to the period of infancy. **10**
8. (a) "Family is a crucial social system in the context of child rearing." Critically analyse this statement with the help of examples. **10**
- (b) Highlight the domains of adjustment in families with preschoolers. **10**
9. Write short notes on *any four* of the following : **5x4=20**
- (a) Operant conditioning
- (b) Alternate forms of family
- (c) Ecological theory
- (d) Ainsworth's attachment theory
- (e) Trial and error learning
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